



Trangie Central School Newsletter 26th February 2015 Term 1 - Week 5



SCHOOL INFORMATION

Address:
Derribong Street
(PO Box 6)
Trangie 2823

Phone: 6888 7578
Fax: 6888 7602

Email:
trangie-c.school@
det.nsw.edu.au

Website:
www.trangie-
c.schools.nsw.edu.au

Principal:
Anne Holden

Access Coordinator:
Troy Jones

Head Teachers:
Debbie Waters
Ted Wright (Rlvg)

Assistant Principals:
Jacky Murtagh
Alissa Miller (Rlvg)

Welfare Coordinator:
Cheryl Rowley

School Admin Manager:
Jaye Milgate

Parents & Citizens ASSOCIATION

President:
Melinda Gleeson

Vice President:
Kirsty Cook

Secretary:
Sally-Jane St Clair

Treasurer:
Amanda Kater

P & C AGM
Tuesday
17th March 2015
6.30pm
Imperial Hotel

2015 EARLY BIRDS



What's On

Week 5	25-27/2	Year 11 Access Camp at Lake Burrendong
Week 6	3/3	Years 3-6 Circus Challenge Workshop 9.00am - 10.00am
	3/3	Year 9/10 Circus Skills Circus Challenge Workshop 9.00am - 10.00am
	5/3	Combined Music Day at Tottenham - Depart TCS 8.30am
	6/3	Year 7/8 Tech Mand Western Plains Zoo, Dubbo - Depart TCS 9.00am

Teach your children well

FROM THE PRINCIPAL

Hi everyone. We learn a lot and have such fun!

‘Wellbeing is at the Heart of Good Teaching and Learning’

I saw this heading in a magazine this week and it was so appropriate for our school – it really hit the mark. The philosophy that students need to be mentally well and resilient before they can learn effectively underpins everything that we do. At TCS we believe that if a child can discover what they are good at, the success they achieve in one area gives a self-belief and confidence that translates into everything else they do. We offer a wide range of opportunities in sport, music, dance, debating, creative arts and the list goes on. Every child is an individual. Just think, for example, nearly half of the primary students who are old enough, play a musical instrument. This is a massive achievement and a wonderful opportunity for the students enrolled in our school.

The Interest Groups

Our new Interest Groups have been created to offer students to learn new skills and get involved in creative, practical, physical activities that they enjoy and are good at.

On Friday afternoon I visited the secondary groups and found a rock band practising, boot camp boxing, cup cakes being decorated (and in some cases eaten!) Lego being built ready for programming, girls getting fit, fishing lures getting made and a dance group that was having an absolute ball! I would love to have joined in!

My own interest group is weeding and gardening and although I offered this group to the students, sadly no-one has volunteered. Ben Skinner took pity on me last week and offered to help, so I may get a team up eventually – you never know.

This has been a great way to end the week and for students to have fun but yet still learn at a time which is often the least productive time in the secondary week.

If you have a skill, interest, passion that you could share with the students and could spare an hour on Friday afternoons between 2.00pm and 3.00pm we would love to hear from you. Some groups will change each term and some go all year.

Facebook

I have probably told everyone quite a few times how much I loooooove Facebook. Well actually I probably have a very one-sided and negative outlook on what everyone else seems to think is a good thing. I only ever see negative and unkind things being said and students who are not mature enough to handle the ability to be mean to each other at long distance.

My plea to parents and caregivers is that as adults we should be modelling the kind of behaviour that we would like to see from our children and support the ‘Kindness’ message that we teach at school. I would also ask that parents monitor carefully their children’s activities on line because children are very trusting and can be very much at risk if they put out too much information about themselves on social media. Remember, children learn by what they see you DO, not always by what you SAY. Check your child’s activities regularly.

Finally

My door is and always has been open – whether you are happy, sad or mad. I need to know if we are not doing something right but I also need to know that you trust our motives and our intentions. Everything we do, every single day is for YOUR children. If we can do it better, tell us.

All the best
Anne Holden

Staff Smile of the Week (Week 4)

Goes to Alissa Miller for making a difficult situation funny
and for just getting into a job with a smile.

Teach your children well

SECONDARY

Head Teachers

Debbie Waters
Ted Wright (Relieving)

Head Teachers' Report

Sista and Bro Speak



As part of our Welfare Plan to increase attendance and enhance engagement with schooling, these two programs will be implemented into the weekly timetable. They are ten week workshops for young men and women designed to inspire and motivate them about the importance of education. The program will raise their awareness of career paths and focus on building self-esteem and confidence in a number of areas. There has been a parental information note for selected students that requires a signature sent out and needs to be returned.

The girl's program will commence on Monday 2nd March and boy's program on Tuesday 3rd March. These workshops will be very beneficial to our students and we need to acknowledge the hard work of our staff who will be coordinating and implementing these programs: Jess Skinner, Cheryl McKinnon, Robyn Moss, Troy Jones and Hayden Ellis.



Circus Challenge



Next Tuesday, 3rd March, 9/10 students who chose Circus Skills as their elective subject, will be participating in a Circus Challenge Workshop. They will be actively involved in physical and creative activities through performance classes. This wonderful opportunity will build students' movement and flexibility skills. Permission notes and payment of \$10 is to be returned to the front office by Friday 27th February.

Debating

We have entered two teams into the Premier's Debating Challenge this year. There will be a 9/10 team as well as a 7/8 team. Interested students have already put their names forward and training will commence next week. We are hoping to be as successful as last year and make the region realise that Trangie Central is a force to be reckoned with!



Netball



A netball squad has been formed to train all interested players together and select teams when competitions come up. At this stage, training will be held on Thursday afternoons from 3.15pm – 4.15pm in the school hall. If there are any problems with students being unable to participate, please see Ms Waters and we will negotiate another training time.

Soccer

On Wednesday 4th March, two soccer teams will travel to Dubbo to compete in matches against Dubbo Senior College. There is a boy's open team and a girl's open team. Training will happen during the recess break leading up to the match. Students will leave the school at 8.30am and return at approx. 2.30pm. We wish them well on the day.



Student Smile (Week 5)

Shekeya Carney was our smile student of the week and received chocolates.

Have a great weekend!

Debbie Waters

SECONDARY

Head Teachers

Debbie Waters
Ted Wright (Relieving)

REKINDLING PROGRAM

12/2/15

On the 12th of February, we had students travel to Dubbo to audition for the 'Rekindling' program run by 'Bangarra'. *Rekindling* is an intensive dance based program for secondary students exploring 'who you are' and 'where you come from'. The participants research and gather stories with the help and guidance from elders within their communities, to develop dance, performance and creative skills to produce dance theatre in collaboration with local elders. This week and next week students will hear if they were successful in gaining a position into this program. The next step for these students will be 9 days of intense dancing and self-exploration. We will continue to give you updates with this through the year.

Jess Skinner



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Cattle Team TOUCH Night

Friday 6th March

Burns Oval

\$5 Registration per Player

Canteen Available

5pm - Juniors (age 6-12)

Teams to be made at the oval

6pm - Seniors (age 13+)

Enter a team of 7-9 players

The TCS Cattle Team are competing at the Sydney Royal Easter Show from the 22-29th March. Come down for a social game of touch football and help us fundraise for this event.

Registration from 4:30pm at the oval or collect forms during the week from the school office. All students under the age of 18 require a parent/caregiver's signature to be eligible to play.

TERM ONE - Week 5

General Business

YEAR 11 Access Camp 2015

Make sure you check out the WAP Facebook page for photos of the students at camp.

YEAR 12

Year 12 students are reminded to use their time productively during their STUDY PERIODS. Students need to use this time to work on their class assessments and weekly work.

Feel free to visit the Western Access Program website for more information about the program, policies and procedures.

<http://westernaccess.nsw.edu.au/>

<http://www.facebook.com/WesternAccessProgram>.

Troy Jones

Access Coordinator



WK	TERM 1	%	TERM 2	%	TERM 3	%
5	Construction	--	Agriculture	30	Agriculture	20
			Biology	10	Senior Science	20
			Community and Family	15		
			English- Advanced	25		
			English-Standard	15		
			Food Technology	20		
			Industrial Technology	15		
			Senior Science	15		
			Visual Arts	15		
6	English- Advanced	15	Construction	--	Biology	20
	English-Standard	25				
	Metal and Engineering	--				
7	Biology	20	Community and Family	25	Ancient History	30
	Community and Family	10	Metal and Engineering	--	Construction	--
	Food Technology	15			Community and Family	25
	Senior Science	15			English Studies	25
					Hospitality	--
					Mathematics	20
					Mathematics General	20
8	Ancient History	15	Ancient History	25	English-Advanced	20
	Sport, Lifestyle and Rec	20	English Studies	25	English Studies	20
	Visual Arts	20	Hospitality	--	Industrial Technology	45
			Visual Design	30	Metal and Engineering	--
			Primary Industries	--	Visual Design	35

CAREERS CORNER

Careers Advisor

Skye Rush

In the Careers Room This Week

Welcome back to a new school year at Trangie Central School, with a special welcome to new students and their families. This is a section of our school newsletter that I aim to write during each term with careers highlights and upcoming activities that the senior and junior school may be involved in. I am in the process of organising career workshops for Year 10 where we will cover areas of career interest, job search, future work directions, job sites, resumes and other similar topics.

Year 10 Work Experience will be conducted this year in Term 3. Students need to begin thinking about possible locations and professions that they may like to experience and discuss these with me over the next couple of terms so that they are prepared for this excellent opportunity.

Charles Sturt University Future Moves

Last week I had a meeting with the CSU Future Moves representatives and we have once again locked in visits to CSU Dubbo Campus for a variety of year groups. Year 6 will be the first session when they attend the 'Check it out' day in Week 1 of next term. Students will be given the opportunity to see what university is like and participate in various workshops on the day. This is a great program and one that we have been involved in for several years now.

Student Tax File Numbers

The ability for students to apply for their **Tax File Number** (TFN) through the school is fast running out. This easier process will cease at the end of March, so I strongly encourage all senior students (10,11,12) that have not obtained their TFN to apply ASAP. After this date you will have to apply online and make an appointment at your local post office.

ATTENTION:

YEAR 11 and 12 STUDENT INTERVIEWS:

Interviews will be conducted over the next 2 weeks—don't forget!! If you can't make it in your allotted time slot, please come and arrange an alternative time.

If you require any further information on the above information or any other career issues, please feel free to make an appointment to see me. I am available on Monday, Tuesday, Wednesday and Thursday.

Skye Rush
Careers Advisor

When: Rego this Friday
3:30 pm for kids
4:30 pm for Adults

Prices:
\$ 5 for kids
\$ 8 for adults
Per class

Where: TCS hall

Come for Family packs

Improve Mentally, Physically and Engage in Relationship building, skill improvement and learn respect for yourself and others.

Fitness

By: Shona Artery and Pat Skinner

iKiFit HAPPY HEALTHY STRONG

LEARN ONLINE

Teach your children well

Assistant Principals' Report

Behaviour Expectations for Parents on School Property

Families, we ask that you support our school by modelling appropriate behaviour when you enter school grounds. This can be achieved by following our school rules and being respectful of others, especially the students.

If the adults at school cannot follow the school rules, then how can we expect our students to. This includes foul language, verbal altercations and intimidating behaviour. You will be asked to leave school premises if this behaviour is witnessed by TCS staff.

If you have any questions or concerns please contact your child's classroom teacher or the AP's and make an appointment to discuss any issues.

Remember our school is a safe, kind and caring environment that is respectful to all who enter our gates.

Head Lice

Head lice are a common occurrence at this time of the year and they do not discriminate! Head lice are only found on the human head or hair. Head lice do not live on furniture, hats, bedding, carpet or anywhere else in the environment. Treating anything other than the human head does not eradicate head lice.

The mechanical removal or 'comb & conditioner' method is the preferred method as you do not have to use harsh chemicals and it is also very effective.

What you need for this method:

- Normal comb to detangle hair prior to using metal lice comb
- Fine toothed metal lice comb (available from your local chemist or online)
- Conditioner - buy a cheap brand as you will be needing a lot of it, and preferably one that is white to make spotting the lice easier
- White paper towel

Mechanical removal involves applying conditioner to dry hair. Cover all of the hair with conditioner, detangle hair with normal comb and separate into sections.

Then, using a fine long toothed metal lice comb, comb through the hair in sections. The conditioner does not kill lice but stuns them for about 20 minutes enabling easier removal.

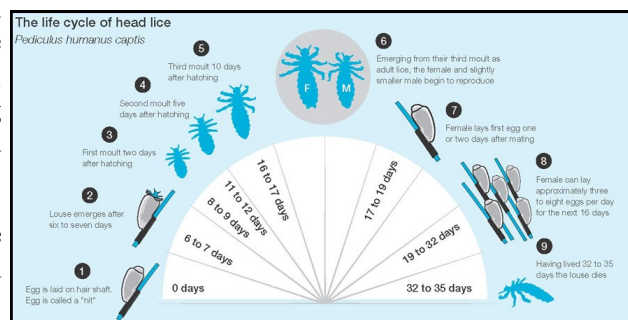
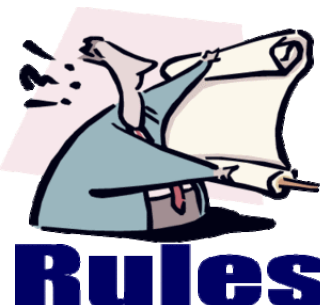
The long toothed metal comb will remove nits and the stunned head lice. Wipe the comb on a white tissue and check for any lice or nits. Keep combing until no more appear on the tissue.

This method should be done every second or third day until no nits and lice remain, usually about 7 to 10 days.

NARRAF/Gobondery Swimming Carnival in Narromine

Congratulations to all students who participated in the 2015 NARRAF/Gobondery swimming carnival. TCS was well represented with a large field of swimmers travelling to Narromine for the day.

All reports said that the students were of exemplary behaviour and displayed outstanding sportsmanship. It is so lovely to hear that everyone had a great day and that TCS was represented well.



PRIMARY

Assistant Principals

Jacky Murtagh
Alissa Miller (Relieving)

YEAR 2/3

The whole class has been busy, learning about each other, their teachers and their classmates. Firstly, we were lucky to welcome four new students- Zoe, Locky, Ella and Sophie, who have fitted in well and given all of the children new friends to play and learn with.



In Art, the children have been learning about different types of self portraits and have been using a variety of media to create their own. They began with a line drawing, trying to include details of their faces such as eyebrows and the pupil and iris of the eye. Then we looked at the works of Modigliani and were inspired to create a stylised self-portrait using oil pastels.

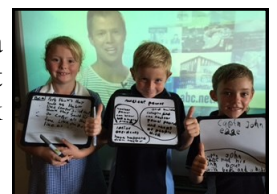


PDHPE has gotten off to a flying start as well. In the first week back our class competed in the school swimming carnival. The children were so enthusiastic, dressing up in their team colours and barracking for their team mates. Some students swam so well that they made it into the NARRAF team to compete. A special mention must go to Matilda Brennan and Jonah Moss who have both been selected to compete at the next level. The children also run each morning before class. This is not only great to get their blood pumping, brains working and get out any wiggles but also serves as some gentle preparation for the school cross country coming up this term! Our class also participates in PE and Sport lessons twice per week.

Music is a huge priority in 2/3. I am a strong believer in the power of music to forge connections in the brain and not only bring enjoyment to the child and a sense of accomplishment, but also improve academic outcomes. We sing almost every day and the majority of our students learn an instrument with either Mr Lee or Mr Screen. Please encourage your child to practise at home to make the most of this terrific opportunity, it's amazing to see (and hear) how quickly young children can learn.

2/3 enjoy learning and of course we have a huge focus on academics. The class have been working on Place Value in mathematics. Challenging themselves with their daily numeracy drills and trying to develop instant recall for times tables facts. Katelyn O'Neill remains unbeatable in times tables races, followed very closely by Mia Gleeson and Coby Delboux. Even some of the little Year 2's have surprised me by how well they have picked this up. Jonah Moss and Izak Richardson are two boys to look out for!

Of course, we have started spelling and reading groups. Some children are getting extra support in this area through the Corrective Reading program. We are also learning about liquids and solids in Science and have started cursive writing in handwriting lessons. I think it's going to be a great year with a terrific group of kids.



Jacky Murtagh

Teach your children well

SPORTS

NARRAF/ Gobondery Swimming 20/2/15

On Friday the 20th of February, twenty three TCS students travelled to Narromine to participate in the 2015 NARRAF/Gobondery swimming carnival. Overall the day was filled with excitement and great sportsmanship.

There were 11 students who made it further to represent our school, their families, the NARRAF/Gobondery area and themselves at Western PSSA to be held on the 6th of March.

They are, Emily Purseglove, Claudia St Clair, Xanthe St Clair, Sophie Purseglove, Narrelle Shillingsworth, Matilda Brennan, Tori Cole, Ethan Young, Jay Greenwood, Jonah Moss and Koby Kilgour.

On top of this success, Emily Purseglove (Senior) and Xanthe St Clair (Junior) we awarded the NARRAF/ Gobondery champions with their sisters Claudia St Clair (Senior) and Sophie Purseglove (Junior) achieving runners up.

We would also like to thank the parents who helped on the day with travel and time keeping and to those parents who cheered on the pool side. We wish all the students the best. GO TCS!!

Jess Skinner



*Above: Claudia St Clair (Senior R/U)
& Emily Purseglove (Senior Champion)*



*Above: Xanthe St Clair (Junior Champion)
& Sophie Purseglove (Junior R/U)*



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INTEREST GROUPS

WATERPOLO (Primary)

Trangie Central School adds WATER POLO to it's repertoire of sporting activities!

We played our first game on Wednesday 18th February. We learnt all the skills to help us play. Ms Liptyn taught us some dirty tricks to play on our opponent. This includes grabbing the opponents legs under the water and pulling them under and stealing the ball. We had to do the egg beater and we learnt some great defence skills.

It was fan-fabulous fun! We can't wait for our next session!

By Lucy Peters and Xanthe St Clair



**Water Polo
is
fan-fabulous!**



Teach your children well

NARROMINE JUNIOR TOUCH COMPETITION 6-18 years

GALA DAY
Saturday
28th February
9.00am
Noel Powell Ovals
Free Sausage Sizzle

\$20.00 per player
Each team must have a manager
(over 18 yrs).
Final rego's are being taken.
Email: narrominejrl@hotmail.com

Competition starts 6th March-5.00pm

Australian Government
Mobile Service Centre



Serving Regional Australia

Visit the Mobile Service Centre to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

Adjacent to the Caltex Service Station, Mitchell Highway

TRANGIE

Tuesday, 10 March 2015

9.30 am to 4 pm

For more information, go to humanservices.gov.au and search for Mobile Service Centre or call 132 316.



Australian Government
Department of Human Services

humanservices.gov.au

Family History and Yarn Up

Trangie Local Aboriginal Land Council
Office

48 Dandaloo St, Trangie



Tuesday 3rd March 2015
Time: 11:00am —2:30pm

**Would you like to learn more about
your family? Here is your chance**

THE TRANGIE LOCAL ABORIGINAL LAND COUNCIL WILL BE HOSTING A DAY WHERE YOU WILL BE ABLE TO LOOK AT YOUR FAMILY HISTORY, SEE PHOTOS AND INFORMATION THAT YOU MAY NEVER HAVE SEEN BEFORE, TAKE A PRINTOUT OF YOUR FAMILY HISTORY HOME WITH YOU OR EVEN ADD TO THE DATA HELD ON FILE.

THIS INFORMATION IS BEING PROVIDED BY A CONDOBOLIN GROUP THAT HAS OVER MANY YEARS COLLECTED A LOT OF FAMILY DATA ABOUT FAMILIES THAT HAVE ORIGINATED FROM DANDALOO AND ALONG THE BOGAN AND LAUCHLAN RIVERS.

A LIGHT LUNCH WILL BE PROVIDED ON THE DAY. WE WOULD LOVE TO HAVE YOU COME ALONG AND JOIN US FOR THIS DAY.

RSVP'S ARE REQUIRED SO WE CAN ORGANIZE FOR THE FAMILY HISTORY DOCUMENTS TO BE BROUGHT TO TRANGIE FOR THE FAMILIES INTERESTED AND FOR CATERING PURPOSES.

Contact person: Terrie Milgate - 0427887476

WORLD DAY OF PRAYER

THE BAHAMAS



FRIDAY 6TH MARCH 2015
ST JOHN'S CATHOLIC SCHOOL HALL

10.30 AM

FOLLOWED BY A LIGHT LUNCH

World Day of Prayer is a worldwide movement of Christian women of all traditions to come together and pray on the first Friday in March each year.

More than three million people from over 170 countries join in a service, prepared by the WDP committee of a different country yearly, to celebrate both our unity in Christ and our diversity in culture.

EVERYONE IS WELCOME

Teach your children well