



Trangie Central School Newsletter 31st March 2016 Term 1 - Week 10



SCHOOL INFORMATION

Address:

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Trangie 2823

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Email:

trangie-c.school@
det.nsw.edu.au

Website:

www.trangie-
c.schools.nsw.edu.au

Principal:

Anne Holden

Deputy Principal:

Dimiti Trudgett

Access Coordinator:

Troy Jones

Head Teachers:

Jessica Skinner (Rlvg)
Ted Wright

Assistant Principals:

Rebecca Elgood
Jo-Anne Ellis

Welfare Coordinator:

Cheryl Rowley

School Admin Manager:

Jaye Milgate

Parents & Citizens Association

President:

Melinda Gleeson

Vice President:

Sally-Jane St Clair

Secretary:

Rebecca Robb

Treasurer:

Amanda Kater

P & C Meeting

TBA

Trangie Family Fun Day



What's On

Week 10	1/4	Years 3-12 Cross Country at Trangie Golf Course 9.00am - 12.00noon Years K-2 Fun Run at TCS 10.30am - 11.00am
	4/4-5/4	State Swimming at Homebush - Good Luck Ben Skinner & Anna Terry
	4/4	Year 9/10 Geography Waste Management - Depart TCS at 8.40am
	7/4	6E Kurrajong Court Visit 2.00pm - 3.00pm
	8/4	K-12 Harmony Day at TCS - Mufti (Wear Orange) - FREE Sausage sizzle lunch
	8/4	Last Day of Term 1
Week 1	25/4	ANZAC Day-Students to Assemble at IGA 10.20am (Full summer school uniform)
	27/4	Students Return for Term 2

Teach your children well

FROM THE PRINCIPAL

Hi everyone – We continue to grow and we never stop striving to improve.

Creativity Makes Us Happy



Our school continues to offer opportunities for students to be creative. Students who are creative are not afraid to try new ideas and are not afraid to make mistakes along the way. They continually learn new things and learn more about themselves, and they have the confidence to take on any challenge that comes their way. Our students are good at working in teams, know how to lose, know how to win. They support each other and know that when we create things together we can truly achieve anything.

Our Interest Groups offer a diverse range of activities and creative pursuits where students learn to work with different students and teachers and develop skills and interests that will stay with them all their lives.

Through dance, singing, music, debating, art and public speaking, our Creative and Performing Arts focus gladdens the heart and develops the mind.

ALARM (A Learning and Responding Matrix)

Our school is in constant pursuit of excellence and we never give up trying, or believing that every student can improve and succeed. Of this we have been proven to be right so many times.

This term, a team of executive teachers participated in ALARM training with the intention of learning more about how we can raise the level of thinking in our students by providing a structure to support the students' journey from working at the lowest level of simply repeating facts and information all the way to being able to critically analyse complex questions. This is especially relevant to the HSC but it is essential to develop this mode of thinking very early. The ALARM team consisted of our Assistant Principal, our Head Teacher Secondary Studies and myself, the Principal. The fact that I went myself, along with two executive teachers from both Primary and Secondary, reflects the importance of what this method offers and I feel very excited about the potential for improvement. This method of structuring, guiding and modelling thinking is the most powerful idea that I have seen for a very long time. Not only does it support teaching, but more importantly it allows students to be aware of the level at which they are working and what it will take to get to the next level. It is a method that will work for those who are working at the factual level and also those gifted students who are at the analytical level. I will be giving a full explanation and examples to the P&C shortly.

Western Access Program

The Western Access Program offers the opportunity for students to remain in their own town and still have access to a wide range and levels of subjects for the HSC. Our commitment at TCS is to work with our fellow Access schools to ensure a high quality of subject delivery. This year each Principal has been given an area of responsibility to strengthen the management process. My area is Curriculum and I have been working with Nicole Bliss, Principal of Yeoval, who is responsible for Assessment. Maree Angus, our School Director is actively supporting us in reviewing current practice and identifying areas, if any, that could be improved. It is essential that we remain in a mindset of constant reflection and I would like to thank Ms Angus for her support.

Finally

My door is and always has been open – whether you are happy, sad or mad. I need to know if we are not doing something right but I also need to know that you trust our motives and our intentions. Everything we do, every single day is for YOUR children. If we can do it better, tell us.

All the best
Anne Holden



Early Intervention
Enrol in Early Birds NOW!



Teach your children well

Head Teachers' Report

Years 9/10 Geography Field Trip

On Monday the 4th of April, students in Years 9 and 10 will participate in a Geography excursion to Dubbo. All students are required to go as this is part of their Stage 5 Syllabus and are reminded to return their permission notes and money promptly to the school.

Sport

The annual school Cross Country will be held tomorrow, Friday 1st of April. The event is to be held at the Trangie Golf Club. It will be run earlier in the day (approx. 9.30am) in order to avoid the heat of the day.

Ben Skinner and Anna Terry will compete at the CHS State Swimming trials on Monday 4th and Tuesday 5th April. This competition will be held in Homebush Olympic Park. We offer our support and encouragement to Ben and Anna and hope they enjoy this experience and valuable opportunity to compete at such a high level.



Harmony Day

Next Friday 8th April, our school will be celebrating 'Harmony Day'. This is a day where we celebrate the many different cultures that form our great nation. A time to recognise how diverse cultures can live together in harmony.

Anzac Day

Monday 25th April, I would like to encourage our secondary students to participate in the Trangie community ANZAC Day Memorial Service. All students are requested to assemble near Trangie Stores at 10.20am for the march to the Memorial Hall. Please wear full summer school uniform.

Beginning of Term 2

Our school staff will return to work on Tuesday 26th April. Students will begin Term 2 on Wednesday the 27th April. I would like to wish all of our students and their families a happy and safe holiday break.

Ted Wright

Head Teacher

District SRC Meeting Report

Nine of our SRC team travelled to Forbes High School last Thursday to attend the District SRC meeting. Nine other schools attended from Nyngan High right through to Cowra High, bringing over 120 SRC representatives in total together. Students participated in ice breaker and other activities to promote team work and were able to meet a range of other leaders.

The main activity for the day was to get students to brainstorm issues that they face in their own schools and put these forward to come up with a BIG IDEA that the District SRC could promote back at their own schools. **School Spirit (promoting participation)** was chosen by the students and there have been a variety of suggestions put forward on how this can be promoted in schools. Watch this space as our SRC start to come up with a plan to promote this BIG IDEA.

There were two guest speakers on the day. The first was a dynamic and successful local business owner in Forbes who faced a variety of struggles in her teenage years, but through hard work and tenacity she has achieved success in all areas of her life. A very inspiring woman. The other speaker was promoting an amazing cause based in Tanzania, Africa called the 'Koala Project'. An ex-Lachlan District student, Sara, has started this charity 'Achieve our dream to become a fully independent Pre and Primary School providing education to the children of Kilimahewa'. Our students are very keen to support this charity here at school and this will be a focus for us in the coming terms.

Attending these meetings once a term gives students the opportunity to meet other teenagers from various walks of life and to learn leadership skills. Next meeting Lake Cargellico Central School and Nyngan High School will be hosting at Forbes and will be holding workshops to develop our students public speaking skills.

Skye Rush

SRC Coordinator

SECONDARY

Head Teachers

Jessica Skinner (Relieving)
Ted Wright

Year 7/8 Geography Skills

Last week, Year 7 and Year 8 students travelled to Wambangalang Field Study Centre to participate in the Skills in Geography program developed by the Centre. It was the first time that this program has been run at the Centre and will form the major focus of a Stage 4 assessment task on reintroducing the Bush Stone Curlew into the surrounding bush land. On the day the students learnt how to read a compass using bearings, perform in the field testing for water clarity and soil pH, take air temperature and wind speed, identify types of ground and tree cover, as well as looking at the variety of uses the land has had. The students had a blast running through the bushland, looking for check points and learning new skills.

Liddel Seymour

Year 7/8 Geography Teacher



Well done to all those who noted the funny spelling
of Watt's in the Box.

Yes, it's a deliberate play on words – the unit of power
is named after Scottish Engineer James Watt.

SCIENCE IS EVERYWHERE!

Watt's in the Box Week 10

Ms Ebsworth – Science Teacher

Week 9 Winners

Montana Steele (Year 7)

Mirakai Powell (Year 7)

Raine Williams (Year 8)

Week 9 Answer
The Electron

Clue 1: Born in 1635, he was a British physicist who worked on clock mechanics. He discovered the Law of Elasticity (how much something stretches based on the force applied to it).

Clue 2: He was one of the first men to build a reflecting telescope and he studied Jupiter and Mars. He suggested that Earth and the Moon have an elliptical (not circular) orbit around the sun.

Clue 3: He studied light and diffraction and went on to develop lenses to demonstrate that light moves in waves.

Clue 4: Using his lenses, he studied snowflakes and fossils. He contributed largely to the Theory of Evolution.

Clue 5: He is now best known for developing simple microscopes. He first coined the term 'cell' when he saw the structures in cork under a microscope.

Teach your children well

PRIMARY

Assistant Principals

Rebecca Elgood
Jo-Anne Ellis

Assistant Principals' Report

Easter Hat Parade

What great hats we made! Congratulations to all the students who participated in the Easter Hat Parade at the Family Fun Day on Thursday last week. Well done to the students who won prizes for their hat – we have very creative students at our school.



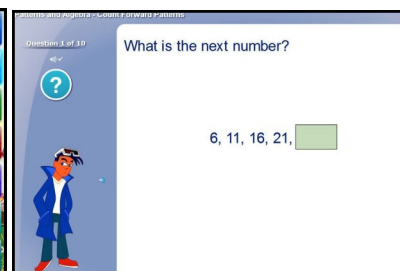
Playground



Very exciting times ahead for the Primary playground!!!! When the students return to school after the holidays they will find a new and improved playground. Thanks to the P&C, through the holidays we will see the construction of a cricket net area, new sand pit and storage sheds for toys in the back playground and a hand ball/netball area in the front playground. Our new sand toys have arrived and are ready and waiting to be used! Without the generosity of the school community and our hard working P&C these improvements would not be possible. This is stage one of our plan for the playground with new seating, gardens and outdoor learning areas to come. Stay tuned.

Holiday Homework

Throughout the holidays it is very beneficial for all students to continue to read regularly. Regular practise of the skills they have learnt through the term is vital in ensuring they maintain learning progress. All students also have Mathematics Passwords and can access this from any computer to practise maths concepts.



Parent Teacher Interviews

Thank you to all the parents that came to parent teacher interviews on Tuesday. It was a great opportunity for parents and teachers to go over Personalised Learning Plans and set goals for each student. If you were not able to make it on Tuesday but would like to speak with your child's teachers please contact the school to arrange a time.

Cross Country

Run Run Run!! Friday is our school Cross Country day. Students who are turning 8 years old this year and all students in Years 3-6 will participate in the cross country run. Our students will be bussed to the course starting at 9.00am on Friday morning. K-2 classes will be staying at school and having a 'Fun Run' from 10.30am – 11.00am on the back oval.

Jo Ellis

Assistant Principal



FUN RUN

Primary Student Smile (Week 10)

Xander Cummings & Drew Evans were our smile students of the week and received a canteen voucher.

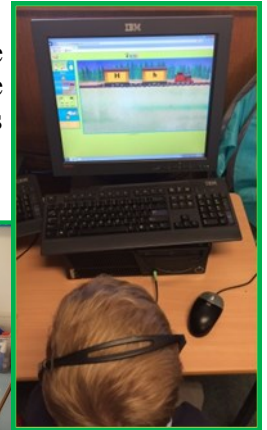
PRIMARY

Assistant Principals

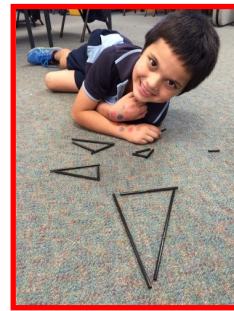
Rebecca Elgood
Jo-Anne Ellis

K/1D

Where has the time gone! K/1D have almost completed Term 1! During this term the Kindergarten students have quickly settled into the routines of the L3 Literacy Program. The Year One students have helped the Kindergarten students learn the expectations during this session. K/1D independently move around our classroom and complete a variety of activities. Below are some students hard at work!



In Mathematics we have been learning about whole numbers, addition and subtraction, length and 2D shapes. K/1D love participating in hands on activities, have a look at the pictures of the busy students.



In History we are studying the unit 'My History', K/1D were asked to bring from home a photograph or a special thing from their childhood. They spoke to parents/caregivers about significant events in their early life that they could share with the class. K/1D had a show and tell session that allowed the rest of the class to learn a little more about their classmates. The students really enjoyed sharing stories from their childhood.

Jessie Druce
K/1D Teacher

Below: K/1D after the Family Fun Day.



Above: K/1D after our sharing session.

Teach your children well

PRIMARY

Assistant Principals

Rebecca Elgood
Jo-Anne Ellis

Life Education Van



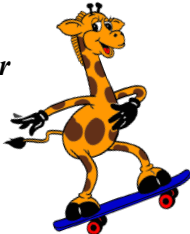
FOR A SAFER, SMARTER LIFE.

Last week, Primary students from K-6 attended the Life Education Van at TCS. Life Education is a community-based, independent organisation at the front line of positive and preventative drug and health education. In NSW over 300,000 students in over 1400 schools take part in the preschool, primary and secondary programs each year. The aim of the program is to assist young people to make informed choices and decisions about drugs and their health. Living a 'Happy & Healthy' lifestyle is at the forefront of the program, which is driven by the popular Life Education mascot Harold the giraffe. All of our students could not wait to meet Harold and Harold did not disappoint!

3/4M enjoyed the 'All Systems Go' program. This session saw the students inside a futuristic machine that took a tour of the human body. They learnt the various functions of the body systems and how to keep the systems working well.

Life Education is a terrific educational resource. The programs are motivating and engaging for the students and covers age appropriate topics that support the syllabus.

Alissa Miller
3/4M Teacher

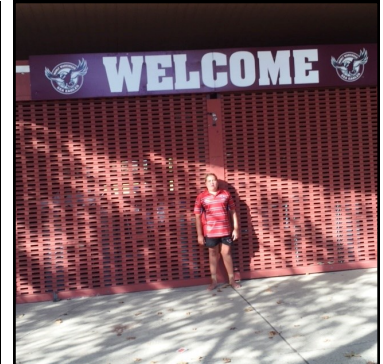


Teach your children well

SPORTS

TCS RUGBY STAR

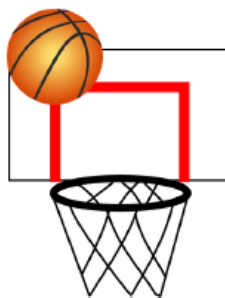
On the 12th March, Mirakai Powell had the wonderful opportunity to play with her U11/13 Narromine Junior Gorillas team against the Collaroy Cougars at Brookvale Oval. Being a girl, Mirakai can only play juniors with the boys and will now have to wait until she turns sixteen to play women's rugby.



SCHOOL HOLIDAY ACTIVITIES

NARROMINE

BASKETBALL CLINIC
FREE : BOYS & GIRLS
5—12 years old
WEDNESDAY 20th April
10—12 noon
Narromine Sports Centre



THURSDAY 21st April
10 - 2.30 pm
FREE : GIRLS ONLY
Year 7 to Year 10
(turning 13 to 16 yrs)
MUST BOOK IN

Ann-Louise Stonestreet : 0400 828 984
Communities for Children

TRANGIE

BASKETBALL CLINIC
FREE : BOYS & GIRLS
5—12 years old
MONDAY 18th April
10—12 noon
Trangie MPH (High School)



THURSDAY 19 April
10 - 2.30 pm
FREE : GIRLS ONLY
Year 7 to Year 10
(turning 13 to 16 yrs)

Ann-Louise Stonestreet : 0400 828 984
Communities for Children

TRANGIE CENTRAL SCHOOL

P & C

2016 Uniform Order

Name: _____ Phone Number: _____

Item	Size	Cost	Size Required	Number Required	Total Cost \$
Long Sleeve Blouse	4-18	\$30.00			
Navy Tights & Long Socks	4-Ladies	\$10.00			
Boys Grey Shorts	4-16	\$15.00			
Boys Grey Long Pants	4-16	\$20.00			
School Polo Shirt (Blue or White)	4-Large	\$25.00			
School Polo Shirt (Blue or White)	XL - 4XL	\$30.00			
Navy Sports Shorts	2-20	\$15.00			
School Bucket Hat	S,M,L,XL	\$10.00			
Secondary Skirt		\$70.00			
Secondary Girls Blue/White Blouse S/S	8-18	\$25.00			
Knitted Pullover	4-16 (Youth)	\$42.00			
	S-XL	\$52.00			
School Jacket	6-16 (Youth)	\$37.00			
	14S-22XL	\$43.00			
Navy Polar Fleece Jumper	4-16 (Youth)	\$25.00			
	14S-22XL	\$30.00			
Navy Track Pants	4-24	\$25.00			

Payment Enclosed: \$ _____ CASH or CHEQUE

Parent Online Payment: My receipt number is: _____

EFTPOS PAYMENTS: (This information will be destroyed once transaction has been completed)

Visa ☐ Mastercard ☐

Cardholder's Name: _____

Card No: _____ - _____ - _____ - _____

Expiry Date: ____ - ____ CCV No: _____ (3 digit number located on back of card)



MONTAGE FOTOS

school photography with character

T/As: G Montage Designs & Fogarty Fotos ABN: 45 395 813 137
 Shop 5 Civic Mall, 147 Conadilly Street, Gunnedah NSW 2380
 Heather: 0427 829 521 Gayle: 0427 438 007 Shop: 0267 42 6616

Trangie Central School 3rd & 4th May 2016

Specialising in student portraits

Creating individual and appealing student **montage** portraits incorporating a selection of different images.

All photos taken digitally



\$35 STANDARD PACKAGE.

- 1 6x8 Individual Enlargement
- 2 2.5x3.5 Portraits
- 2 4x6 Individual Portraits
- 4 Wallet Portraits
- 1 10x8 Class Enlargement



\$40 MONTAGE PACKAGE.

- 1 6x8 Montage Enlargement
- 2 4x6 Different images of student
- 4 3x4 Different images of student
- 1 10x8 Class Enlargement
- 1 Proof sheet

\$60 DELUX MONTAGE PACKAGE.

- 1 6x8 Montage Enlargement
- 2 6x8 Individual Enlargements
- 2 4x6 Individual Portraits
- 4 3x4 Different images of student
- 1 10x8 Class Enlargement
- 1 Proof sheet



**Photo Envelopes will be sent home Week 1, Term 2.
 Students will be required to wear full summer uniform.**

Teach your children well

Let's Celebrate

SENIORS WEEK 2016

Concert and Morning Tea

Tuesday 5th April

Trangie Central School Hall
10am - 12 noon

Guest artist is our very own home grown talent
and former X-Factor Finalist
JASON OWEN

A return bus will leave Narramine Shire Council
Offices at 9.15am and bus bookings are essential
Bookings close 30th March

To book your bus seat/concert seat please contact
Council on 6889 9999 or Trangie Library 6888 7501

Seniors Week is sponsored by

Narramine
SHIRE COUNCIL



10th ANNIVERSARY

Blue Light

OPERATION SHOUT!

BLUE LIGHT GOES WEST

APRIL 2016

Friday 8th April
6.30pm - 9.00pm

**Narramine United Services
Memorial Club
Dandaloo Street**

• Drinks and chips on sale

NO ALCOHOL | NO DRUGS | NO PASSOUTS
ALL BLUE LIGHT EVENTS ARE DRUG AND ALCOHOL
FREE AND SUPERVISED BY POLICE OFFICERS

PCYC | POLICE CITIZENS
YOUTH CLUBS
pcycnsw.org.au

Narramine
SHIRE COUNCIL

NARRAMINE
LOCAL
ABORIGINAL
LAND COUNCIL



FREE SKATEBOARDING WORKSHOP

**Narramine Skate Park
Dundas Park**

TUESDAY 12TH APRIL
10am to 2pm

YOUTH WEEK EVENT

- Free return bus from Trangie
- Free sausage sizzle lunch
- Music by DJ Will
- Giveaways
- Skate demo
- Skateboarding workshops
(Equipment provided)

You need to register to be part of the sessions (open to 5 - 17 year olds),
so grab a registration form from your school, the Narramine Aboriginal Land
Council, Narramine Shire Council Offices, Trangie Library
or the BP Service Station Tormingley then:

1. Fill out the form
2. Ask your parent or guardian to sign it
3. Return the signed form before 6th April 2016
to the place where you picked it up from
4. Turn up on the day with a water bottle, hat and sunscreen

Youth Week is proudly supported by

Narramine
SHIRE COUNCIL

NARRAMINE
LOCAL
ABORIGINAL
LAND COUNCIL

YOUTH WEEK
2016

To find out more call
Narramine Shire Council on 6889 9999



mrl.nsw.gov.au

BUILD IT IN THE LIBRARY

**Construction Fun
for School Children**

Boxes, boxes, boxes
Who doesn't love a pile of boxes? Grab a box and get building.
Create a building-to-go. We supply the materials and you
choose the style - anything from fairy castle to skyscraper.

Wednesday 13 April 2.30 - 4.00pm

Build-a-Boat
Glue it, cut it, tape it, make it, test it, build it - the best boat
ever! Then race it in water with all the other boats to see
who is the champion boat builder of all time.

Wednesday 20 April 2.30 - 4.00pm

School Holiday Activities are \$2
Recommended for ages 5-12
Trangie Branch
Macquarie Regional Library
Ph: 6888 7501

MACQUARIE
REGIONAL LIBRARY

UNDER CONSTRUCTION!



Teach your children well



Stepping Stones Triple P



Does your child have a disability?

Parents of children with a disability aged 2 to 12 are now eligible for free parenting support through the Stepping Stones Triple P Project.

You are invited to attend the following FREE parenting seminar:

Positive Parenting for Children with a Disability

Thursday, May 5th 10am - 11:30

Orana Early Childhood Intervention

RSVP: Mikaila Tasker, 6882 0599, mikaila.tasker@oeci.org

Helping your Child reach their Potential

Thursday, 12th May 10am - 11:30

Orana Early Childhood Intervention

RSVP: Mikaila Tasker, 6882 0599, mikaila.tasker@oeci.org

Changing Problem Behavior into Positive Behaviour

Thursday, 19th May 10am - 11:30

Orana Early Childhood Intervention

RSVP: Mikaila Tasker, 6882 0599, mikaila.tasker@oeci.org

For more sessions visit www.triplep-steppingstones.net



Funded by the National Health and Medical Research Council, Australia

Parents Not Partners

This is a six-session program for separated parents in conflict over the children. It is designed to improve emotional and developmental outcomes for children in separated families by:

- raising parents' awareness of the impact on their children of the ongoing conflict in their family
- providing them with knowledge, tips and strategies to be able to focus on their children rather than on their issues or conflicts with the other parent.

Parents will learn:

- ways to better regulate their emotions and to self-care
- ways to help their children manage their emotions
- to recognise the effects of ongoing, mismanaged conflict on children
- skills to better manage conflict with the other parent
- to reorient interactions with their child's other parent to respectful and cooperative
- to recognise and differentiate between their own and their children's individual needs
- skills to communicate effectively with the other parent
- to reflect on their behaviour and make changes where needed

1 on 1 sessions available

Cost: \$85/session \$45 concession

Bookings Essential – Phone 02 6815 9650



Making Choices

This is a six-week one-on-one anger management program that helps people understand the effect of anger on relationships and make healthy choices on ways to deal with anger.

You will learn:

- what triggers anger
- how to express strong emotions positively
- to recognise the influences of family of origin on behaviour
- about the cycle of anger
- to use anger management strategies.

Bookings essential – Phone 6815 9650

1 on 1 sessions

Cost: \$85 per person (\$45 concession)

Venue: Interrelate Dubbo



The Challenge of Disciplining Your Children

This is a three-hour interactive seminar on constructive techniques for parents when disciplining and encouraging their children.

Parents will learn:

- what discipline means and how to set clear boundaries that children respect and learn to appreciate
- to use conflict as a tool to improve relationships
- to use different discipline techniques

Tuesday 3rd May 2016

1pm – 4pm

Cost: \$25

Venue: Interrelate Dubbo

Address: 138 Darling Street, Dubbo

Bookings Essential – Phone 6815 9650

