



# Trangie Central School Newsletter 28th April 2016 Term 2 - Week 1



## SCHOOL INFORMATION

### Address:

Derribong Street  
(PO Box 6)  
Trangie 2823

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### Email:

trangie-c.school@  
det.nsw.edu.au

### Website:

www.trangie-  
c.schools.nsw.edu.au

### Principal:

Anne Holden

### Deputy Principal:

Dimiti Trudgett

### Access Coordinator:

Troy Jones

### Head Teachers:

Kate Wilson  
Ted Wright

### Assistant Principals:

Jo-Anne Ellis  
Jacky Murtagh

### Welfare Coordinator:

Cheryl Rowley

### School Admin Manager:

Jaye Milgate

## Parents & Citizens Association

### President:

Melinda Gleeson

### Vice President:

Sally-Jane St Clair

### Secretary:

Rebecca Robb

### Treasurer:

Amanda Kater

P & C Meeting

**TBA**



## What's On

Week 2	2/5-3/5	School Photos - Full summer school uniform ( <b>Please return payment envelope</b> )
Week 3	10/5-12/5	Years 3, 5, 7 & 9 NAPLAN
	12/5	Yr 11/12 Primary Industries Livestock Assessment Day at TARC 9.00am-4.00pm
	13/5	Athletics Carnival at Burns Oval

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# SECONDARY

## Head Teachers

Kate Wilson  
Ted Wright

## Deputy Principals' Report

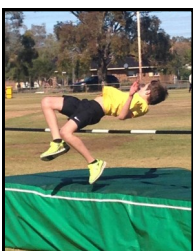
Welcome back to Term 2. I hope you have all had an enjoyable break and are ready for another busy term.

### School Photos

Next Tuesday 3rd and Wednesday 4th May will be School Photo days. Secondary photos will be on Tuesday and sibling photos will be on Wednesday. We remind all students to return their envelopes and payment and to wear full summer uniform.



### Athletics Carnival



The Athletics Carnival will be held on Friday 13th May (Week 3). Students will have House Meeting this Friday to complete pre-entry which allows students to enter events prior to the day. Please contact Jessica Skinner if you are able to assist at the carnival on the 13th May.



### Stage 5 History

During Term 1, Stage 5 History have been studying the Movement of People during the Industrial Revolution. An activity students completed was a letter to the Captain of a slavery ship after experiencing the passage from Africa to America. Here is an example of the students' writing:

*Dear Sir,*

*I am writing to you in regard to my inspection of a slave ship and all of its problems that lie within its walls.*

*On board the slave ship I was outraged by the way the slaves were being treated and the fact that over 50 slaves have to share one waste bucket, while being cuffed the entire time.*

*Then guards had many weapons at their disposal, including the cat-o-nine-tails, which was used to punish the slaves if they stepped out of line. The slaves were thrown overboard if they were sick and had their ear cut off to prove their death for insurance.*

*Following my complaint I would like to put a stop to all slave ships and anything else involving slaves and for everyone to consider them as people and not animals.*

*Yours sincerely,*

*Smithy*

**By Zane Smith, Year 9**

### NAPLAN

NAPLAN is closely approaching in Week 3. Good luck to Years 3, 5, 7 and 9 who will sit these exams commencing Tuesday 10th to Thursday 12th May 2016.



### NAPLAN 2016 timetable

	Tuesday 10 May 2016	Wednesday 11 May 2016	Thursday 12 May 2016
<b>Year 3</b>	Language conventions 40 minutes Writing 40 minutes	Reading 45 minutes	Numeracy 45 minutes
<b>Year 5</b>	Language conventions 40 minutes Writing 40 minutes	Reading 50 minutes	Numeracy 50 minutes
<b>Year 7</b>	Language conventions 45 minutes Writing 40 minutes	Reading 65 minutes	Numeracy (calculator) 40 minutes Numeracy (non-calculator) 40 minutes
<b>Year 9</b>	Language conventions 45 minutes Writing 40 minutes	Reading 65 minutes	Numeracy (calculator) 40 minutes Numeracy (non-calculator) 40 minutes

# SECONDARY

## Head Teachers

Kate Wilson  
Ted Wright

### Year 11 Biology - Ecology Field Study

Our Year 11 Biology students, together with students from other Western Access Program (WAP) schools, recently attended an overnight excursion to the beautiful Warrumbungles to enhance their learning and understanding of ecosystems. We surveyed three sites using techniques and equipment employed by scientists to better understand the dynamics of a natural system. In particular, we studied the impact of bushfires on the flora and fauna of the region, as well as the impacts of human activity.

In addition to our ecological studies, we were lucky enough to have astronomer Donna Burton join us in the evening. Donna brought her telescopes and extensive knowledge of the skies to show us such wonders as Jupiter and its moons, the Scorpion Nebula and the Jewel Box cluster, among many other amazing features of our night skies. We waved to the astronauts on the International Space Station - and some of us are sure they waved back!

Our trip was a wonderful way to interact with our fellow WAP students and teachers. Everyone worked as a cohesive team and overall it was a highly enjoyable event, with lots of laughs from all. While I hope our students gained a greater appreciation of the beauty and fragility of some ecosystems and of the vast wonders of deep space, I think the most memorable part of our adventure was the dinner-time delicacy of Bush Octopus!

*Ms Ebsworth*  
*Biology Teacher*

### Kindness Corner

Kindness is the quality of being friendly, generous and considerate. During this term, each newsletter will have a random act of kindness that we can strive to complete during that week. This week's act of kindness is:

*Smile at someone  
on the street,  
just because.*

*Dimiti Trudgett*  
*Deputy Principal*



## Watt's in the Box

**CONGRATULATIONS TERM 1 WINNERS!!**

Bonnee Morton took home a fantastic book on Science, Mirakai Powell won a 6-in-1 solar panel kit & Molly Corcoran is growing a Crystal Garden. Just add water! But wait.....there's more! Hannah George won a CAR! I hope you enjoy putting it together.

*Ms Ebsworth*

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# PRIMARY

## Assistant Principals

Jo-Anne Ellis  
Jacky Murtagh

## Assistant Principals' Report

### Welcome

Welcome back to Miss Murtagh and Bridie. We are happy to have you back!



### THANKYOU, THANKYOU, THANKYOU!

A huge thankyou to the volunteers that came to help out at our P&C working bee. We had a small but productive team that achieved a lot throughout the day.

We now have a new sandpit that complies with regulations and can be covered, and a shed to store our new sandpit equipment in. The handball court was a big hit on our first day back and our tunnel is another step closer to being ready for students to use again. YAY!!!! In the near future where the old sand pit was we will be laying a gravel base and putting some tables and chairs under the trees. This will be a great area for the students and will also be used as an outdoor learning area.

Thankyou to our active P&C group who are working hard to beautify our students' playground and provide new and interesting play areas.



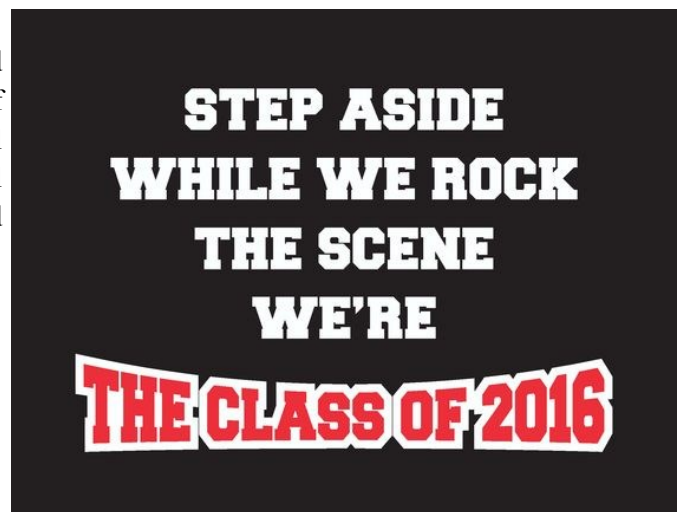
### Primary Assemblies

Primary assemblies will continue this term on Fridays in Weeks 3, 6 and 9 in 1/2E classroom starting at 2.00pm. Everyone is welcome to come along and join in the fun.

### Year 6 - Class of 2016 Memento Shirts

Year 6 students are in the process of designing and beginning to order their special Year 6 T-shirts. The cost of each shirt is expected to be around \$40.00. Order forms will be distributed to Year 6 students next week and payment will need to be made by the 20th May if you wish for your child to have a shirt.

*Jo Ellis*  
*Assistant Principal*



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# WHOLE SCHOOL

## Combined Music Day

On Thursday 31st March, we held our first Combined Music Day for this year. The music day was hosted by Trangie Central School. Students from Dubbo South Primary, Yeoval Central School, Tullamore CS, Tottenham CS and Trangie attended the day. The music day saw students participate in workshops for string instruments, guitars, band and drums. This year we had a special guest, Army Drum Leader Dave Egan, attend our school and in his drum workshop he taught the students single and double beats and the very special drum buzz roll. All students who attended the music day performed in the hall as part of a mini concert after lunch.

I would like to thank all the students who participated in the day, the parents for their support and most importantly I would like to thank the Trangie Central School P&C for providing a very delicious morning tea and lunch!



**Susan Larkings**  
*Combined Music Day Coordinator*



Teach your children well

## TRANGIE CENTRAL SCHOOL – TERM 2 2016

PLEASE PLACE LUNCH ORDERS NO LATER THAN RECESS

### "Hot Meals" - All Homemade

Monday Only \$5.00 MEAL DEAL	\$ 5.00
Choose any "Hot Meals" and any Juice/Milk	
Saffron Rice with chicken, bacon, prawns, tomato & peas	\$ 5.00
Nachos with Sour Cream & Sweet Chilli Sauce	\$ 5.00
Meat Pie	\$ 5.00
Beef Lasagne	\$ 5.00
Vegetarian Lasagne	\$ 5.00
Spaghetti Bolognese	\$ 5.00
Meat Balls in Tomato Sauce with spaghetti	\$ 5.00
Shepherd's Pie	\$ 4.50
Curry Pies (2) and salad	\$ 4.50
Pizza - Hawaiian or Cabanossi & Bacon	\$ 4.00
Sausage Rolls	\$ 3.50
Mac n Cheese	\$ 3.50
Fried Rice n Fried Egg (no peas!)	\$ 3.50

### Sandwiches

Chicken, lettuce and mayo	\$ 4.00
Egg or egg and lettuce	\$ 2.50
Egg & Bacon	\$ 2.50
Ham	\$ 3.00
Tuna	\$ 2.50
Salad	\$ 2.50
Cheese	\$ 2.00
Cheese & Sweet Mustard Pickles (YUM!)	\$ 2.50
Vegemite / Honey / Jam	\$ 1.50
Extras	\$ 1.00

### Toasted Sandwiches

Ham & Cheese	\$ 4.50
Chicken, Cheese & Mayo	\$ 4.50
Roast Beef & Cheese	\$ 4.50

### RECESS or LUNCH

Jelly Cups	\$ 1.00
Cheese and Crackers	\$ 2.00
Cheese/Cabanossi and Crackers	\$ 2.50
Bacon & Cheese Rocket / Pizza Rocket	\$ 2.00
Garlic Bread	\$ 1.50
Toast – 2 slices	\$ 1.00
Raisin Cinnamon Toast – 2 slices	\$ 1.50
Pancakes (2) with Syrup	\$ 2.00
Yoghurt/Muesli/Fruit Cups	\$ 3.00
Muesli & Milk	\$ 1.50
Popcorn in a bag / Rice Crackers	\$ 1.20
Carrot/Celery/Cucumber & Dip	\$ 2.00
Almonds	\$ 1.00
Banana Bread	\$ .50
Fruit Paddle Pop - Pot Luck	\$ .50
(free to Primary with each Friday lunch order only)	
Frozen Yoghurt Paddle Pop – Strawberry	\$ 1.00

### Wraps

Hawaiian Wraps – chicken, lettuce, mayo & pineapple	\$ 4.50
Sweet Chilli Chicken Tender Wraps, mayo & lettuce	\$ 4.50
Bacon & Cheese Rocket - large	\$ 3.00
Pizza Rocket – large	\$ 3.00

### Salads

Cheese Salad	\$ 4.00
Caesar Salad	\$ 4.50
Chicken Salad	\$ 5.50

### Fruits

Grapes, Watermelon,	\$ 2.00
Rockmelon	\$ 2.50
Fruit Salad	\$ 2.50

### Drinks

Orange Juice & other flavours	\$ 2.00
Milk Chocolate / Strawberry / Banana	\$ 2.00
Water 350 ml	\$ 1.00
Water 600 ml	\$ 1.50
Hot Chocolate	\$ 1.50





Stepping Stones Triple P



## Does your child have a disability?

Parents of children with a disability aged 2 to 12 are now eligible for free parenting support through the Stepping Stones Triple P Project.

You are invited to attend the following FREE parenting seminar:

### Positive Parenting for Children with a Disability

Thursday, May 5th 10am - 11:30

Orana Early Childhood Intervention

RSVP: Mikaila Tasker, 6882 0599, mikaila.tasker@oeci.org

### Helping your Child reach their Potential

Thursday, 12th May 10am - 11:30

Orana Early Childhood Intervention

RSVP: Mikaila Tasker, 6882 0599, mikaila.tasker@oeci.org

### Changing Problem Behavior into Positive Behaviour

Thursday, 19th May 10am - 11:30

Orana Early Childhood Intervention

RSVP: Mikaila Tasker, 6882 0599, mikaila.tasker@oeci.org

For more sessions visit [www.triplep-steppingstones.net](http://www.triplep-steppingstones.net)



Funded by the National Health and Medical Research Council, Australia

## SKILL BUILDERS

It's easy to stand with the crowd,  
but it takes courage to stand alone.



STAND OUT FROM THE CROWD

School age kids

CRAFT, INFO & FUN ALL  
ROLLED INTO ONE

# FREE

Age appropriate program for skill building  
Coping with Stress, Drug Abuse, Emotional  
Management, Communication & Bullying  
(plus Cyber Bullying)

WEDNESDAY fortnightly

3.30 to 4.30 pm

2nd, 16th & 30th March;

4th & 18th May; 1st & 15th June

TRANGIE BOWLING CLUB



Communities for Children

Ann-Louise Mobile: 0400 828 984

FACEBOOK:

Communities for Children Narromine



# Food for a happy & calm household

Tuesday 10 May 2016  
10am - 12 noon

Buninyong Public School Hall  
Myall Street Dubbo

See over the page for how to register.

This FREE community event is supported by:



## Whether you're 9 months or 99 what you eat can affect how well you feel, think and work!

Do you know which additives in 'healthy' and not so healthy foods are making us fat, anxious, cranky, moody and making our asthma, allergies and intolerances worse?

Join Louise D'Allura, East Coast's Authorised Additive Alert Community Talks Presenter as she shines the spotlight on popular food choices to reveal some alarming surprises in everyday 'healthy' food choices for children and adults alike.

Bring pen and paper as you'll discover:

- Which additives to avoid
- How to read food labels
- Tips to Get Organised for Low Additive Eating
- All attendees receive Additives to Avoid Wallet Card

Bookings preferred but  
not essential  
REGISTER ONLINE:  
[www.Trybooking.com/KUIK](http://www.Trybooking.com/KUIK)  
BY PHONE: Mark or Ruth  
(CentaCare Wilcannia-Forbes)  
on 6883 4600

This FREE community event is supported by:

