



Trangie Central School Newsletter 21st July 2016 Term 3 - Week 1



SCHOOL INFORMATION

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Principal:

Anne Holden

Deputy Principal:

Dimiti Trudgett

Access Coordinator:

Troy Jones

Head Teachers:

Kate Wilson
Ted Wright

Assistant Principals:

Jo-Anne Ellis
Jacky Murtagh

Welfare Coordinator:

Cheryl Rowley

School Admin Manager:

Jaye Milgate

Parents & Citizens Association

President:

Melinda Gleeson

Vice President:

Meredith Andrews

Secretary:

Kate Broughton

Treasurer:

Amanda Kater

P & C Meeting

Tuesday
26th July 2016
4.00pm
Common Room

SRC Lachlan District Meeting



What's On

Week 2	26/7	Yr 9/10 Meet A Keeper Program at Taronga WP Zoo - Depart TCS at 9.00am
	28/7	Open Girl's League Tag at Coonabarabran - Depart TCS at 6.45am
	29/7	WSSA Athletics at Dubbo - Depart TCS at 7.00am

Teach your children well

FROM THE PRINCIPAL

Hi everyone – Welcome back to Term 3 – hope you had a great holiday.

Enrolments

Please give us an early indication of your intentions: We are already beginning our planning for 2017. This week we provided subject information to Year 10 to inform their choices which will be made very soon and next week we meet to discuss Year 7/8 and Year 9/10 organisation and elective offerings. An accurate knowledge of numbers in each group is crucial if we are to structure our classes to effectively meet the needs of your child. As our numbers have grown, so has the complexity of our organisation increased but with all the benefits of extra funding and staffing that come with this increase. See how far we have come and see how far we can go!

Kindergarten enrolments are now also being taken and enrolment packs can be picked up from the school administration office. Also, if you have a child who will be starting school next year and he/she is not already attending Early Birds on Wednesday mornings, don't miss out – enrol now. It is never too late!

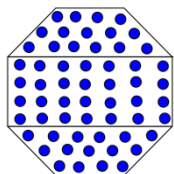
Coding

I was interested to watch a television program recently, about a school that was ‘leading the way’ in technology. The students were using a programming language to give instructions to simple robots to make them move. Teaching the students how to ‘code’ is the very latest educational development and is intended to develop in our students the ability to make things happen rather than just being an APP user.

The most remarkable thing is that at TCS we have been doing this for some years now. We are quiet achievers indeed. We have students who are programming robots to move, overcome obstacles and sort colours. Pat Skinner also used a programming language called Scratch to create several computer games and he won a \$250 Australian Livestock Exchange Prize for his achievement.

Also all students in Years 7-10 have a weekly session with Mr Holden using Dynamic Geometry software to create animated geometric designs which are truly amazing. Do not think that you need to spend a fortune on education when such opportunities are so close to home! But wait! There is more!!

Year 9/10 Extension Mathematics developed this! ‘The Octagonal Formula’



Number of dots = $n(2n - 1) + (n + 2n - 2)(n - 1)$

Or $5n^2 - 6n + 2$

[Where n is the number of dots on the base.]

Finally

My door is and always has been open – whether you are happy, sad or mad. I need to know if we are not doing something right but I also need to know that you trust our motives and our intentions. Everything we do, every single day is for YOUR children. If we can do it better, tell us.

All the best

Anne Holden

We have high academic expectations but we are also

SO Artistic!!

[illegible]

Staff Smile of the Week (Week 9)

Staff Smile of the Week (Week 10)

Goes to Jessie Druce for her punctuality and professional manner in meeting deadlines.

Goes to Sally Oates for the fantastic birthday cake she organised.

[illegible]

Teach your children well

SECONDARY

Deputy Principal
Dimiti Trudgett

Head Teachers
Kate Wilson
Ted Wright

Head Teachers' Report

As I start my second term at Trangie Central, it is wonderful to take a moment to reflect on the amazing opportunities our students have to develop and extend their skills and talents in a variety of areas, including academic, sporting, and artistic endeavours. Interest Groups provide students with the opportunity to explore a wide variety of activities, the sportsmen and women attend gala days, debaters and public speakers are developing their skills for an ever-widening audience, and the Stage 6 students attend field study days with their Western Access classmates and go on University visits. Not only that, but we have outside visitors who want to come and share their expertise with our students, such as the UNSW Law Society students who came to talk to us about our rights and responsibilities before the law.

None of these programs and opportunities would be possible without the dedication and support of the wonderful teachers and support staff at the school, who do a fantastic job educating and supporting the students here at TCS.

Kate Wilson - Head Teacher

Western Sydney University Rural Indigenous Student Visit

During Week 9 of last term, I was accompanied by eight students from Year 10, 11 and 12 to Western Sydney University for the Rural Indigenous Student visit. We stayed with about 60 students from other schools from Mudgee to Lightning Ridge. The students were able to choose from a variety of workshops such as Animal Science, Forensic Science, Engineering, Robotics, Teaching, Solar Energy, Policing/Criminology and Chemistry. This wide range of workshops gave students a chance to explore their interests and even some they didn't think they would be interested in!

Each evening students were able to participate in activities such as bowling and watching State of Origin where they got to know each other further. The university leaders were fantastic and mixed well with our students. This also gave our students the chance to chat about pathways that these students took and allowed them to realise that there are a variety of ways to achieve their goals.

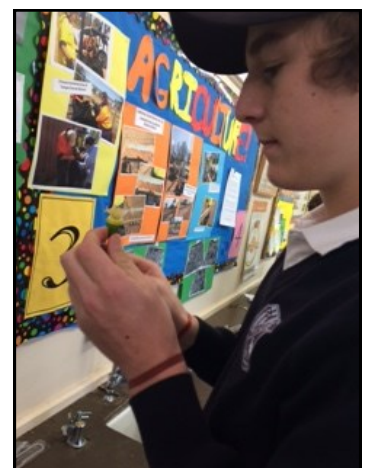
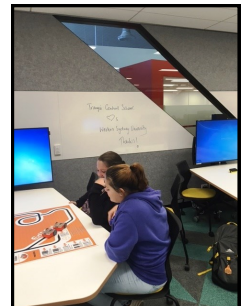
Overall it was a fantastic week and I know our students were able to think of university as a possibility rather than something unachievable.

Skye Rush - Careers Advisor

Year 11 Agriculture Practical Day

On Monday 27th June, TCS Agriculture students travelled to Tottenham Central School for an Agriculture Practical Day. The students conducted experiments with a variety of soil samples from the surrounding districts and learnt some horticultural skills such as grafting cuttings from camellia and lavender plants.

Ted Wright
Head Teacher



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SECONDARY

Deputy Principal

Dimiti Trudgett

Head Teachers

Kate Wilson

Ted Wright

Year 11 Chemistry Study Day

On Tuesday 28th June, Year 11 Chemistry students travelled to Peak Hill Central School with Ms Berkeley for a Chemistry Study day. The students had the opportunity to participate in a face-to-face session with their main course teacher, Mr David Lynn who is based in Trundle, interact with their class mates from other WAP schools and perform a couple of mandatory practical activities, essential to their assessment task which was handed out before the study day. The students believed this was a very worthwhile experience, both in terms of practical experience and peer interactions.

Suzanne Berkeley



Year 9/10 Textile Technology

During Semester One, the Year 9/10 Textile Technology class studied the unit 'Fabric Decoration'. The design brief they were given was to create a non-apparel item using two methods of fabric decoration. The result was a display of colourful and unique cushions. The talented students created their items using a variety of techniques including tie-dying, fabric painting, applique and embroidery.

Cheryl McKinnon
Textiles Teacher



Term 3 Focus: Reading

Did you know? Along with the educational benefits, reading for pleasure leads to positive communication with family and positive friendships.

In DEAR this term with Miss Press, students will have time to read a novel of their own choosing, whether they bring it in from home or borrow one from the school library. We hope this will encourage reluctant readers to read more at home as well – we recommend at least 15-20 minutes of reading each day.

Kate Wilson
Head Teacher

Watt's in the Box Week 1

Ms Ebsworth – Science Teacher

Clue 1: This peak was formed between 355 to 490 million years ago during the Ordovician or Lower Devonian periods.

Clue 2: It was named by Polish explorer, Count Pawel Edmund Strzelecki in 1840 after a Polish Army General.

Clue 3: It is 2,228 metres high and is part of the largest national park in NSW (6900 sq kms).

Clue 4: Its national park is home to 40 percent of the bird species in NSW.

Clue 5: Every year, about 30,000 people climb it.



Well Done Meegan! MEDIA RELEASE

from the office of... **TROY GRANT MP**
MEMBER FOR DUBBO ELECTORATE

29 June 2016

ABORIGINAL STUDENT OF THE YEAR ANNOUNCED

Member for Dubbo & Deputy Premier Troy Grant has announced the inaugural 2016 Aboriginal Student of the Year for the Dubbo electorate and has congratulated all the nominees.

The Aboriginal Student of the Year is a new annual award recognising young people who demonstrate leadership within their school and local community.

"I am pleased to announce that Dubbo College Delroy Campus student Ngali Shaw had been awarded this year's Aboriginal Student of the Year Award," Mr Grant said.

"Ngali has been a fine mentor and good role model for other students both Aboriginal and non-Aboriginal."

"I also congratulate Chelsea Watts from Dubbo, Jessie Mills from Wellington and Meegan Seymour from Trangie on being nominated for this award," Mr Grant said.

The top students from the award nominations across NSW will head to Sydney in August to attend the Emerging Leaders Forum, where they will meet with Aboriginal, business and Government leaders.

Minister for Aboriginal Affairs Leslie Williams said the award program recognises emerging leaders, rewards students' commitment to their local community and connects students to community leaders and role models.

"The Aboriginal Student of the Year award highlights the outstanding contributions that young leaders are making in their local communities across the State," said Mrs Williams.

"I warmly congratulate all of the award winners and I look forward to meeting some of them in Sydney later this year."

Teach your children well

Assistant Principals' Report

Quality Learning



At TCS we are always looking to improve student learning. The key to this of course is to create a learning environment that is vibrant, safe and motivating; a place where children want to be. This term will see a continuation of our very popular **Interest Groups** on Wednesday afternoon. This term the children can choose from some great options including athletics training, knitting, drumming, visual arts, cooking, lawn bowls, gardening and drama. These groups allow the children to mix with older and younger students and form a vital part of our peer support program; developing a **strong sense of community** and **empathy** with students throughout the Primary school.



This term also sees us involved in some competitions, including the annual Premier's Spelling Bee, The Wellington Eisteddfod for dance and choir and the Gobonderry/NARRAF Athletics Carnival. Selected students will also be attending Moorambilla Voices camps and performances and the Western Region Choir with Paul Jarmin.

School Food

It has been fantastic to see the students begin term with lots of nutritious, healthy food choices packed into their lunch boxes. As mentioned last term, there are a multitude of studies that directly link what children eat with how well they learn. Give your child a great start in life by feeding them good quality, natural foods. Say no to packet food and yes to nature! Parents, please support your child's health and learning by packing healthy foods for school. Fruits, vegies, leftovers from dinner, eggs and tuna are great school foods and easy too!



Reminders

Home Reading:

Notes and Money:

Premiers Spelling Bee:

Moorambilla:

Don't forget!

Canberra Excursion (Year 5/6)

Primary Dance & Choir Wellington Eisteddfod

Word lists have gone home for students in Years 3 – 6. Finals this term.

Payments due direct to Moorambilla

Jo Ellis

Assistant Principal



Don't
Forget!

SRC

SRC



Lachlan District Meeting



On Thursday 23rd June, the Student Representative Council travelled to Forbes for the Lachlan District SRC Meeting. It was a great day and we learnt lots!

When we walked in we saw groups of people so we joined in random groups where we played fun games like, find the leader.....that was really interesting. Afterwards we went to sit in our school groups and we listened to what different schools have done or are planning as a part of SRC in their school.

After recess, guest speaker Tegan Douglas spoke about public speaking and how to get over fears we may have towards that topic. After some public speaking activities in our groups, which involved talking in front of groups mixed with different schools, we had a sausage sizzle provided by Forbes High School.

We then set out on our way back to Trangie. Overall, it was a great day and we have learnt a lot of great skills and even thought of things to bring back to our next SRC meeting. On behalf of Trangie Central School we would like to thank Forbes High School for having us!

By Kamiliyah Khan & Tegan Hamilton



Teach your children well

SRC

Handball Tournament Fundraiser

RESULTS

Primary (Years K-2)

- 1st - Jock Kater
- 2nd - Miley Day
- 3rd - Remy Gleeson

Primary (Years 3-6)

- 1st - Jay Greenwood
- 2nd - Koby Terry
- 3rd - Kai Greenwood

Secondary

- 1st - Druce Ball
- 2nd - Tegan Hamilton
- 3rd - Jarrod Kohlenberg & Deacon Carney



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TRANGIE CENTRAL SCHOOL – TERM 3 2016

PLEASE PLACE LUNCH ORDERS NO LATER THAN RECESS

"Hot Meals" - All Homemade – PLEASE ORDER

Nachos with Sour Cream & Sweet Chilli Sauce	\$ 5.00
Beef Lasagne	\$ 5.00
Vegetarian Lasagne	\$ 5.00
Spaghetti Bolognese	\$ 5.00
Pizza - Hawaiian or Cabanossi & Bacon	\$ 4.00
Sausage Rolls large	\$ 3.00
Sausage Rolls small	\$ 1.50
Mac n Cheese	\$ 3.00
Soup of the Day and mini bun	\$ 4.00

Sandwiches – PLEASE ORDER

Chicken, lettuce and mayo	\$ 4.00
Egg or egg and lettuce	\$ 2.50
Egg & Bacon	\$ 2.50
Ham	\$ 3.00
Tuna	\$ 2.50
Salad	\$ 2.50
Cheese	\$ 2.00
Cheese & Sweet Mustard Pickles (YUM!)	\$ 2.50
Vegemite / Honey / Jam	\$ 1.50
Extras	\$ 1.00

Toasted Sandwiches – PLEASE ORDER

Ham & Cheese	\$ 4.50
Chicken, Cheese & Mayo	\$ 5.00

WRAPS – PLEASE ORDER

Sweet Chilli Chicken Tender Wraps, mayo & lettuce	\$ 4.50
Bacon & Cheese or Pizza Rocket – large	\$ 3.20

RECESS or LUNCH

Jelly Cups	\$ 1.20
Cheese and Crackers	\$ 2.00
Cheese/Cabanossi and Crackers	\$ 2.50
Bacon & Cheese Rocket or Pizza Rocket	\$ 2.20
Garlic Bread	\$ 2.00
Pizza Fingers	\$ 1.00
Toast – 2 slices	\$ 1.00
Raisin Cinnamon Toast – 2 slices	\$ 1.50
Pancakes (2) with Syrup – PLEASE ORDER	\$ 2.20
Popcorn in a bag / Rice Crackers	\$ 1.20
Carrot and Celery with Dip	\$ 2.00
Rice Crackers and Dip	\$ 2.00
Almonds	\$ 1.00
Banana Bread	\$.50
Fruit Paddle Pop – Pot Luck	\$.50
(free to Primary with each Friday lunch order only)	
Frozen Yoghurt Paddle Pop – Strawberry	\$ 1.00

Salads – PLEASE ORDER

Caesar Salad	\$ 4.50
Chicken Salad	\$ 5.50

Fruits

Grapes, Watermelon,	
Rockmelon	\$ 2.00
Fruit Salad	\$ 3.00

Drinks

Orange Juice & other flavours	\$ 2.20
Milk Chocolate / Strawberry / Banana	\$ 2.20
Water 350 ml	\$ 1.50
Water 600 ml	\$ 2.00
Hot Chocolate	\$ 2.00



Stepping Stones Triple P Parenting Seminars Series

Is this you?

Most of the time, you know you are doing a good job with parenting. But there are times when things get a little tricky. Like when your toddler won't eat her dinner. Or your six year old won't share his toys. If only someone could give you some ideas to make those times easier! If this sounds like you, then a Stepping Stones Triple P seminar may be right for you.

What is a Stepping Stones Seminar?

Stepping Stones Triple P seminars tackle the most common issues for parents of children with a disability. Seminars are for large groups of parents – possibly 20 or more. It's an informal presentation, a little like a public forum. There are three seminars that each last about 90 minutes and cover a different topic. We encourage parents to try to attend all three.

When: Tuesday 26th July 2016
9.30am – 11.00am
Seminar 1 – Positive Parenting for Children with a Disability
11.15a.m – 12.45p.m
Seminar 2 – Helping Your Child Reach their Potential
1.15p.m – 2.30pm
Seminar 3 – Changing Problem Behaviour into Positive Behaviour

Where: Cerebral palsy Alliance, 140 Gipps Street, Dubbo.
Light Lunch provided.

Cost: FREE as part of a research project

Who: Any parent/caregiver of a child with a disability age 2-12 years

How: RSVP by contacting the NSW Stepping Stones Triple P Project Team
Call (02) 9114 4106 or email fls.steppingstones@sydney.edu.au

For more information contact:

Stepping Stones Triple P Project Team NSW - (02) 9114 4106 or fls.steppingstones@sydney.edu.au

Stepping Stones Triple P | Positive Parenting Program®



Health
Western NSW
Local Health District

Trangie Women's Health Clinic

Will be now operating from the
Trangie Hospital

Clinic dates for 2016

Thursday 14th July
Thursday 11th August
Thursday 22nd September
Thursday 27th October

For an appointment please ring
Trangie Hospital on 68808200
or text Jane on 0419 404487



LIONS Recycle for Sight Australia Inc

Please join us in the greatest humanitarian project

The Gift of Sight to the Third World Countries

RESULT
Last year Australians gave 300,000 pair of glasses to people in Africa, Moldova, India, Sri Lanka, Philippines, Thailand, Vanuatu, Papua, Solomon Islands, Fiji, East Timor & Pacific Rim.

METHOD
Glasses are donated to your local Lions Club, forwarded to Queensland and then

- Quality Tested
- Washed and Dried
- Graded in Lensometer Machines
- Sorted and Packed
- Forwarded to Lions Clubs, Church missions and Humanitarian groups in third world countries
- Given to people in need.

HOW CAN YOU HELP

If you have any glasses to donate, please drop them into the Primary or Secondary Admin office.

The Parish of St Carthages Catholic Church

Street Stall

Friday 29th July 2016

All donations would be
greatly appreciated.

