



Trangie Central School Newsletter 21st February 2019 Term 1 - Week 4



SCHOOL INFORMATION

Address:

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Trangie 2823

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Email:

trangie-c.school@
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Website:

www.trangie-
c.schools.nsw.gov.au

Principal:

Anne Holden

Deputy Principal:

Dimiti Trudgett

Head Teachers:

Gary Hansen
Jessica Skinner
Kate Wilson
Ted Wright

Assistant Principals:

Jo-Anne Ellis
Jacky Murtagh

Welfare Coordinator:

Cheryl Rowley

School Admin Manager:

Jaye Milgate

Parents & Citizens Association

President:

Kimble Appleyard

Vice President:

M.Ebsworth

Secretary:

Kate Broughton

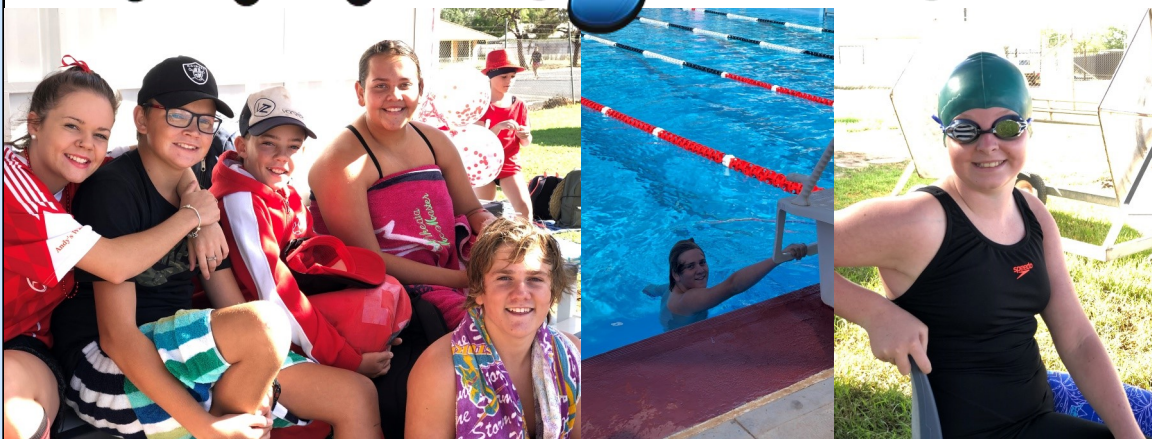
Treasurer:

Jaye Milgate

P & C Meeting

**AGM
TBA**

Swimming Carnival



What's On

Wk 4	22/2	G/N Swimming @ Narromine - Depart TCS at 8.30am - GOOD LUCK!
Wk 5	26/2	Yrs 10-12 Australian Tax Office Webinar @ TCS 9.00am-11.00am
	27/2-1/3	Jack Randell Visit to TCS for Mural - Community members welcome!
	28/2	Yr 9/10 PASS Seniors Olympics @ Kurrajong Court 8.40am-3.00pm
	1/3	CHS Opens Netball @ Dubbo - Depart TCS at 8.15am - GOOD LUCK!
	1/3	Yrs K-12 Clean Up Australia Day 10.00am-11.00am

Teach your children well



Trangie Central School

School Photo Date:

**Friday
5th April 2019**



Dear Parents,

School photo day is coming up very soon. Group and portrait photos can be purchased by following the link below or by using the envelope (to be distributed soon).

Important Information:

- School photos purchased online DO NOT require envelopes returned to school
- Don't forget to order your sibling photos now
- **Late fees/additional charges will be applied for purchases after photo day**
- Photos will be returned to your school for distribution approximately six weeks after photos are taken
- Past years' photos including sports, co-curricular and representative groups available at school's **advancedlife** & your **advancedyou** photo sites (follow the link below).

*Sibling photos must be ordered either online or by order envelope prior to the day of photos. A photo will not be taken without an order. Sibling photos only apply to children enrolled at the school.

advancedlife would like to express our appreciation to Trangie Central School for placing your trust in us. Please remember we offer a 100% money back guarantee on our products to ensure your peace of mind. We would also love to receive your feedback or resolve any issues you may experience as fast as possible, to ensure your satisfaction. If you have any questions, comments or feedback relating to your **advancedlife** experience please contact us at-

enquiries@advancedlife.com.au

ONLINE ORDER CODE: ZXN BFF DJE

Online Order link: <https://www.advancedimage.com.au/keycode/keycodefinder.aspx?keycode=ZXNBFFDJE>

Teach your children well

FROM THE PRINCIPAL

Hi Everyone - Enrol in TCS.....Where kindness changes everything!

Welcome

I would like to extend a very warm Trangie Central School welcome to the large number of new families who have joined the TCS family this year. We are delighted to see such a large number for both Year 7 and Kindergarten and we are very impressed with how well they have settled in.

When I visited Kindergarten this week Miss Druce commented on how very settled the class was. The year of Early Birds has really paid off, with the students settling in to their work in their very first week of school. They are already demonstrating the ability to work both in groups and independently – very impressive.

The Year 7 group is the biggest Year 7 we have had for some time, and they are proving to be a hard-working, well behaved group.

We have had a lovely start to the year, with students engaged and happy to be back.

The Benefits of a Central School

I have spent most of my career teaching in central schools in country NSW and I have loved every minute of it. Seeing students grow through the years, beginning in Kindergarten and then going off into the world at the end of Year 12 is very rewarding.

There are also many benefits for the students who attend our Central School in Trangie. This year, Year 6 and Year 4/5 will be lucky enough to receive tuition from Mr Troy Jones for Art and Ms Ebsworth for Science. They will also participate in the weekly STEM session which will run from Year 5-8 with Ms Ebsworth, Mr Hansen, Miss Bailey, Ms Murtagh and Miss Wall.

The benefits of a Central School were also highly evident at our swimming carnival last week. Our carnivals are run by secondary PE professionals and our primary department is able to participate in and take advantage of an event that is beautifully and efficiently organised and the culture of support, collegiality and inclusion is never more visible than on these days when our more senior students show so much care for their younger fellow students. We are also always delighted with the support we receive from our families and our community, where it is a whole family event with children of all ages present and able to share the day together.

Interest Groups

This year we will be continuing our Interest Groups program with a wide and diverse range of activities that students can be involved in: hall sports, Mystery Activity (Well subscribed because the students know that Mr Jones has a great imagination), power yoga, photography, jewelry making, robotics and coding, card games and also the opportunity for catching up with study.

Each term the students have the chance to choose a different activity, broaden their skills and also make friends and develop relationships with students from other stages and classes. It has been an excellent opportunity for leadership development also.

Mobile Phones

This is just a reminder that mobile phones are not to be seen at school at any time. Our office will always take phone calls if parents wish to contact their children and so there is no need to bring phones to school. For those bus students who need their phones to contact family after school, the phone must be switched off and out of sight in their bags. The consequence for having a phone in sight is that the first time the phone will be confiscated until 3pm and for persistent offenders, the phone may be held at the office until it is picked up by a parent.

Music, Art and Dance are good for the soul

Music, Art and Dance are essential to our school and integral to who and what we are. Our Aboriginal Dance Ensemble, led by Ms Jess Skinner, has already represented us at the Wungunja Cultural Centre before a visiting group from the Narromine Christian School. Our Ensemble is always happy to share their love of dance and respect for culture with the wider community and we have been very pleased to see how our dance team is growing with newest secondary students so keen to join.

Our Visual Arts program continues to thrive under the leadership of Mr Troy Jones with portraits at Kurrajong and a strong link with the Cultural Centre being demonstrated in the artwork on the wall in the gardens. Art is one of our most popular Stage 5 Elective subjects which then continues into the opportunity for Visual design or Visual Arts in Years 11 and 12.

FROM THE PRINCIPAL

This year we welcome a fulltime Music teacher for the first time. Miss Emma Roberts has joined our school this year and will soon be offering music tuition in small and larger groups in voice, ukulele, piano and musicianship. We are very excited by the prospect of a TCS choir and look forward to eisteddfods, Schools Spectacular and lots of community events. Once organised, you will be notified. There is also the opportunity to attend the Moorambilla Workshops, the first of these being on **Monday 25th February at 4pm** in our school hall. All comers are welcome, both secondary and primary. Our students have had considerable success with participation in this fantastic program, singing in Martin Place for the lighting of the Christmas tree, at the TedEx in Sydney, at fundraising dinners in Sydney, recording Christmas carols in a recording studio in Sydney and Bridie Hayden is returning next week after travelling to Croatia with a group of Moorambilla musicians – and all from our little school. Anything is possible at TCS!

Community Survey

I would like to thank all the community members who responded to our phone survey last week. We really do want to know your opinions and so actively seek them, rather than sending out a questionnaire that might never get filled in when everyone is so busy. The questions related basically to what we do well and what we need to improve on. We have tried so hard to develop our communication with our community and it was pleasing to hear positive comments about the ways that we keep you all informed. Of course, there may be the odd glitch, but if you feel that we have not maintained the high level of service that we aspire to, we really do want to know so that we can fix any problem that might occur.

The feedback that we received was overwhelmingly positive and covered a wide range of areas.

<p>We excel in:</p> <ul style="list-style-type: none"> • Being open to discussion and return calls • Reading 1 on 1 • Great teachers, family feel to school • Love the motto – to be kind • Availability of music programs • Great communicators • Always willing to listen and good feedback and address concerns • Good range of subject choices • Inclusion, involvement, great culture • Excels in educating and great people • Balance of academics, sport art & culture, dance 	<ul style="list-style-type: none"> • Learning support is great • Problems solved in a timely way • Challenges students to move outside comfort zone • Varied opportunities. Students’ interests are provided for • Child specific learning • Good support for parents • Care in teaching, priority on student wellbeing • Year 7 transition done well • Educational excursions
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Areas where we can improve were not as numerous, but we take on board everyone's opinion even if you are the only one. The following featured in the responses, and in many cases are already being addressed:

- ◆ Social media issues
- ◆ Uniform – sport uniform vs formal dress
- ◆ Discipline measures between boys and girls
- ◆ Length of assemblies

Never be afraid to approach us with your concerns.

Finally

My door is and always has been open – whether you are happy, sad or mad. I need to know if we are not doing something right but I also need to know that you trust our motives and our intentions. Everything we do, every single day is for YOUR children. If we can do it better, tell us. Facebook is for cowards – so please tell us to our face!

All the best,
Anne Holden

Staff Smile of the Week (Week 3)

Goes to Jess for being a fantastic leader as always
and for a great carnival..

Teach your children well

SECONDARY

Deputy Principal

Dimiti Trudgett

Head Teachers

Gary Hansen

Jessica Skinner

Kate Wilson

Ted Wright

Head Teachers' Report

Special Religious Education (SRE) – Scripture

A feature of the public education system in NSW is the opportunity to provide time in class for education in ethics, faith and morality from a religious or non-religious perspective at the choice of parents. Our Year 7 and 8 students are timetabled to have SRE on Thursday afternoons delivered by Phil Howes (Narromine). Further information is available on our school website. Those students not attending SRE are given supervised alternative meaningful activities. The students have been given a permission note to take home for their parents/carers to choose to opt 'in or out' of this program. Please make sure that these notes are returned to the office promptly.

Yr 9/10 PASS Seniors Olympics

Ms Skinner's 9/10 Physical and Sports Studies class will be visiting the residents of Kurrajong Court on Thursday 28th February for this year's Senior Olympics Day. In the past, our students have developed positive relationships with our senior citizens through participation in this program.

Clean Up Australia Day

Students from K-12 will participate in our school's annual 'Clean Up Australia' day for up to 1 hour on the morning of Friday 1st March. Some classes will focus on areas within the school grounds, others surrounding the school, and the older students will cover the main streets of Trangie. At Trangie Central we encourage active citizenship, and for our students to not only take pride in their school, but also their local environment.

Immunisation Program

Our Year 7 students will be receiving their immunisations next week on Thursday 28th February. Health professionals will be visiting our school to conduct this vaccination program. Parents are requested to complete and return the consent form to the school.

Reminder: School Equipment

I have noticed that some secondary students are coming to class without basic writing equipment and exercise books. All students are expected to be prepared for each of their lessons with equipment such as books, pens, pencils, ruler etc.

Please note: practical subjects require students to wear fully enclosed footwear at all times - joggers are not considered to be adequate.

Ted Wright
Head Teacher

**Don't
forget
your
school
gear!**



Clean Up Australia Day

**Clean Up
Australia Day**

Friday 1st March 2019
10.00am-11.00am

Please Bring
TCS hat
Sunscreen
Sturdy gardening gloves
Comfortable closed in shoes

Assistant Principals' Report

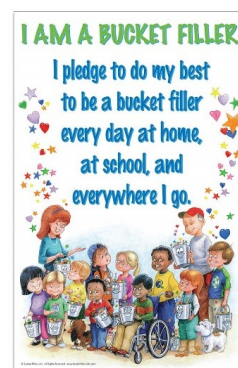


Kindness is the Key

Kindness and giving are incredibly powerful values because they result in feel-good moments that human beings need to thrive. A kind word or action can create a ripple of positivity that lifts and empowers not just the receiver but the giver and onlooker too.

Studies confirm that kindness is a natural antidote for a variety of ailments because it has the ability to:

- boost happiness, self-esteem & optimism
- improve social, emotional & mental health
- improve concentration & outcomes
- enhance physical well-being
- boost feelings of gratitude
- increase peer acceptance
- reduce anti-social & bullying behaviour
- nurture inclusive & safe communities
- lower stress
- reduce anxiety & depression



help someone
say nice things
smile
share your things
being patient
give a
high-five
being respectful
include
everybody



push someone
say mean things
cutting in line
stealing
being rude
putting your
hands on others
being disrespectful
leaving
others out

Random acts of Kindness Week

As mentioned last week, this week is **Random Acts of Kindness Week**. Please encourage and model Random Acts of Kindness with your children. As part of our Ripples Kindness lessons, we talk about being bucket fillers. The philosophy behind this is that everyone carries an invisible bucket, when we have a full bucket we feel great and when we do things to fill other people's buckets this helps fill our own as well. Part of our lessons are also making the students aware that things we do and say can dip from people's buckets too and how this affects them – this is called bucket dipping. By making students aware of these actions and their effects and focusing on how to be good bucket fillers we are building a positive approach to teaching children how to respond to each other and so prevent bullying or unkind behaviour. The ripple effect of this is kind and considerate community members beyond the school gates. At each K-6 assembly we present the Faith Kindness award to a number of students who have been observed being kind and considerate of others. Additionally each class has their own way of celebrating acts of kindness.

Swimming Team

Best of luck to our team of sixteen swimmers heading off to Narromine tomorrow for Gobondery/NARRAF swimming carnival. Our team manager will be Cheryl Rowley, and Tanya McMaster will be assisting at the carnival. There is a canteen available, programs cost \$2 and shirts are available for purchase for \$25 at the carnival. We look forward to hearing about your efforts.



PRIMARY

Assistant Principals

Jo-Anne Ellis
Jacky Murtagh

Sport

Our sports days for Primary are Tuesday and Friday. On these days only, students are to wear their sports uniforms and runners. Every other day is the full school uniform with school shoes. All uniforms including hats can be purchased from the Office on the High School side.



MOORAMBILLA VOICES

Because life's full of possibilities



Moorambilla Voices

Does your child like to sing, make music or dance? Then this is an opportunity not to be missed! The annual Moorambilla Skills Development Workshop will be held in our school hall 4pm – 5pm on Monday 25th February. Last year we had 5 children chosen to be involved in the esteemed Moorambilla program. Everyone welcome!

Stage 3 (Year 5/6) Sydney Excursion

Exciting News the stage 3 excursion is coming up quickly!!

Years 5 and 6 will be heading off on their excursion to Sydney on 18th March. Final Payment for this excursion is required by March 15th.

Jo Ellis

Assistant Principal



EVERY
CHILD IS A
different KIND OF flower,
AND ALL TOGETHER,
MAKE THIS WORLD
A Beautiful
GARDEN.

**Clean Up
Australia Day**

**Friday 1st March 2019
10.00am-11.00am**

Please Bring
TCS hat
Sunscreen
Sturdy gardening gloves
Comfortable closed in shoes

PRIMARY

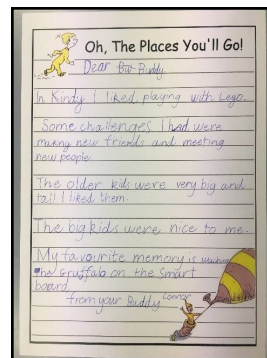
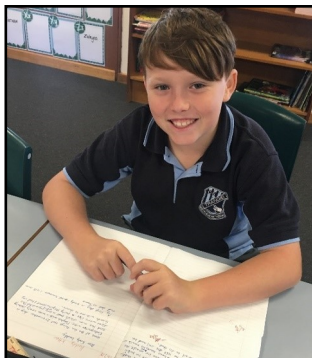
Assistant Principals

Jo-Anne Ellis
Jacky Murtagh

Year 6



We have had a fantastic start to the year, welcoming back familiar faces to Trangie Central along with meeting all the new ones. Throughout the first few weeks we have been settling into our new roles as primary school leaders. We have been looking at our new responsibilities as role models in PDHPE and the importance of modelling kindness to younger students. Through participation in a Buddy Program with Kindergarten, Year 6 students will have the opportunity to get to know their new buddies and assist them as they settle into their first school year.



We have been working hard on a letter of support for our Kinky buddies, which we will publish and read with them. We hope to reassure our new friends who are nervous and also share our favourite Kindergarten memories. We are enjoying getting to know everyone.

In English we are looking at an exciting historical fiction text and the techniques we can use to enhance our writing. Students have been immediately engaged, with some admitting "Sorry Miss, I couldn't help reading ahead!" We are learning to use four strategies to guide our group discussions including: summarising, questioning, clarifying and predicting.

We have been revising topics such as number and algebra and place value in Mathematics. We are learning to compare the value of and solve problems involving positive and negative integers. Students loved solving the integer maze asking, "Can I please take one home!?"

Our guided dance 'brain breaks' have been a huge hit, with many new rhythmical talents uncovered daily. These short activities help to refocus our attention.

Mary Bailey
Year 6 Classroom Teacher



Teach your children well

PRIMARY

Assistant Principals

Jo-Anne Ellis
Jacky Murtagh

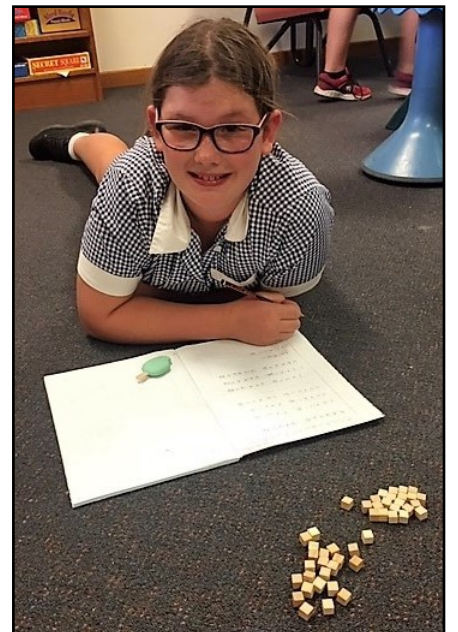
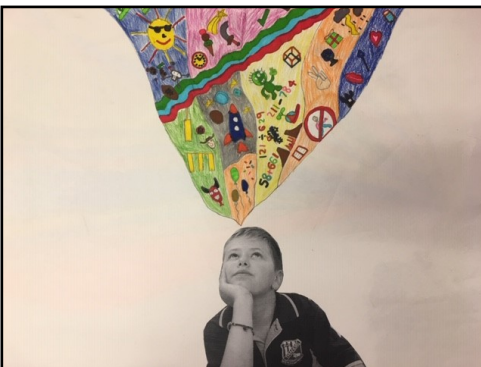
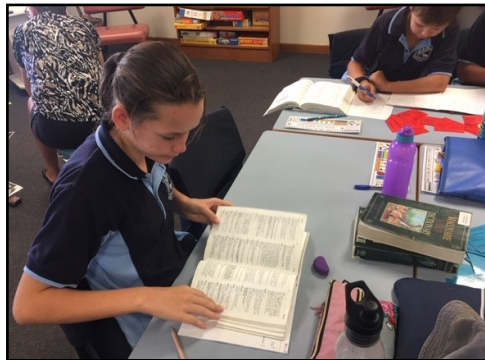
YEAR 4/5

4/5M has returned to school fresh and ready to learn. In Math we are practising our two, three and four times tables each day with a game of 'Round the World'. The children are becoming very competitive.

We have also investigated addition and

subtraction sums with trading. In literacy we have started our reading groups each morning where the children complete a variety of activities such as reading with the teacher, spelling worksheets and an activity focusing on grammar. Additionally we have also started our class novel 'Once' written by Morris Gleitzman. During art lessons each student created an artwork titled 'My Daydream'. The children were required to create an image of what they daydream about.

Louise Ryrle
Year 4/5 Teacher (Relief)



Teach your children well

SPORTS

Swimming Carnival

Records Broken

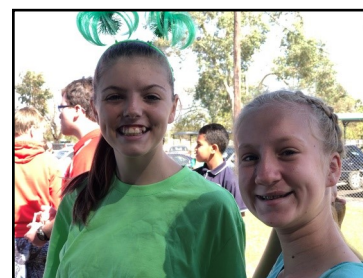
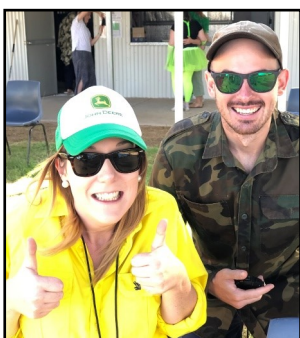
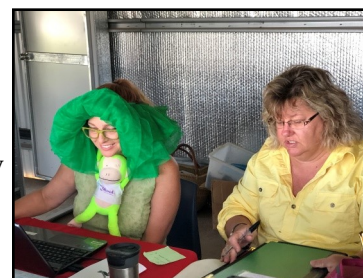
Jock Kater	11yr Boys	50m backstroke 100m freestyle 4 x 50m IM
Zoe Andrews	12yr Girls	50m freestyle 50m breaststroke 50m butterfly 100m freestyle 100m breaststroke 100m butterfly 4 x 50m IM
Ryan McCarney	12yr Boys	50m freestyle 50m breaststroke 50m butterfly 50m backstroke 4 x 50m IM
Brodie Mackay	12yr Boys	50m breaststroke
Kiah Edwards	17yr Girls	50m freestyle
Benjamin Thornton	17yr Boys	50m breaststroke 50m butterfly 100m freestyle 100m breaststroke 100m backstroke 50m butterfly 100m butterfly
Ethan Churchward	17yr Boys	50m freestyle
Bonnee Morton	18yr Girls	50m backstroke 100m freestyle
Christian Cole	18yr Boys	



Best Dressed

Bundmar	Brock Kilgour
Widgeree	Ryan McCarney
Dandaloo	K.Ebsworth

More information to come in next weeks newsletter and stay tuned for more photos on the TCS Facebook page!



Teach your children well

TRANGIE CENTRAL SCHOOL

2019 UNIFORM ORDER

Name: _____ Phone Number: _____

Item	Size	Cost	Size Required	Number Required	Total Cost \$
Primary Summer Tunic	4-16	\$20.00			
Boys Grey Long Pants	4-16	\$20.00			
	S-XXL	\$25.00			
School Polo Shirt (Blue or White)	4-Large	\$25.00			
	XL-4XL	\$30.00			
Navy Sports Shorts	2-20	\$16.00			
Boys Grey Shorts	2-20	\$16.00			
School Bucket Hat	S,M,L,XL	\$15.00			
School Navy Cap Secondary Students Only	One Size	\$15.00			
Secondary Skirt	8- 20	\$70.00			
Primary Winter Tunic	4-16	\$55.00			
Long Sleeve Blue Blouse	4-16	\$30.00			
Navy Tights	4-Ladies	\$12.00			
Navy Long Socks	4 - Ladies	\$10.00			
Secondary Girls Blue/White Blouse S/S	8-18	\$25.00			
Knitted Pullover	4-16 (Youth)	\$45.00			
	S-XL	\$55.00			
School Jacket	6-16 (Youth)	\$40.00			
	14S-22XL	\$45.00			
Navy Polar Fleece Jumper	4-16 (Youth)	\$27.00			
	14S-22XL	\$32.00			
	3XL & 4XL	\$35.00			
Navy Track Pants	4-16Y	\$25.00			
	S-XXXL	\$27.00			

Payment Enclosed: \$ _____ CASH or CHEQUE

Parent Online Payment: My receipt number is: _____

EFTPOS PAYMENTS: (This information will be destroyed once transaction has been completed)

Visa ☐ Mastercard ☐

Cardholder's Name: _____

Card No: _____ - _____ - _____ - _____

Expiry Date: ____ - ____ CCV No: _____ (3 digit number located on back of card)

Teach your children well



EXPRESSION OF INTEREST TRANGIE SOCCER CLUB 2019 SEASON

Minis - Ages 5-7

Mids - Ages 8-11

Seniors - Ages 12-15

Opens - Ages 16 plus

Please contact Sue Winter on 0428 887689



"When the dust has settled on our lives, all we get to keep and take with us is our dignity, our integrity and the love and respect we shared with people" Tom Powell (Founder)

Red Dust Healing Workshop

(Including new tools on Anxiety, Fear & Suicide Safeguarding)

For all Community Members and Service Providers

Red Dust Healing is a self-evaluating awareness program derived from an ancient Aboriginal perspective that helps individuals deal with the hurt, anger, grief, loss and issues in their lives.

The program introduces participants to visual holistic tools that provide understanding and then empowers individuals to make better choices in their lives. Though the program comes from an Aboriginal perspective but the program is not just for Aboriginal people it is for all people. To date Red Dust Healing has been delivered to over 16,000 people in over 380 communities Australia wide & internationally. We invite you to join us in attending this highly recommended program.

Venue: Wesley House, 64 Church Street, Dubbo

Time: 9-30am – 3.00pm

When: Thursday 28th February 2019

Morning Tea/ Lunch will be provided

For further information and RSVP please contact Jye Ryan Mission Australia on 02 6884 8526 Please be advised numbers are limited.



SENIORS GETTING ACTIVE 2019

KURRAJONG COURT, MULLAH STREET, TRANGIE

Thursday 28th February 2019

Morning tea and lunch provided

9:30AM – 2:30PM

Join in the fun and participate in sporting and recreational activities that will promote good health and active ageing.

All participants will take home a prize that has been funded by the 2019 NSW Seniors Festival Grant.



- Netball
- Bocce Ball
- Trivia
- Thong throwing
- Team events
- Quoits
- Traditional Indigenous games



Everyone is welcome to join in the fun at this **FREE** event

For information on the event call Terrie Milgate on 0427887476

Saver Plus is a free ten-month savings program that provides financial education, budgeting and savings tips, and matches participants' savings up to \$500 for education costs.

What can the \$500 be used for?

- laptops & tablets
- lessons & activities
- uniforms & shoes
- books & supplies
- vocational education
- camps & excursions

Am I eligible?

To join Saver Plus, you must meet all of the below criteria:

- have a Centrelink Health Care or Pensioner Concession Card
- be at least 18 years old
- have some regular income from work (you or your partner)
- have a child at school or attend vocational education yourself.

To find out more:

Enquire online at www.saverplus.org.au
Email saverplus@bsl.org.au
Call or SMS your postcode to 1300 610 355

