



Trangie Central School Newsletter 6th June 2019 Term 2 - Week 6



SCHOOL INFORMATION

Address:

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Email:

trangie-c.school@
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Website:

www.trangie-
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Principal:

Anne Holden

Deputy Principal:

Dimiti Trudgett

Head Teachers:

Gary Hansen
Jessica Skinner
Kate Wilson
Ted Wright

Assistant Principals:

Jo-Anne Ellis
Jacky Murtagh

Welfare Coordinator:

Cheryl Rowley

School Admin Manager:

Jaye Milgate

Parents & Citizens Association

President:

Kimble Appleyard

Vice President:

Holly Anderson

Secretary:

Emma Roberts

Treasurer:

Jaye Milgate

P & C Meeting

Wednesday
12th June 2019
3.30pm
TCS library

CHS TOUCH FOOTY



What's On

Wk 6	7/6	Yrs K-6 Primary Assembly in 1/2 classroom 2.00pm - Everyone Welcome!
Wk 7	10/6	QUEEN'S BIRTHDAY HOLIDAY
	11-13/6	Secondary Warrumbungles Outdoor Recreation Camp - Depart TCS at 7.00am
	12/6	WSSA/PSSA Cross Country at Geurie - Depart TCS at 7.30am
	13/6	Yr 11/12 Hospitality DSoDE Practical Assessment @ Dubbo - Depart TCS at 8.00am
Wk 8	17/6	Lionel Phillips Art Workshops @ TCS
	20/6	Secondary Schools Student Leadership Program @ Sydney
	21/6	Gobondery/NARRAF Soccer @ Burns Oval

Teach your children well

FROM THE PRINCIPAL

Hi everyone - TCS - excellence and achievement!

Overall AEDC domain results for your school

Figure 2.2 – Social competence over time for your school.

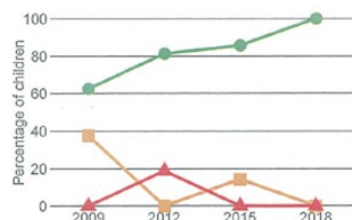
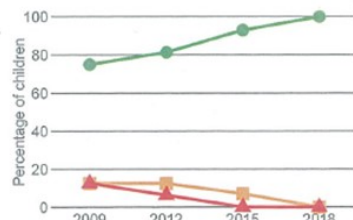


Figure 2.5 – Communication skills and general knowledge over time for your school.



The Australian Early Development Census is conducted by our staff every three years. There are huge advantages for schools, children and families when schools engage with the families and their communities before children commence school.

Trangie Central School works hard to support the successful transition from home to school for Kindergarten students and we do this with a specially designed and well-resourced Early Bird program. Our school is so committed to the benefits of this transition to school program that we commit a fully qualified teacher AND our AEO to ensure a quality program.

The benefits for schools and children include:

- Parents being better informed about how to support their child to thrive in the social and learning environment of the school;
- Parents becoming involved with the school early to help their children become active and engaged learners and
- Children feeling more connected with the school, environment and in turn settling into school more quickly when first attending.

Our Early Birds program has been running since 2010 and the results shown above for social competence and communication skills have seen a steady trend upwards until 100% of Early Birds demonstrate the required skills in this area. This is remarkable visual evidence of the success of our program.

Students who transition from the TCS Early Bird program into the TCS Kindergarten class do so seamlessly, with no downtime for settling in. They move directly into the Early Action for Success program and it does exactly what it says – it IS Early Action which definitely DOES give success.

Gifted and Talented programs

Public Speaking: Congratulations to the Primary students who performed so well at the CWA Public Speaking Competition last week. Zalia Terry, Cam Broughton, Remy Gleeson and Ella Day represented our school with pride. Our school is committed to developing the confidence of our students to speak to large groups with confidence. For this reason all our students are confident to speak in front of their class and their school and are not even intimidated when confronted with a room full of strangers. They will be supremely well prepared for life after school when faced with a job interview and coping with a job that requires customer relations.

Maths Extension: This year we have identified students in primary who we felt would benefit from some extension work in Mathematics. The wonderful benefits of being in a Central School are evident in such a case when we have staffed one of our secondary Mathematics teachers to spend time with a small group of targeted budding primary mathematicians.

Engineers without Borders

Another fantastic Central School opportunity has been the STEM program where Years 5 to 8 share the benefits of primary experience and secondary mathematics and science expertise. Our visiting engineers were very impressed with our program and with the level of thinking that had been developed in our students. They were very impressed and would like to have further interaction with our school in the future.

P&C

Don't forget that we have a P&C meeting scheduled for next Wednesday at 3.30pm in the library. Come along and have an input in your child's school. The P&C has had a huge impact on making improvements to our playground so come and have your say.

Finally

My door is and always has been open – whether you are happy, sad or mad. I need to know if we are not doing something right but I also need to know that you trust our motives and our intentions. Everything we do, every single day is for YOUR children. If we can do it better, tell us. Facebook is for cowards – so please tell us to our face!

All the best,
Anne Holden

Teach your children well

SECONDARY

Deputy Principal

Dimiti Trudgett

Head Teachers

Gary Hansen
Jessica Skinner
Kate Wilson
Ted Wright

Head Teachers' Report

Beat the Break Down.....one-step at a time

We are so proud to announce that our very own Troy Jones and Sarah Press, our welfare teachers in the Secondary, are taking part in the Beat the Breakdown 77km walk from Collie to Narromine in July, **in an effort to raise more awareness and funds for mental health and the non-profit organisation "Beat the Breakdown" after the success of last year.** Beat the Breakdown, is being spearheaded here in the shire by local man Billy Browning. Billy lost his dad to suicide and he organises a variety of workshops that focus on mental health and wellbeing, the brilliant "Tomorrow Man" series being the most recent.

The Tomorrow Man workshops (and Tomorrow Woman) have been held several times now at TCS, free of charge, thanks to Beat the Breakdown, the initiative that funds their visits. These workshops, from both a staff and students' perspective, are extremely valuable, insightful, and really do make a difference. If you want to help with their journey, you can donate via this link.

<https://hub.benojo.com/campaigns/beat-the-breakdown-walk?fbclid=IwAR1OPcRIkIGTsSN0X9GIYQMyvgvhX1e7Xq5rqg-I2umelbD4KREhbLtkWEw>

Week 7 Excursion Reminders

- Tuesday - Duke of Edinburgh Warrumbungle's Outdoor Recreation Camp
- Wednesday - WSSA Cross Country

CHS Touch Football

Congratulations to the Open boys Touch Football team who travelled to Dubbo with myself, Mark Haines and Blake Dennis to compete in the annual CHS tournament. The boys won 3 out of 6 games and named James Churchward as the Players Player of the day. Well done boys!

Jessica Skinner
Head Teacher

CHS U16's Touch Footy

On Wednesday 29th May, the U16s Boys and Girls Touch Football team travelled to Dubbo to participate in the CHS Central Schools Regional Gala Day. The teams started a bit slow in the freezing cold weather, unfortunately going down in both of their first games.

The boys team lost to a quick and agile Gulargambone team and a strong Dunedoo side. However, as the day progressed so did they as a team. The Trangie boys' team moulded together and came away with 4-3 win over Mendooran and 3-2 win against Warren.

As for the girls' team, they also had some tough games earlier in the day. They lost to Dunedoo and Molong, who have both been strong touch teams for a long time. As the girls played more games, they continued to improve. To finish the day they beat Coolah 1-0 and Mendooran 2-0.

Both teams played hard and fair all day despite cold weather and rain throughout the day. Their team work and effort earned them third place in their pools. Mr McDonald and myself were very proud of them all and look forward to next year!

Dimiti Trudgett
Deputy Principal

What is happening in 'The Nest'?

Next week is a quiet week in 'The Nest'. We have Ursula Ryan from the Royal Flying Doctor Service attending Wednesday to implement the Positive Lifestyle Program for our Stage 6 students. Ursula is here to assist students and their families around Drug and Alcohol issues. She is available by calling her on 0436 634649.



-OLOGY

THE STUDY OF...

<p>Biology the study of living organisms</p>	<p>Anthropology the study of human societies and cultures and their development</p>
<p>Technology the branch of knowledge dealing with engineering or applied sciences</p>	<p>Archaeology the study of human history and prehistory through the excavation of sites and the analysis of artefacts and other physical remains</p>
<p>Psychology the scientific study of the human mind and its functions, especially those affecting behaviour in a given context</p>	

Created for TCS by Ms Wilson
kate.wilson@tcs.nsw.edu.au

Assistant Principals' Report

Cross Country at Tullamore

Students who placed 1st-6th in their age groups at our school cross country competition were invited to represent our school at the annual Gobondery/NARRAF cross country event held in Tullamore. The Gobondery/NARRAF Sports district includes Warren CS, Narromine PS, Tottenham CS, Trundle CS, Tullamore CS and Peak Hill CS; so you can imagine the number of runners competing on the day.

The track proved challenging with a long uphill section, sticks, rocks and other obstacles. Our children all tried their best and showed great sportsmanship. There were some standout performances on the day and both Jock Kater and Charlie Morton have been invited to the Western Region Cross Country. We wish them further success!



Detention Warning! TCS is a uniform school.

Our uniform is inexpensive, available all year round from the front office and a clothing pool is available. Children who do not wear the correct uniform and do not have a note from home will now be given a lunch time detention. Get on board families. Please comply with the dress code of the school that you have chosen to enrol your child in.

Throughout Terms 2 and 3 children should be wearing their winter uniforms to school on Monday, Wednesday and Thursday. On Tuesday we have PE and Friday is Sports day, so please dress children in their sports uniforms on those two days only.



Girls	Boys
Winter tunic dress	Long grey school pants
Blue long sleeve shirt	Grey socks
Dark blue knee high socks or stockings	Black school shoes
Black school shoes	Blue shirt
Knitted or fleece jumper	Knitted or fleece jumper



PRIMARY

Assistant Principals

Jo-Anne Ellis
Jacky Murtagh

Reminders

- ♦ CWA Research poster project. Country - New Guinea. Due by end of Term 2.
- ♦ Premier's Spelling Bee - words available now. Competition in Term 3.
- ♦ Gobondery/NARRAF Soccer Gala Day - Friday 21st June - please bake a cake/slice for Year 6 Dinner fundraiser.



Primary Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday
Wk 6 3/6					Sporting Schools Rugby League Sessions Years 3-6 Primary Assembly 2.00pm-3.00pm 1/2 class room Everyone Welcome!
Wk 7 10/6	Queen's Birthday Holiday		PSSA Cross Country @ Geurie Good luck Jock & Charlie		Sporting Schools Rugby League Sessions Years 3-6
Wk 8 17/6	Lionel Phillips Art Workshops				G/N Soccer @ Trangie Details to come!
Wk 9 24/6	Moorambilla Recording Tour Have fun Troy!				Make Music Day (Mufti) Yrs K-12 Come dressed as your favourite musician!
Wk 10 1/7	CWA Posters due Western Instrument & Vocal Camp @ Lake Burrendong All Week 10	Term Two Assembly Yrs K-12 2.00pm MPSC Everyone Welcome!	NSW Primary Schools Chess Competition Selected students		



Trangie Central School



Early Bird Program 2019

2019 Enrolments Welcome!

Trangie Central School's Early Bird Program is designed to prepare children for Kindergarten.

When: Wednesdays

Where: Trangie Central School Primary Department

Time: 9:00 am to 12:00 pm

For further information and enrolment criteria, please contact Mrs Anne Holden (Principal) or the Primary School office on 6888 7578



Trangie Central School

Early Action for Success

As an Early Action for Success School, Trangie Central uses a targeted approach to improve students' performance in Numeracy and Literacy skills in their early years of schooling.

The Early Action for Success strategy involves:

- Early identification of the level of attainment in literacy and numeracy of each individual child (K-2).
- Differentiating teaching practice that focuses on the needs of the individual student.
- Using targeted interventions in literacy and/or numeracy according to need.
- On-going monitoring of student progress against the Literacy and Numeracy Learning Progressions.

At Trangie Central School we have the expectation that every student in our care will be actively engaged in meaningful, challenging and future-focused learning experiences to achieve and thrive as a learner.

- Early intervention is in place for students at risk.
- The expectations and targets for our students' learning are clearly communicated.
- Staff have a collaborative approach in decision making regarding specific and identified needs of our students.
- We have an Instructional Leader appointed who works alongside K-2 classroom teachers and contributes to school improvement agenda grounded in research and shared best practice.
- Classroom based professional learning is targeted and focuses on new and better ways of delivering public education.

Literacy and Numeracy



Teach your children well

PRIMARY

Assistant Principals

Jo-Anne Ellis
Jacky Murtagh

STAGE 2 LAKE BURRENDONG CAMP

Last Wednesday through to Friday, our Year 3 and 4 students participated in a school camp to the Lake Burrendong Sport and Recreation centre. The aim of this camp was to develop teamwork, co-operation and leadership skills while challenging the children with demanding physical tasks.....and what a successful time they all had!

Ms Rowley and I were very impressed with the students' behaviour and the caring attitude they demonstrated towards each other. Some of the events were very daunting for the children and it was terrific to see how positively they approached new things. This was a great group of kids to spend time with and the value of forging strong relationships and understanding each other more fully is enhanced so much by sharing positive experiences like school camps. Well done to the students for being responsible, kind and willing to learn.

Jacky Murtagh
Assistant Principal



Teach your children well

PRIMARY

Assistant Principals

Jo-Anne Ellis
Jacky Murtagh

Early Action for Success!

This year one of the Early Action for Success learning projects Trangie staff are involved with is "Working with Big Ideas in Number". Last week we were very fortunate to have Ms Michelle Tregoning, numeracy co-ordinator for Early Action for Success, and Mrs Lucy Evans, relieving numeracy advisor for Early Action for Success, visit our school. They had Year 1/2 children working on number sense activities and the room was buzzing as children played games and solved problems. Since the visit there has been lots of follow up in classrooms and already staff are seeing children beginning to apply some of the skills covered.

Jo Ellis
Year 1/2 Teacher/Assistant Principal



INTEREST GROUPS COOKING



Teach your children well



5 April 2019

Daily lessons in resilience for kids

RESILIENCE



by Michael Grose

Recently, I saw a mother give a simple, yet profound resilience lesson to her three year old. The toddler fell into his dog's bowl, saturating his t-shirt and giving himself a fright. His mum quickly helped him saying, "Oh well!" The three-year-old bravely parroted his mother, saying, "Oh well!" and dashed off to play.

Adult reactions matter

It's in our reactions to these and other every day mistakes, mess-ups, muck-ups and hurts where the big lessons in resilience are taught and reinforced.

The lessons for the three-year-old were simple but profound. "Oh well" meant:

- *Stuff happens*
- *Don't look for fault or blame*
- *Keep your perspective*
- *Pick yourself off and continue with what you were doing*

How to react

The resilience lesson for this mother was equally as profound. When a minor mishap with a child or teenager occurs:

- *Match your response to the incident*
- *Stay calm and be positive*
- *Don't look for fault or blame*
- *Remember, stuff happens*

Resilience lesson for parents – "Oh well"

Every day there are opportunities for parents to give their children lessons in resilience.

A child misses being picked for a team that he had his heart set on joining. *"Oh well. Let's see how you go next time."*

When a boy experiences rejection in the playground at school. *"Oh well. You'll find that some people don't want to be your friend."*

When a teenage girl doesn't get the mark she thinks she deserves in an assignment. *"Oh well. Sometimes we don't get the marks we think we deserve."*

Match your response to the challenge to promote resilience

There are times when "Oh well" won't cut it.

When a child is bullied he needs your continued support.

When a student's continuous efforts at improvement are constantly met with criticism then you may need to act on his behalf and meet with a teacher.

When a child always struggles to make the grade and is never picked for a team then you may need to help him make different choices.

These types of situations also present opportunities for daily lessons in resilience, but they require more parental support and teaching.

The resilience lessons learned are deeper and include concepts such as 'things will eventually go your way,' 'there are times when you need to seek help' and 'this too shall pass.'

Promoting personal resilience focuses on helping kids cope with life's hurts, disappointments and challenges in the present, while building strengths for the future.

Daily lessons in resilience are everywhere. You need to be ready to make the most of these valuable lessons when they come your way.

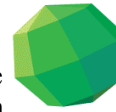
"Every day there are opportunities for parents to give their children lessons in resilience. Promoting personal resilience focuses on helping kids cope with life's hurts, disappointments and challenges in the present, while building strengths for the future."

SHARE THIS

WHOLE SCHOOL

STEM

Last week we were lucky enough to have a group of 8 engineers visit the school from the organisation “Engineers without Borders”. They ran workshops for the students focused around renewable energy, where students created designs for wind turbines, as well as a workshop on how to build a raft which would hold the greatest amount of marbles before sinking.



**engineers
without borders
australia**

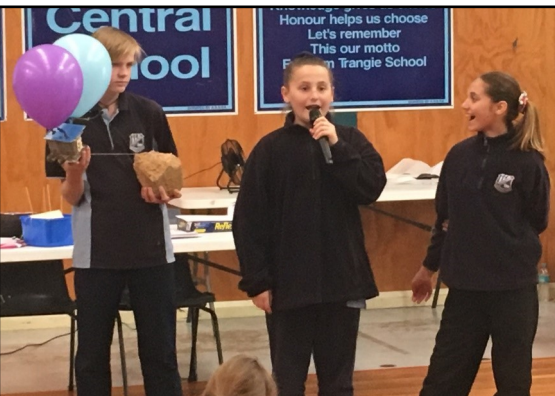
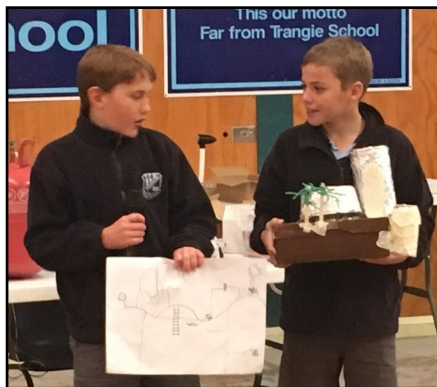
While these engineers were in the school, we capitalised on their expertise and got them to help judge the student projects which have been constructed over the last few weeks. These projects were focused on creating a building structure which could endure a cyclone, bushfire or flood, and survive. We had a lot of great ideas go into these projects, and last week saw each group of students present these ideas to the whole of the STEM class, gaining peer practice on a microphone, and skills in being able to justify the ideas which were selected. I was so impressed to hear the excellent questioning which our students came up with to ask their peers, with regards to their projects. I was equally impressed with all our students' ability to think on their feet and respond to the questions and take on the feedback. Each group then had to take their project and present it to 6 engineers, who further questioned them and gave them “real world” feedback on their projects. It was a very rich learning exercise for all of us.



At the end of the day, we asked the engineers for feedback ourselves regarding our STEM curriculum and how we could make it a richer experience for students. We gained some important ideas for incorporation into the next project, as well as validation that we are on the right track and that our students had a good grounding in their critical and creative thinking, as well as being able to reason their arguments and take on board peer feedback to use in the next phase of their questioning.

Completed STEM projects from this unit can be seen in the Newsagency window display.

Gary Hansen
Head Teacher



SPORTS

ATHLETICS CARNIVAL RESULTS

Primary Boys

Junior - Phoenix Fahey
Intermediate - Jock Kater
Senior - Charlie Kerr

Primary Girls

Junior - Carmen Su
Intermediate - Piper Mitchell
Senior - Ella Day

Secondary Boys

Junior - Jayden Dunn
Intermediate - Benjamin Cook
Senior - Benjamin Thornton

Secondary Girls

Junior - Haleigh McCarney
Intermediate - Tayla Piper
Senior - Bonnee Morton

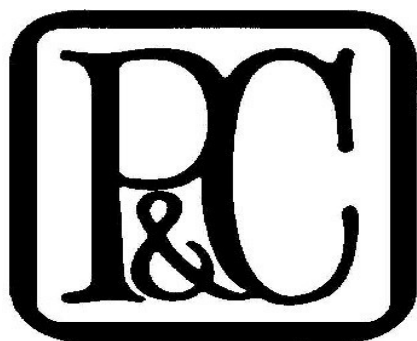
HOUSE RESULTS

Dandaloo 145

Bundemar 135

Widgeree 90

PARENT INFORMATION



P&C Meeting

Wednesday 12th June 2019

3.30pm - TCS library

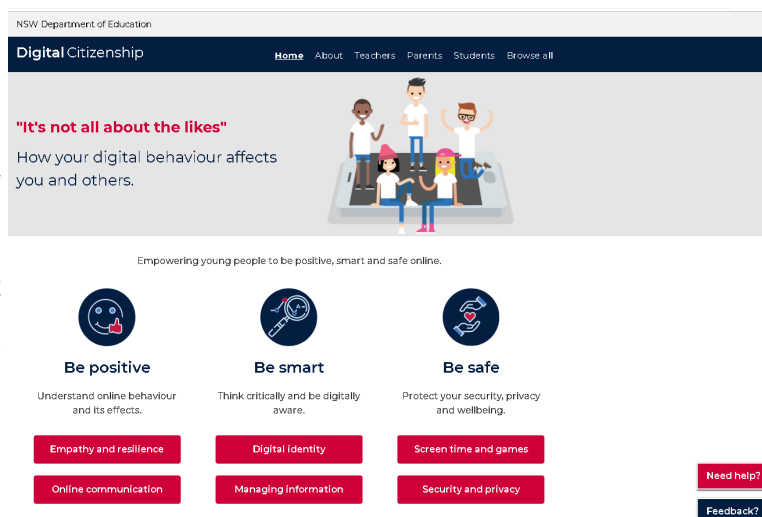
Children are welcome!
Netflix will be available for kids to watch while the meeting is on.

NSW Department of Education Digital Citizenship

The NSW Department of Education has recently launched the new Digital Citizenship website.

It's goal is to empower students, parents and teachers with practical advice, based on current research, to guide them in making informed decisions about how children and young people engage and conduct themselves online.

www.digitalcitizenship.nsw.edu.au



ICAS ASSESSMENTS™

Online ICAS payment for parents

Simplify your school's ordering process

Register now!

Trangie Central School is now registered for the UNSW Global Parent Payment System.

The Parent Payment System is a simple and secure online payment service specifically for parents to purchase ICAS Assessments.

Parents can access this service by typing unsw.global/parentpay into a browser using the unique access code below.

TCS Unique Access Code: 6ead29be90

JOIN OUR CODE CLUB

Trangie Code Club is a free, fun, 3 week program for students in Year 3 to Year 6.

Come along to learn how to create your own Augmented Reality experiences using the program Metaverse.

When: Thursdays 3.30pm - 4.30pm

30 May - 13 June 2019

Where: Trangie Library

Bookings required: 6888 7501



ABORIGINAL AND TORRESS STRAIT ISLANDER

MENTAL HEALTH FIRST AID COURSE

For Carers

TRANGIE BOWLING CLUB

Tuesday the 25th and Wednesday the 26th of
June 2019

9:30am - 3pm

Morning tea, lunch and afternoon tea will be
provided

This is a 14-hour AMHFA Course teaches Aboriginal or Torres Strait Islander adults (18 years and over) how to provide Mental Health First Aid to friends and family.

This course has been culturally adapted for the Aboriginal and Torres Strait Islander community and is taught by Aboriginal and Torres Strait Islander Instructors. The course teaches first aid skills for helping Indigenous people experiencing a mental health crisis, mental health problems or the early stages of mental illness.

Participants will learn the signs and symptoms of mental health problems, where and how to get help and what sort of help has been shown by research to be effective.

You will be given a copy for the AMHFA Manual.

Please RSVP to April by Thursday the 13th of June

or for more information please contact

April by calling 6889 4932 or emailing aallen@ccwf.org.au.



TRANGIE BOWLING CLUB—8 FREE SESSIONS

TUESDAYS 3.15 to 4.15 : 7th May to 25th June

**ZUMBA, Belly Belts, Parachutes, Peacock Feathers, Drum
Stick Dances, Fitness Fun & more ! ALL WELCOME**



Communities for Children : Ann-Louise Mobile: 0400 828 984

als@narrominecommunityskills.com.au

FACEBOOK: Communities for Children Narromine



Teach your children well