



# Trangie Central School Newsletter 13th June 2019 Term 2 - Week 7



## SCHOOL INFORMATION

### Address:

Derribong Street  
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Trangie 2823

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### Email:

trangie-c.school@  
det.nsw.edu.au

### Website:

www.trangie-  
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### Principal:

Anne Holden

### Deputy Principal:

Dimiti Trudgett

### Head Teachers:

Gary Hansen  
Jessica Skinner  
Kate Wilson  
Ted Wright

### Assistant Principals:

Jo-Anne Ellis  
Jacky Murtagh

### Welfare Coordinator:

Cheryl Rowley

### School Admin Manager:

Jaye Milgate

## Parents & Citizens Association

### President:

Kimble Appleyard

### Vice President:

Holly Anderson

### Secretary:

Emma Roberts

### Treasurer:

Jaye Milgate

## P & C Meeting

Wednesday  
7th August 2019  
3.30pm  
TCS library

# PRIMARY INTEREST GROUPS



# ABORIGINAL ART

## What's On

Wk 8	17/6	Lionel Phillips Art Workshops @ TCS
	20/6	Secondary Schools Student Leadership Program @ Sydney
	21/6	Gobondery/NARRAF Soccer Gala Day @ Burns Oval 9.30am-2.30pm
Wk 9	26/6	Yr 12 PDHPE Online Study Day @ TCS
	27/6	Yrs K-8 '3 Experiments That Changed the World' @ TCS 9.30am-10.30am
	27/6	Central Schools Opens Netball - details to come!
	28/6	Yrs K-12 'Make Music Day' (Mufti) - come dressed as your favourite musician!

Teach your children well





TRANGIE  
•••• CENTRAL ••••  
SCHOOL

# MADD SPRING FAIR

FRIDAY  
13TH SEPTEMBER 2019

**STALLS WANTED**

NO FOOD STALLS REQUIRED

\$20 per stall

If you would like to apply  
for a stall, please contact  
the school on 6888 7578.

Made with PosterMyWall.com

# FROM THE PRINCIPAL

## *Hi everyone - TCS - Sing, Play, Create, Calculate!*

### **High Potential and Gifted Policy**

This term the Department of Education has released a High Potential and Gifted Policy and it is very reassuring to know that we are ahead of the game as is so often the case. We have a strong focus on supporting those who need extra help and fund a teacher's aide in each primary class and several secondary ones to do this effectively. What we also do, however, is identify any student who demonstrates potential or giftedness in a wide range of areas to ensure that these talents do not go undeveloped. We have sport, dance, choir, instrumental music, boxing, robotics and programming to name but a few.

**Curriculum Extension:** Students can also identify an area in the curriculum that interests them and by accessing the opportunities available at Dubbo School of Distance Education individuals can follow their own interests, skill or passion. For example we have a Year 10 student, Andreas Gordon, who is studying Graphics Technology this year after successfully studying Software and Design last year. Of course students wishing to study independently must first show that they have the maturity and dedication to work independently but this opens up the chance to study a language perhaps or subjects a little out of the ordinary.



**Maths Extension:** This year we have identified students in primary who we felt would benefit from some extension work in Mathematics. The wonderful benefits of being in a Central School are evident in such a case when we have staffed one of our secondary Mathematics teachers to spend time with a small group of targeted budding primary mathematicians.



**Instrumental Music:** At TCS we continue to commit resources to ensure that as many students as possible have access to music opportunities. It is a proven fact and something that as a keen musician I have always believed, that music has the power to create wellbeing in students and to improve academic results.



### **School Spectacular Success**

Amazing news this week – we have gained places in both the Aboriginal dance ensemble for School Spectacular AND also for the first time we have secured 11 places in the School Spectacular for choir. Our dancers have participated for many years but this is the first time we have been successful with our choir. If we fill all the places, we will have nearly 20% of our whole secondary school either singing or dancing. Well done to the choir and Miss Roberts. How utterly awesome!!

### **Exciting Technology**

A very exciting addition to our technology resources arrived a short time ago. These 3-D printers are a big success with our budding technology specialists. Sonny has printed wheels for his car and they even have tread!

The STEM program, where students from Year 5-8 have the Central School advantage of secondary science knowledge and experience combine with the scientific background and creativity of our primary team members – what a winning combination.



**Teach your children well**



# FROM THE PRINCIPAL

## Suggestion Box

In order that we can give everyone in our community a voice as to how we can improve our school we have placed a suggestion box and some slips on each side of the school. Let us know if you have a brilliant idea, we would love to hear it.

We have included all members of the community, staff, students, parents and community members so that everyone feels that they have had the opportunity to have a say. This way we can be as good as it is possible to be.



...TRANGIE-CENTRAL-SCHOOL¶

DATE: 9/

## ...SUGGESTIONS

At Trangle Central School we are committed to continual improvement. The opinions of our students, staff and community are important to us. If you have a suggestion of how we can improve our school in any way, we would love to hear. Suggestion slips and collection boxes can be found in both Primary and Secondary offices. Slips will also be sent out on request. ¶

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Staff¶

Student¶

Parent¶

Community¶

My suggestion for improvement is: 1

## Healthy Canteen

Our school is working hard to comply with the Healthy Canteen Guidelines and we are heading very successfully towards the end of 2019 deadline. I would like to thank Lea McKinnon for her work in ensuring that our menu is healthy and compliant with the stringent requirements regarding fat, sugar and salt.

Our school employs a member of staff to run the canteen and staff it so that our students have access to a canteen for both lunch and recess five days a week. Students at our school do not have to rely on the unpredictability of volunteers and we try our best to provide a good service. Please assist us by supporting our canteen whenever possible. We aim for the canteen to be self-sufficient but it rarely is.

# THANKYOU

Big, big TCS thank you must go to the Trangie Action Group for their very generous donation of \$1000 to the TCS Tertiary Opportunity Prize. This prize was awarded for the first time last year to support the student in their tertiary studies. This prize can be used to pay for accommodation or books and other study requirements. Meegan Seymour and Maddie Wallace were the joint recipients last year and we have several very worthy contenders for this year who have university firmly in their sights.

Also we would like to thank the Uniting Church Fellowship for their donation of \$100 to go towards our Breakfast Club. This ensures that children who did not have breakfast before they came to school do not have to start the day on an empty stomach. We really do appreciate the support.

## TCS App

Shortly we will be changing our school App. Our current App is not functioning and so we are forced to make a change. We have just implemented Sentral to manage attendance, wellbeing, behaviour, merits etc and so we will remain consistent and use the Sentral App once we have learned what it will do and how we can use it to the best effect. This new App is much more flexible and will support the sending of text messages for notifications like excursions and also allow parents to have access to their child's report. We will keep you informed.



## Thumbs Up

A TCS thumbs up to Andrew Cayzer and his caravan park for doing a great kindness. Our TCS family would like to extend a big thank you. We all really appreciate your generosity.

I firmly believe that good things come to good people.

## Finally .....

My door is and always has been open – whether you are happy, sad or mad. I need to know if we are not doing something right but I also need to know that you trust our motives and our intentions. Everything we do, every single day is for YOUR children. If we can do it better, tell us.

Facebook is for cowards – so please tell us to our face!

All the best,  
*Anne Holden*






























**Staff Smile of the Week (Week 6)**



 Goes to Debbie for going above and beyond to help
 


 others. You are a great asset to this school!
 





























**TCS – Where we create,  
we design, we collaborate!**

## Teach your children well



# SECONDARY

## Deputy Principal

Dimiti Trudgett

## Head Teachers

Gary Hansen  
Jessica Skinner  
Kate Wilson  
Ted Wright

## Head Teachers' Report

### School Spectacular

A huge congratulations to The Aboriginal Dance Group and the Trangie Central School Choir who both successfully gained positions into this year's School Spectacular. This is the first year that we have applied to the choir section and under Miss Roberts, guidance students were able to gain 11 positions. Congratulations to both groups we are so proud of your achievements.

### Rugby Union Waratah Cup

Today we have Jayden Greenwood, Brock Kilgour and David Barclay who will travel with Narromine High School to compete in the Waratah Cup in Dubbo. We wish you all good luck and look forward to hearing of your experience on your return.

### Art Workshops with Lionel Phillips

On Monday the 17<sup>th</sup> selected art students and Mr Jones will participate in the art workshops run by local Aboriginal man Lionel Phillips. Lionel has some amazing art pieces for sale at the Wungunja Cultural Centre and we are so lucky to have his assistance in creating our new art piece for the school.

### Student Leaders

Next Thursday our school leaders will be attending the Secondary Schools Student Leadership program in Sydney. This is an exciting program that we are sure both Karly Edwards and Morgan Adams will enjoy. Have fun girls.

## What is happening in 'The Nest'?

- Tonight at 4.30pm at Noel Powell Ovals in Narromine there is a junior rugby league clinic run by the True Blue Legends Ben Elias and Mark O'Meley for an important message about road safety and The Knock On effect, held by NSW Rugby League and partnered with Transport for NSW. Along with this, the two will also run a skills and drills clinic.
- We will now run breakfast club on the secondary side for students. Breakfast provides students with the energy needed for quality learning, it improves alertness, concentration, mental performance and memory. Thank you to TCS staff and the SRC who will lead this.

### Jessica Skinner - Head Teacher



### WSSA/PSSA Cross Country

Yesterday, a group of dedicated runners from Trangie Central School attended the Western School Sports Association Cross Country Trials at Geurie. Our students represented the school with pride in their behaviour and competitive spirit. Jayden Dunn put in an exceptional effort over three kilometres to place fourth overall. All of our competitors tried their best and that's always our expectation. The event was organised and ran smoothly, so we'd like to express our gratitude to the organisers.

*Scott McDonald & Penny Stoneman*

### NSW Junior Chess League Secondary Schools Competition - Round 3

Our Secondary Chess team played against Dunedoo Central School last week at Dubbo Macquarie Regional Library. We lost 3-1 in this round, but well done to Millicent Boland for stepping in at the last minute and winning her game.

*Ms Ebsworth*  
*Chess Coordinator*



Teach your children well

# SECONDARY

**Deputy Principal**

Dimiti Trudgett

**Head Teachers**

Gary Hansen

Jessica Skinner

Kate Wilson

Ted Wright

## Literacy at TCS

### Fortnight Focus

The remainder of this term is focussed on those pesky little guys... apostrophes! Last fortnight was *apostrophes of omission* to create contractions, and now we're looking at *apostrophes of possession*. These words come up frequently in everyday language and writing, and so it is essential that we get them right, to make sure that our meaning is clear.

So often, we see apostrophes not only where they should be (hooray!), but also where they shouldn't (uh-oh)... Verb forms ending in *s* and plural nouns never (ever *ever*) need an apostrophe, but we see them around us so often that we start to think it might be correct! But if we understand the role that apostrophes play in contractions and possessive nouns, hopefully we can see why they are unnecessary elsewhere.

**Kate Wilson**

**Head Teacher**

USING LANGUAGE PURPOSEFULLY

## Apostrophes OF OMISSION



### WHAT IS A CONTRACTION?

A contraction is a shortened form of a word (or group of words) that omits certain letters or sounds.

### WHAT DOES THE APOSTROPHE DO?



In a contraction, an apostrophe represents missing letters.

*you are*  
=  
*you're*

### COMMON CONTRACTIONS

The most common contractions are made up of verbs, auxiliaries, or modals attached to other words.

### WHAT ARE SOME EXAMPLES?

A contraction is a shortened form of a word (or group of words) that omits certain letters or sounds.

*Could've*  
**WE'LL**



### REMEMBER!

There is no such thing as "could of", "would of", or "should of"!

COMPILED BY MS WILSON  
SOURCE/S:

<https://www.grammarly.com/blog/apostrophe/>  
<https://www.quickanddirtytips.com/education/grammar/apostrophe-catastro>

## APOSTROPHES OF POSSESSION

Helping us make sense of the world

### OWNERSHIP FOR SINGLES

To show possession by one owner, add an apostrophe and the letter *s* to the owner:



The giraffe's horns

### PLURAL POSSESSIVES

The plurals of most English nouns already end with the letter *s*. To show ownership, all you do is add an apostrophe after the *s*:



The cheetahs' spots

### PLURAL POSSESSIVES

*Children* is an irregular plural. To show ownership for an irregular plural, add an apostrophe and then the letter *s*:



The children's smiles

### THE BOTTOM LINE



All of these phrases include nouns that express ownership. Think of the apostrophe as a little hand, holding on to an *s* to indicate ownership or possession.

COMPILED BY MS WILSON FOR TCS

<https://www.dummies.com/education/language-arts/grammar/using-apostrophes-to-show-possession/>





## Explore

My career profile activities  
Occupation/course search  
Case studies  
Career bullseyes  
Career insights

358  
Occupational  
group profiles

Approx.  
15,000  
higher education and  
vocational education and  
training courses

Join over  
600,000  
registered users



Education  
Services  
Australia

## What is myfuture?

myfuture is Australia's National Career Information Service. It assists career planning, career pathways and work transitions by providing information and support for career development for students, and additional resources for those who support or influence career choices.

myfuture's theoretical underpinning is inspired by the DOTS (Decision learning, Opportunity awareness, Transition learning, Self awareness) model of career education (Law and Watts, 2015). It brings together data from 358 occupational group profiles from Australian and New Zealand Standard Classifications of Occupations (ANZSCO) and over 15,000 higher education and vocational education and training (VET) courses to provide a complete picture of opportunities.

### Features for students

To help develop career decision-making skills, students can complete short online activities in *My career profile* that help identify their interests, skills and values to generate a results summary and suggested occupations along with links to courses related to the occupations. Students can also explore prospects and pathways, and read case studies and career insight articles.

### Features for teachers and career practitioners

The *Assist others* page is a dedicated section of the site for teachers and career practitioners that includes teacher resources to help build students' career development awareness. myfuture is here to support you in your role to encourage and provide options to young people entering study and work.

### Features for parents and carers

The *Assist your child* feature page contains articles that can assist parents and carers to begin the conversation with their child about the world of work.

### How to access myfuture

Visit [www.myfuture.edu.au](http://www.myfuture.edu.au)

Register for *My career profile* or explore the *Assist others* section, and sign up for newsletters to receive timely and relevant career information for students, teachers and careers practitioners.



/findingmyfuture



@myfutureAU



myfuture\_australia

careers@esa.edu.au

[www.myfuture.edu.au](http://www.myfuture.edu.au)

## Assistant Principals' Report

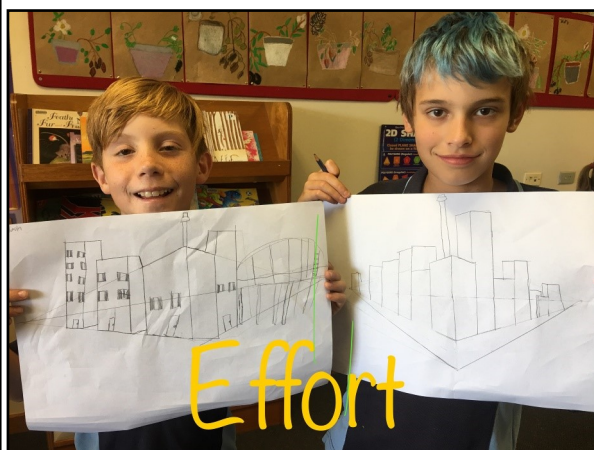
### Teaching Life Skills

Your child's day at school involves more than just learning how to use apostrophes appropriately and how to convert mixed numbers into fractions. School is a place where children develop their social skill set and learn to consider the needs of other people. We are all part of a community and as such, we must learn how to work together and get along.

For some students this can be tricky whilst for others emotional intelligence comes easily. School and home can work together to help develop social skills within our students. Common courtesy like using nice manners, taking turns and helping others, all begin in the home. Parents can help their children master these important skills by modelling appropriate behaviour, pulling your child up if they aren't displaying courteous behaviour and encouraging your child to find fair solutions to problems.

At school we try to provide many opportunities for children to develop their social skills. In class students learn to work co-operatively in groups, they learn to trust and rely on each other and are often encouraged to use their own initiative to solve problems. Life skills such as perseverance, responsibility, courage and effort are regularly practised.

The following tips from Australia's 'Raising Children Network' may give you some further ideas when helping your children develop these important life skills;



#### 1. Be a role model

Use your own behaviour to guide your child. Your child watches you to get clues on how to behave – and what you do is often much more important than what you say. For example, if you want your child to say 'please', say it yourself. If you don't want your child to raise her voice, speak quietly and gently yourself.

#### 2. Show your child how you feel

Telling your child honestly how his behaviour affects you helps him see his own feelings in yours. And if you start sentences with 'I', it gives your child the chance to see things from your perspective. For example, 'I'm getting upset because there is so much noise that I can't talk on the phone'.

#### 3. Catch your child being 'good'

When your child is behaving in a way you like, give her some positive feedback. For example, 'Wow, you're playing so nicely. I really like the way you're keeping all the blocks on the table'. This works better than waiting for the blocks to come crashing to the floor before you take notice and say, 'Hey, stop that'.

#### 4. Get down to your child's level

When you get close to your child, you can tune in to what he might be feeling or thinking. Being close also helps him focus on what you're saying about his behaviour. If you're close to your child and have his attention, you don't need to make him look at you.

#### 5. Listen actively

To listen actively, you can nod as your child talks, and repeat back what you think your child is feeling. For example, 'It sounds like you feel really sad that your blocks fell down'. When you do this, it can help young children cope with tension and big emotions like frustration, which sometimes lead to unwanted behaviour. It also makes them feel respected and comforted. It can even diffuse potential temper tantrums.

#### 6. Keep promises

When you follow through on your promises, good or bad, your child learns to trust and respect you. She learns that you won't let her down when you've promised something nice, and she also learns not to try to change your mind when you've explained a consequence. So when you promise to go for a walk after your child picks up her toys, make sure you have your walking shoes handy. When you say you'll leave the library if your child doesn't stop running around, be prepared to leave straight away.





# PRIMARY

## Assistant Principals

Jo-Anne Ellis  
Jacky Murtagh



### **7. Create an environment for good behaviour**

The environment around your child can influence his behaviour, so you can shape the environment to help your child behave well. This can be as simple as making sure your child's space has plenty of safe, stimulating things for him to play with. Make sure that your child can't reach things he could break or that might hurt him. Your glasses look like so much fun to play with – it's hard for children to remember not to touch. Reduce the chance of problems by keeping breakables and valuables out of sight.

### **8. Choose your battles**

Before you get involved in anything your child is doing – especially to say 'no' or 'stop' – ask yourself if it really matters. By keeping instructions, requests and negative feedback to a minimum, you create less opportunity for conflict and bad feelings. Rules are important, but use them only when it's really important.

### **9. Be firm about whining**

If you give in when your child is whining for something, you can accidentally train her to whine more. 'No' means 'no', not maybe, so don't say it unless you mean it.

### **10. Keep things simple and positive**

If you give clear instructions in simple terms, your child will know what's expected of him – for example, 'Please hold my hand when we cross the road'. And positive rules are usually better than negative ones, because they guide your child's behaviour in a positive way. For example, 'Please shut the gate' is better than 'Don't leave the gate open'.



### **11. Give children responsibility – and consequences**

As your child gets older, you can give her more responsibility for her own behaviour. You can also give her the chance to experience the natural consequences of that behaviour. You don't have to be the bad guy all the time. For example, if it's your child's responsibility to pack for a sleepover and she forgets her favourite pillow, she'll have to manage without it for the night.

At other times you might need to provide consequences for unacceptable or dangerous behaviour. For these times, it's best to ensure that you've explained the consequences and that your child has agreed to them in advance.

### **12. Say it once and move on**

If you tell your child what to do – or what not to do – too often, he might end up just tuning out. If you want to give him one last chance to cooperate, remind him of the consequences for not cooperating. Then start counting to three.

### **13. Make your child feel important**

Give your child some simple chores or things that she can do to help the family. This will make her feel important. If you can give your child lots of practice doing a chore, she'll get better at it, feel good about doing it, and want to keep doing it. And if you give her some praise for her behaviour and effort, it'll help to build her self-esteem.

### **14. Prepare for challenging situations**

There are times when looking after your child and doing things you need to do will be tricky. If you think about these challenging situations in advance, you can plan around your child's needs. Give him a five-minute warning before you need him to change activities. Talk to him about why you need his cooperation. Then he's prepared for what you expect.

### **15. Maintain a sense of humour**

It often helps to keep daily life with children light. You can do this by using songs, humour and fun. For example, you can pretend to be the menacing tickle monster who needs the toys picked up off the floor. Humour that has you both laughing is great, but humour at your child's expense won't help. Young children are easily hurt by parental 'teasing'.



Teach your children well



# PRIMARY

## Assistant Principals

Jo-Anne Ellis  
Jacky Murtagh



### **Andy Lee's Books Distributed!**

Our students were very excited on Tuesday when each family received a signed copy of Andy Lee's newest book. The giant activity pads were kindly awarded to our school as a result of Mrs Corcoran's entry into a 'meet the author' competition. Here are a few thank you notes written by our Year 4/5 children,.

"Dear Andy Lee, Thank you for the GIANT activity pad. I can't wait to do the fun activities in the book. They look amazing! I think my favourite page is maybe where the page is black and we have to use white or brightly coloured pencil to draw the blue guy's body."

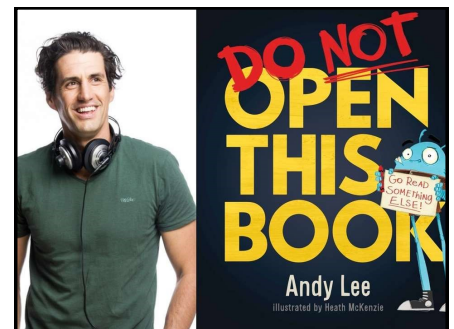
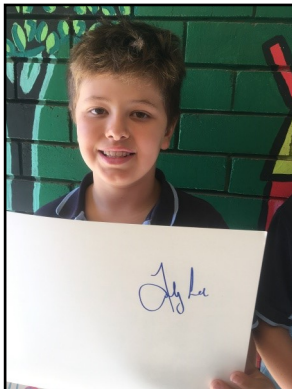
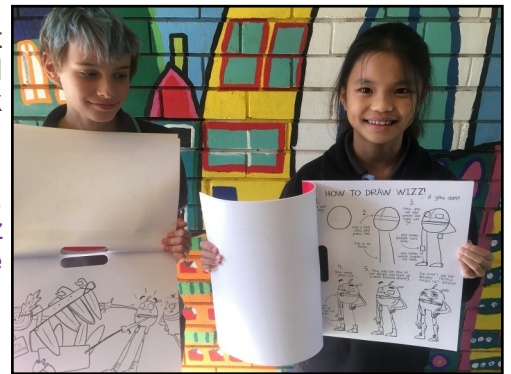
**Zalia Terry**

"Dear Andy Lee, I'm writing to thank you for the 'Do not open this Giant Activity Pad.' I am looking forward to doing it and I hope you do come to our school, Trangie Central School. It's the best school because we make friends and help each other out. **From Christian O'Neill PS.** You are my favourite author."

"Well I would like to say thank you for making a 'Do not open this activity Pad because I think it's very funny. I think you're great at writing children's books and creating characters in your books that are funny. I'm very excited to start the activity pad." **Carmen Su**

"Thank you Andy Lee for giving me this wonderful activity book. It was very thoughtful of you. I look forward to finishing the book. It will take so much time to complete that you may just have another book out!" **Kestrel**

"Dear Andy Lee, Thank you so much for sending us all of these cool, creative and funny colouring in books. I can't wait to colour in Wizz and to learn how to draw him. I am a huge fan of yours and I like watching you on TV. PS Do not read this." **Cam Broughton**



### **Reminders**

- ♦ Make Music Mufti Day (Friday-Week 9) - come dressed as your favourite musician - Gold coin donation - organised by SRC.
- ♦ CWA Research poster project. Country - New Guinea. Due by end of Term 2.
- ♦ Premier's Spelling Bee - words available now. Competition in Term 3.
- ♦ Gobondery/NARRAF Soccer Gala Day - Friday 21st June - please bake a cake/slice for Year 6 Dinner fundraiser.



Teach your children well



# PRIMARY

## Assistant Principals

Jo-Anne Ellis  
Jacky Murtagh

### **Detention Warning! TCS is a uniform school!**

Children who do not wear the correct uniform and do not have a note from home will now be given a lunch time detention.

- \* Our uniform is inexpensive
- \* Available all year round from the front office
- \* Clothing pool is available.

Get on board families. Please comply with the dress code of the school that you have chosen to enrol your child in.



Girls	Boys
Winter tunic dress	Long grey school pants
Blue long sleeve shirt	Grey socks
Dark blue knee high socks or stockings	Black school shoes
Black school shoes	Blue shirt
Knitted or fleece jumper	Knitted or fleece jumper

### **Primary Calendar**

	Monday	Tuesday	Wednesday	Thursday	Friday
Wk 7 10/6					Sporting Schools Rugby League Sessions Years 3-6
Wk 8 17/6	Lionel Phillips Art Workshops				G/N Soccer @ Burns Oval Yrs 3-6 9.30am-2.30pm Yr 6 Cake Stall fundraiser
Wk 9 24/6	Moorambilla Recording Tour Have fun Troy!			'3 Experiments That Changed the World' Yrs K-8 9.30am-10.30am	Make Music Day (Mufti) Yrs K-12 Come dressed as your favourite musician! Gold coin donation
Wk 10 1/7	CWA Posters due Western Instrument & Vocal Camp @ Lake Burrendong All Week 10	Term Two Assembly Yrs K-12 2.00pm MPSC Everyone Welcome!	NSW Primary Schools Chess Competition Selected students		Last Day for Term 2. Have a great holiday!
Wk 1 22/7	SDD	Students Return for Term 3.			

**Jacky Murtagh**  
*Assistant Principal*

### **Western Region Cross Country**

On the 12th June, I went to Geurie to compete in the Western Region Cross Country. My mum took me and when we got there we walked the course. I noticed that there were many pot holes, the track was dirt and it was set around the race track. There was a small hill. I knew quite a few of the other kids. I had to wait for about twenty minutes before my race. We went to the start and I saw that there were around forty boys in my race. Our race started at a really fast pace and there was lots of jostling for position. I was mostly in the middle. I felt really puffed when I was running. I had a really big stitch and felt like it was very hard and I couldn't imagine making it to the end! Luckily I persevered and made it to the finish line. I enjoyed the experience, but still prefer my favourite sports which are football and swimming. Hopefully I'll make it away again next year.

**By Jock Kater**  
*Year 4/5*



**Teach your children well**



# PRIMARY

## Assistant Principals

Jo-Anne Ellis  
Jacky Murtagh

# Year 3/4



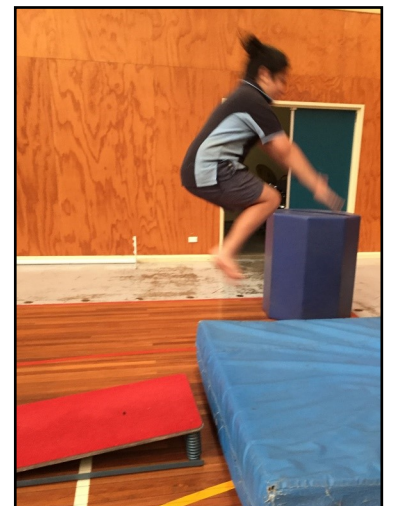
Year 3/4 have been developing their skills in gymnastics which is a requirement of the PDHPE syllabus. Our students have enjoyed every session and look forward to our class each week.

Gymnastics has been linked to physical literacy as it develops a child's fundamental movement skills and provides a sound basis for further skill development across all sports.

Year 3/4 students have been learning to put together a sequence of movements (travel, leaps, rolls and cartwheels) which they will be assessed on in Week 10.

They are required to listen, problem solve, make decisions and prepare to take controlled risks in a safe controlled environment. Gymnastics promotes all-round development, muscular strength, joint flexibility, balance, coordination and core strength required for everyday living.

**Alissa Miller**  
**Year 3/4 Teacher**



Teach your children well



# PARENT INFORMATION



## Chicken Pox Alert



TCS has received notification that one of our Secondary students has been diagnosed with Chicken Pox.

If you are concerned, please consult your doctor or the hospital.

### Infectious Disease Information - Chicken Pox

*Time from exposure to illness*  
2 to 3 weeks

*Symptoms*  
Slight fever  
Runny nose  
Rash - pink spots that blister

*Do I need to keep my child at home?*  
YES - for 5 days after the rash appears and until all blisters have scabbed over.

*How can I help prevent spread?*  
Immunisation



## CANTERBURY TRACK PANTS

*(must be navy with navy writing)*

Now available from  
Brad's Wear in  
Warren or Nyngan  
for just \$69.95.  
(Mention Trangie Central School  
for this discounted price.)

Orders with payment can  
be placed through school  
by phoning 6888 7578.

# JOIN OUR CODE CLUB

Trangie Code Club is a free, fun, 3 week program for students in Year 3 to Year 6.

Come along to learn how to create your own computer games and animations with Scratch the programming language for beginners.

When: Thursdays 3.30pm - 4.30pm

20 June - 4 July 2019

Where: Trangie Library

Bookings required: 6888 7501



## TRANGIE MAGPIES

V's



## COBAR ROOSTERS

15th JUNE



ALAN BURNS OVAL

## INDIGENOUS ROUND

JERSEY DESIGN WINNERS ANNOUNCED FREE KIDS FACE PAINTING

INDIGENOUS DANCERS AND ENTERTAINMENT

**CELEBRATING  
LADIES IN LEAGUE**  
FREE ENTRY FOR OUR LADIES PLUS  
COMPLEMENTARY WINE AND NIBBLES  
SUPPLIED @ THE GROUNDS

Gates Open 12 Noon

Ladies 1.30pm

Mens 2.30pm



VINTAGE VAN  
ON GROUNDS



SPECIAL GUEST KERRY HEMSLEY CHEERING ON  
THE MAGPIES



AFTERWARDS @ THE TRANGIE BOWLING  
CLUB

FOR PRESENTATION  
A CROCK POT DINNER AND ENTERTAINMENT



## PARENT SUPPORT GROUP - TRANGIE

PARENTING IS REWARDING BUT HARD WORK  
COMMUNITIES FOR CHILDREN  
ARE HERE TO SUPPORT YOU !!!!

**This is a group for parents/  
carers to come learn and feel  
supported.**

**Lots of parenting  
ideas & tips, life skills,  
craft, fun and laughter.**

### FORTNIGHTLY

**Tuesday's from 1pm to 3pm**

**May — 7/5/19 & 21/5/19**

**June — 4/6/19 & 18/6/19**

**July — 2/7/19**

**Trangie Bowling Club Hall**

**Dandaloo St, Trangie**

**FREE — KIDS WELCOME**

**Afternoon Tea Provided**

**Facilitated by: Sharon Milnes (Communities for Children)**

**Enquiries or Referrals please call or email:**

**0428894180 or sharonm@narrominecommunityskills.com.au**

Teach your children well