



Trangie Central School Newsletter 25th July 2019 Term 3 - Week 1



SCHOOL INFORMATION

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Website:

www.trangie-
c.schools.nsw.gov.au

Principal:

Anne Holden

Deputy Principal:

Dimiti Trudgett

Head Teachers:

Gary Hansen
Jessica Skinner
Kate Wilson
Ted Wright

Assistant Principals:

Jo-Anne Ellis
Jacky Murtagh

Welfare Coordinator:

Cheryl Rowley

School Admin Manager:

Jaye Milgate

Parents & Citizens Association

President:

Holly Anderson
(Relieving)

Secretary:

Emma Roberts

Treasurer:

Jaye Milgate

P & C Meeting

**Wednesday
31st July 2019
3.30pm
TCS library**



Our New App Is Here!

Apple devices only need to update our App in the Apple iTunes Store to get the new and improved App.

Android users will need to delete the old TCS App from the device and download the new App from Google Play store called *Trangie Central School App*. Don't forget to add the word 'App' on the end of our name.

Trangie Central School App will allow you to instantly access our newsletters, receive excursion updates, upcoming events, important messages, canteen/uniform price lists, send in student absence notes, plus much, much more!

Trangie Central School



Education & Communities

Absence

Events

Messages



Home



Enquiry Form



Absent Form



Events



Message C...



More

DOWNLOAD OUR FREE APP



Download on the
App Store

or



ANDROID APP ON
Google play

What's On

Wk 1	26/7	Yrs 7-12 Tomorrow Man/Woman Mental Health Day @ TCS 12.00pm
	26/7	Yr 9/10 Canberra Excursion - Return TCS at 5.00pm Arrival times will be updated via Facebook and School App
Wk 2	30/7-1/8	Yrs 7-11 Young Change Agents Program @ TCS 9.00am-3.00pm
	2/8	WSSA Athletics @ Barden Park, Dubbo - Depart TCS at 7.30am

Teach your children well

SATURDAY, 17 AUGUST 2019

TTT

TRANGIE TRUCK & TRACTOR

PUSH IT, TOW IT, DRAG IT! JOIN IN THE FAMILY DAY OUT



TRACTOR PULL
KIDS ACTIVITIES
STATIONARY ENGINES
CARS, TRUCKS & MOTORBIKES
CRAFT & MARKET STALLS

GATES OPEN AT 8AM
\$5 PP (UNDER 12 FREE)
TRANGIE SHOWGROUND
CAMPING AVAILABLE

FRIDAY BEERS & GEARS
SHOWGROUND TO THE GOLF CLUB
5PM, FRIDAY, 16 AUGUST
BBQ DINNER AVAILABLE

WWW.TRANGIE.COM.AU | 0429 889 664 (ROB)

SPONSORS

THREE RIVERS MACHINERY
MACKAYS AG & EARTHMOVING
JOE MCCUTCHEON EARTHMOVING
AMC MAINTENANCE & REPAIRS

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MACQUARIE VALLEY FUELS
MILGATES TRANSPORT
GILLESPIE WELDING & TRANSPORT

NAMOI COTTON
SWANES INLAND TRUCK CENTRES
TRANGIE CENTRAL SCHOOL P&F



TCS P&C

Are asking for volunteers to help with
the Trangie Truck & Tractor on
Saturday 17th August 2019.

Volunteers will be helping with the
BBQ.

If you able to give some time, please
contact the school on 6888 7578.

FROM THE PRINCIPAL

Hi everyone - TCS - opportunity for all!

University Open Days

Last year we took our seniors to *Canberra University* and met up with Mal Hanley who is studying to be a Mathematics teacher there at the moment.

Fact: Mathematics teachers are in very short supply and there is no better way to guarantee employment anywhere in the world than as a Maths teacher – so a very rosy future lies ahead for Mal.

This term our students have two great opportunities to gain experience and a better understanding of what universities have to offer.

Newcastle University: Firstly, Mr Holden and I will be taking a group of ATAR students to Newcastle University for their open day on 31st August. We have twelve interested and eligible students who wish to attend and this excursion is traditionally free of charge. We feel it is essential that our students see just how very achievable university is and are not put off by the idea of university being unattainable for them.

Open Day, Sydney Next is an exciting on-campus experience for motivated Year 12 students on an ATAR pathway from regional NSW and Greater Western Sydney.

Open Day, Sydney Next is your chance to see your future at the University of Sydney. Join us for two days of exploration and insight into University life. Discover the campus, design your own degree, get firsthand information on uni pathways and scholarships, explore the buildings you may live in and the lecture halls you'll soon be sitting in.

"An amazing experience. It showed the many facets of uni not easily found elsewhere."

Student
Open Day, Sydney Next 2018

Open Day, Sydney Next
30 - 31 August 2019
The University of Sydney
Camperdown NSW 2006



University of Sydney: We have also been offered a wonderful opportunity by Anne Shortis, working with the USyd program. This program offers a fully funded excursion to Sydney University Open Day and whilst there, the students receive assistance in navigating what support Centrelink has to offer and what scholarships are available and how to apply for them.

There are thirty places available and as not all the Dubbo places were taken up, we have been invited to attend. Two of our students will be attending, and travelling with Dubbo and Narromine students.

A huge thankyou to the USyd program for including us in their program.

Congratulations and Welcome

We would like to welcome Meredith Andrews to our school as Technology Support Officer. Meredith will be working across five schools – Tullamore, Tottenham, Yeoval, Peak Hill and Trangie. Meredith is still getting her head around what is a rapidly diverse and changing role but I know she relishes a challenge. Everyone is delighted to see this position filled, especially Mr Holden!

Mobile Phones

As you will all be aware, TCS has a very strict and transparent mobile phone policy, with clear consequences for those students who choose not to comply. It appears that the issue of mobile phones and excursions needs greater clarification, however. The ruling that mobile phones are NOT permitted on excursions needs to be included in our policy and in excursion paperwork. This will be rectified. If any student feels that they cannot do without their phone for the duration of the excursion, they should make the decision not to go.

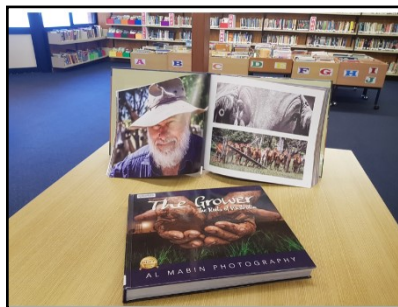


Thumbs Up

Thanks to AGRILAND PTY LIMITED for their on-going support of our students. Mr Paolo Cavazzini, General Manager has made a very generous donation of \$3000. This donation will provide \$1000 for prizes for our end of year Presentation day, recognising the many different talents of our students and the remaining \$2000 will contribute to our Tertiary Scholarship Fund.

Each year we have a growing number of senior students who see the pathway to university as a real possibility for themselves and the only inhibiting factor is the financial cost of a deposit for their accommodation. Our Tertiary opportunity prize of \$3000 is awarded to the successful recipient to support them in this cost. The name of the winning student will be announced at the Year 12 assembly at the end of Term 3.

FROM THE PRINCIPAL



Generous Donation

Thanks and thumbs up to Mr John Nicoletti of Southern Cross, WA who has identified our school as one of 2000 schools to receive a copy of his latest book series - The Grower, *The heartbeat of Australia*, and The Grower, *The roots of Australia*.



This set of books is proudly donated by John Nicoletti to enable young Australians to connect with where their food and fibre comes from. John left home with \$200 to his name and carved out a great life for himself in agriculture. John is walking proof that anything is possible and hopes that, through these books, he can inspire the farmers of tomorrow by highlighting the importance of Australia's agriculture industry and the amazing career opportunities it provides. The Grower set of books is valued at \$198 and is a wonderful resource for our agriculture program.



Attitude, Commitment and Effort

Twice each term students receive a score out of 10 for their Attitude, Commitment and Effort. All students can achieve a score of 10, regardless of their academic ability or subject pattern. It has been very pleasing to see that students are taking on board the feedback that this is intended to provide and using it to improve their study habits.

Congratulations to the following students for improving their ACE score from mid-Term 2 to Week 10 Term 2.

Year 11: Kiah Edwards, Kira-Lyn Edwards, Trey Thompson, Johnny Dolphin

Year 12: Kirra Bock, Shyanne Buswell, Morgan Adams, Naomi Blewitt, Kayne Pratt, James Churchward

Outstanding and constantly improving effort: Kaylan Villa

Amazing News!

We have long held the dream of building a cola over our basketball court to protect its surface and also protect our students from the sun in summer. We submitted a joint funding application to the Department of Education for this funding and we received notice yesterday that the application, completed and submitted by Mrs Milgate, was successful – to the value of \$97 850 dollars. This will be a fantastic resource for our school and our whole community.

We always share what we have, and this will be no different. How good will it be to be able to play on our court regardless of intense heat, or if we are very lucky, wet weather. This will be a place that community members will be able to stay fit and active, even on the hottest day.

Beat the Breakdown

Congratulations to Sarah Press and Troy Jones for their willingness to walk 77km over two days in support of a very worthy cause. Both Troy and Sarah are totally committed to the wellbeing of our students and because of them we have benefited from the *Tomorrow men and Women* workshops.

The walk is estimated to arrive at TCS around 2.30pm on Friday and we will be out in force to support them. Everything at TCS is achieved through team work and this is another example of how the whole is so much stronger than the sum of the individuals. I constantly feel so proud of the amazing staff who are teaching your children.

Finally

My door is and always has been open – whether you are happy, sad or mad. I need to know if we are not doing something right but I also need to know that you trust our motives and our intentions. I do teach, so if you need to talk to me for any reason, just call the office and arrange a time that I am not on class or in a meeting. Also, don't forget our suggestion box at each side of the school.

Everything we do, every single day is for YOUR children. If we can do it better, tell us. Facebook is for cowards – so please tell us to our face!

Walanginya Yawarra-ndhu (Be good, be careful)

Anne Holden

Staff Smile of the Week (Week 9)
Goes to Elaine for great reports!

Teach your children well

SECONDARY

Deputy Principal

Dimiti Trudgett

Head Teachers

Gary Hansen

Jessica Skinner

Kate Wilson

Ted Wright

Head Teacher's Report

Welcome back

After a chilly couple of weeks in the July holidays, it's great to be back at school in some winter sunshine! As always, the Term 3 calendar is jam-packed with activities, excursions, Year 12 Trial exams (sorry), and our farewell activities for our departing seniors before they sit their external exams next term.

Time management and assessment tasks

Senior students are encouraged to keep track of their assessments using the calendars they were given at the start of their courses. This will assist with time management, and hopefully it won't all get too overwhelming! If, at any point, students are feeling anxious or concerned about their assessments (or anything else, really), they should seek assistance from one of the many options available: their Year Advisor; the school counsellors, who can be found in their office in The Nest; Miss Press and Mr Jones, our students' wellbeing teachers; or any other teacher or adult they trust.

Year 12 – ACE winners!

Our Year 12 students finally beat the Year 11s in the ACE (Attitude, Commitment, Effort) scores at the end of last term! Their average result is steadily climbing, which is great to see – this persistence in the lead-up to the final tasks for their HSC courses will pay off. Let's see that improvement continue this term!

Year 9/10 Canberra Excursion

If Facebook is anything to go by, the Year 9 and 10 students in Canberra are having a fantastic time! We're really looking forward to the complete report next week. In the meantime, lessons are continuing for all Stage 5 subjects at school this week, and it is great to see such a high attendance rate from those students.



PACER Rebate - Year 9/10 Canberra Excursion

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funds under the Parliament and Civics Education Rebate program towards these costs. The rebate is paid directly to our school upon completion of the excursion and has been factored into the final costing of \$595.00.

Beat the Breakdown walk

This Friday and Saturday, our very own Miss Press and Mr Jones will be walking 77km from Collie to Narromine to support mental health services in our area by raising much-needed awareness and funds for Beat the Breakdown. They are planning to arrive at TCS at around 2:30 tomorrow afternoon, and we will be on hand to give them a big welcome into town! Beat the Breakdown and Tomorrow Man will also be here at school running sessions with students in Years 9-12, focussing on strengthening their emotional muscle to improve mental health outcomes.

There will also be a community event from 6pm at the Trangie Imperial Hotel, where there will be representatives from Beat the Breakdown to start the conversation about mental health in rural areas, as well as an auction to raise funds.

Year 12 Formal Fundraiser - 100 Club

Congratulations to the following who won our 100 Club Year 12 Formal Fundraiser last term. Winnings can be collected from the Secondary Admin office. Thank you so much to all who supported!

Kate Wilson
Head Teacher

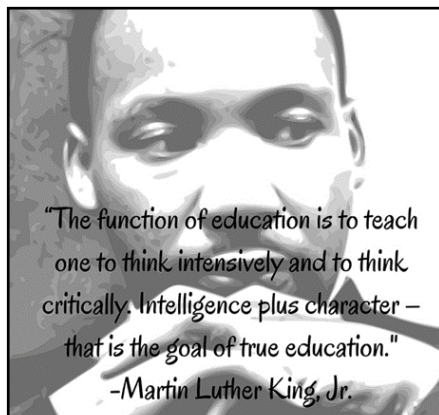
Winners!

1st
2nd
3rd

Jo Ellis
Scott McDonald
Dallas Buswell

Assistant Principals' Report

Staff Development Day



Term 3 began with all of our staff involved in Professional Development courses. On Monday the teachers and Student Learning Support Officers delved into coding and creating objects using the Tinkercad program that can be 3D printed. Our students will be using 3D printers this semester and the learning benefits when developing, adjusting and creating are quite exciting. Already Miss Bailey has a task designed for the Year 6 group. I'm sure we'll all hear more about it from the children.

The staff also spent some time working through the Healing Foundation's Stolen Generation resource kit, which was launched here earlier in the year. The NSW Department of Education and the staff in our school believe that it is important to understand Australian history, both the glories and the regrettable aspects, so that we can behave with greater awareness of the needs, rights and humanity of all people.

Lastly, the teachers spent time analysing data gathered from the 'Tell them from me' surveys that our students take twice per year. These surveys are designed to give students a voice in how well the school is running and looks at topics such as feeling valued, the rigour of the curriculum, and opportunities to learn and excel. We looked at ways to improve practice so that our students continue to enjoy their school days and love to learn.

Lots to look forward to this term!

This term we have a few exciting things to look forward to and of course, we ask that parents and community get involved whenever possible so that our students get maximum benefit from everything.

Week 1	Week 2	Week 3 Author visit & workshops with students Primary Assembly	Week 4 G/N Athletics Carnival Ridley/Trudgett Net-ball Carnival Jump Rope for Heart Year 7 information meeting for parents Trangie Truck & Tractor Show Assisting with P&C/Schools Spectacular BBQ's	Week 5 Book Fair School Spelling Bee Competition @ TCS
Week 6 Primary Assembly	Week 7 Alphabet Fun Day (Kinder and Early Birds) Primary Touch Football & Netball Gala Day	Week 8 Regional Spelling Bee finals – Nyngan PS MADD Spring Fair (fete)	Week 9 Year 6-7 Transition Day	Week 10 Farewell Year 12 Assembly

You can help by:

- ♦ **Returning permission notes promptly**
- ♦ **Helping your children fund raise**
- ♦ **Attending events**
- ♦ **Bringing items in for MADD Spring Fair (eg clean tin cans and glass jars needed now!)**
- ♦ **Coaching a sport team**
- ♦ **Helping your child with their spelling words (Years 3- 6)**

PRIMARY

Assistant Principals

Jo-Anne Ellis
Jacky Murtagh



Music Camp

Our aspiring flautist, Cam Broughton (Year 5) took up a great opportunity at the end of last term and attended the Western Region Music Camp. Here he worked intensively, with professional staff to hone his skills. The camp was run by the NSW Arts Unit who organise events that our students participate in such as the Premier's Spelling Bee, State Music Camp, West of the Divide brass band & choral tour to Italy as well as the Schools Spectacular. Just because your child attends a small country school, doesn't mean that great opportunities aren't available to them! Well done to the Broughton family for encouraging Cam to get involved. The following is Cam's recount of the camp.

"In the last week of term I went to the Western Region Band camp at Lake Burrendong with 49 other students from 18 schools in the area. We practised music for one week. I play the flute and when I was at the camp I got better at playing; for example I got improved double tonguing and reading the music better, especially the rhythms. I was taught by a tutor called Jess and there was a tutor for each of the different instruments.

All of the students stayed in cabins. There were mainly high school students at the camp. At the end of the week we went to three different concerts to perform the eight songs that we had practised at the camp. My favourite song was 'three ringed circus'. At the start of the camp I was a bit nervous because I didn't know any of the other kids going to the camp but throughout the week I gained some new friends. Our conductor was called Di Hall and she had very high expectations about how we should be playing! The lady who organised the whole camp was Di Reichelt and she is a very nice person who always looked after us. I would like to thank my Mum, teacher and the ARTs Unit organisers for letting me have this great experience."



Primary Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday
Wk 2 29/7					
Wk 3 5/8			Susie Sarah (Author) Visit Primary Boys go to Moorambilla camp (Wed – Fri)		Primary Assembly Yrs K-6 2.00pm-3.00pm Room 1 Everyone Welcome! Primary Girls go to Moorambilla Camp (Sat – Tuesday)
Wk 4 12/8		G/N Athletics Carnival @ Dubbo	Jump Rope for Heart Yrs K-6 2.00pm Everyone Welcome!	Yr 7 Information Evening @ TCS 5.30pm-6.30pm	Ridley/Trudgett Netball Carnival @ Warren

Jacky Murtagh
Assistant Principal

Jump Rope for Heart kicks off this term!

Jump Rope for Heart is a fantastic physical activity and fundraising program that has been run by the Heart Foundation for over 35 years. It's a great way for your child to keep fit and learn new skills, but it also helps raise funds for vital heart research and education programs.

Since Jump Rope for Heart started in 1983, schools like ours have raised more than \$75 million for the Heart Foundation's lifesaving work.



It's important you **register your child online**, so they can receive the full benefits of the program and participate in online fundraising, simply follow the link below to get started.

www.jumprope.org.au/parents

Students will be skipping throughout the term in PE lessons or during recess & lunch breaks, during this time you can share their online fundraising page with family and friends to help raise money for this great cause.

We will hold our school Jump Off Day on Wednesday 14th August 2019 at 2pm in the Primary COLA (families/friends are encouraged to come and support!), this will mark the end of the program and is a chance for everyone to come together to skip and show off their newly learned skills.

Thank you for supporting the Jump Rope for Heart program!

Heart Foundation

Jump Rope for Heart

Teach your children well

CANTEEN

CANTEEN MENU Term 3, 2019

Sandwiches

Toasted extra	\$0.50c
Cheese.....	\$2.50
Vegemite.....	\$2.50
Chicken.....	\$4.00
Chicken & Salad	\$5.50
Chicken, Cheese, Lettuce & Mayo	\$4.50
Chicken & Mayo.....	\$4.00
Ham.....	\$4.00
Ham & Cheese	\$4.00
Ham, Cheese & Tomato.....	\$4.50
Ham & Salad	\$5.50

Wraps or Rolls

Chicken & Salad	\$5.50
Sweet Chilli Chicken Wrap	\$5.50
(Lettuce, cheese, sweet chilli sauce & sour cream)	
Ham & Salad	\$5.50

Mini Rolls

Egg & Lettuce.....	\$2.50
Chicken OR Ham & Salad.....	\$3.00
Salad.....	\$2.50

Salad Bowls

Chicken & Salad	\$5.50
Ham & Salad	\$5.50

Hot Food

Chicken Nuggets	\$0.50each
(Max 6 per serve)	
Chicken Burger (Lettuce & Mayo).....	\$5.00
Chicken Burger (with the Lot).....	\$5.50
Pizza Pocket Wrap	\$2.00
Nachos	\$5.00
Junior Nachos.....	\$4.00
Soft Taco Wrap	\$5.50
(mince, cheese, lettuce & sour cream)	
Pie	\$4.50
1/2 Sausage Roll.....	\$2.00
Sauce Sachet.....	\$0.30
(Tomato, BBQ and Sweet & Sour)	

Fruit

Orange, Apple, Banana	\$0.50each
Tub of Fruit Salad.....	\$2.00
Tub of Grapes	\$2.00

Snacks

Dip & Sticks (carrot & celery).....	\$2.00
Cheese & Crackers.....	\$2.00
Popcorn.....	\$1.00

Drinks

600ml Water	\$2.00
1 ltr Water.....	\$3.00
Pop Tops (99% fruit juice).....	\$2.00
300ml Choc Milk	\$2.00
300ml Straw Milk.....	\$2.00

From the Freezer

Twisted Yoghurt.....	\$2.00
Ice Cream Cups	\$1.50

Please ensure you clearly mark
all canteen orders with the
students name, if it's for recess
or lunch and enclose the
correct money.

*This canteen menu complies with the governments mandatory healthy canteen strategy.

Healthy Canteen

Triangle Central School Canteen is soon to be a Healthy Canteen, as per the NSW Healthy School Canteen Strategy.

Why are we changing our canteen?

The NSW government has introduced a Healthy School Canteen Strategy which all schools are required to undertake by the end of 2019. Our canteen has been slowly moving towards our goal of having 75% + of Everyday Healthy foods on our menu.

What does a Healthy Canteen look like?

No Sugary drinks!
At least 75% of the menu is Everyday foods and drinks? (Everyday foods are healthy, fresh, non-processed foods)
Occasional foods will make up 25% of the menu and will have a Health Star rating of 3.5 stars or above.
Portion limits for flavoured milk, juices and hot meals.

What does this mean for our canteen?

We will no longer have poppers that have less than 99% fruit juice.
Our Zooper Doopers are now Quelch, which are 99% juice.
We will no longer have chips for sale, replaced by popcorn.

We Will Have!

Fresh sandwiches, wraps and salads.
We will use fresh chicken not processed chicken for wraps & salads.
Locally made pies and sausage rolls.
Regular specials of soups, pasta, quiches etc. (Watch the newsletters for specials.)
Fresh fruit, fruit salads etc.
Healthy Snacks both hot and cold.

What can you do to help?

Encourage you children to make healthy choices.
Encourage your children to try new things.



P & C NEWS

P & C Executive Committee

President - Holly Anderson (Relieving)

Secretary - Emma Roberts

Treasurer - Jaye Milgate

TRANGIE
..... CENTRAL
SCHOOL

MADD SPRING FAIR

FRIDAY
13TH SEPTEMBER 2019

STALLS WANTED

NO FOOD STALLS REQUIRED

\$20 per stall

If you would like to apply
for a stall, please contact
the school on 6888 7578.

Trangie Kidz Klub FREE

TRANGIE BOWLING CLUB

ALL WELCOME!

Parents to stay to help with kids under 5 years old

Tuesdays

3:15 - 4:15 pm

30th July to 17th September

Fun, Art, Craft, Skills 4 Life & more!
Afternoon Tea Provided

SKILL BUILDERS



Contact: Ann-Louise Communities for Children
6889 1422 or 0400 828 984
Email: als@narrominecommunityskills.com



RURAL AND REMOTE PARENTS CONFERENCE 2019



DUBBO
RSL CLUB
31 JULY

INSPIRE 2 ENGAGE

SUPPORT | INNOVATE | CHALLENGE

Join the Keynote Session with an Educational Psychologist and visit the information shopfronts.

Registration Details:

<https://pandcfederation.formstack.com/forms/inspire2019>

For more information contact:

rde@det.nsw.edu.au or phone 02-6334-8070

term 3 groups

All groups commence Week 2, Term 3 are FREE and you don't need to be a headspace client to attend. Please phone to register on 5852 1900.

Mon 4-5pm: Barrang-gi-rra Group
Join Jamie, Kurt & Adam from Uniting and learn about Aboriginal culture and teachings to help improve your wellbeing. Open to both Aboriginal and non-Aboriginal young people.

Tues 4-5pm: Artrageous
Tap into your creative self and enjoy photography, collage, painting, drawing, scrapbooking and more while meeting new people.

Wed 4-4.45pm: Yogatastic
Relax and learn basic yoga principles through movement, breathing techniques and meditation, while finding out about the colourful world of Chakras with Alison from Butterfly Effect Yoga.

Wed 5-6pm: Anime/Cosplay
Learn the art of Anime drawing, appreciation for Anime film and explore the wonderful world of Cosplay.

Thur 4-5pm: Coding Club
Led by one of our young people, Hayden, you will explore Visual Development and Scripting to learn the basics in web development and software design as well as basic computer science and algorithmic thinking.

Thurs 5-6pm: Kaleidoscope
Every second Thursday commencing Thursday 8th August - A social group for LGBTIQA+ young people that provides a safe and confidential space to gain support and information around gender and sexuality.

headspace is a National Youth Mental Health Foundation is funded by the Australian Government Department of Health

Uniting's Barrang-gi-rra Program

Are you interested in learning about Aboriginal culture and teachings to improve your well-being?

You will learn about **Respect, Identity, Connection** and **Relationships** through interactive workshops and hands on activities.

You are also invited to visit sacred Aboriginal sites and learn about traditional practices and artefacts.

Date & Time: Every Monday, 4pm-5pm at Headspace.

Limited spaces available.

Teach your children well