



Trangie Central School Newsletter 1st August 2019 Term 3 - Week 2



SCHOOL INFORMATION

Address:

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Email:

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Website:

www.trangie-
c.schools.nsw.gov.au

Principal:

Anne Holden

Deputy Principal:

Dimiti Trudgett

Head Teachers:

Gary Hansen
Jessica Skinner
Kate Wilson
Ted Wright

Assistant Principals:

Jo-Anne Ellis
Jacky Murtagh

Welfare Coordinator:

Cheryl Rowley

School Admin Manager:

Jaye Milgate

Parents & Citizens Association

President:

Holly Anderson
(Relieving)

Secretary:

Emma Roberts

Treasurer:

Jaye Milgate

P & C Meeting

Wednesday
28th August 2019
3.30pm
TCS library



What's On

Wk 2	2/8	WSSA Athletics @ Barden Park, Dubbo - Depart TCS at 7.30am
Wk 3	7/8	Yrs K-8 Susie Sarah (Author) Visit @ TCS
	7-9/8	Yrs 9-11 Rural Fire Service Secondary School Cadet Program @ TCS 9.00am-3.00pm
	8-9/8	Secondary - The Game Changer Challenge - Depart TCS at 2.30pm
	9/8	Yrs K-6 Primary Assembly in Room 1 - 2.00pm - Everyone Welcome!

Teach your children well

SATURDAY, 17 AUGUST 2019

TTT

TRANGIE TRUCK & TRACTOR

PUSH IT, TOW IT, DRAG IT! JOIN IN THE FAMILY DAY OUT

TRACTOR PULL
KIDS ACTIVITIES
STATIONARY ENGINES
CARS, TRUCKS & MOTORBIKES
CRAFT & MARKET STALLS

GATES OPEN AT 8AM
\$5 PP (UNDER 12 FREE)
TRANGIE SHOWGROUND
CAMPING AVAILABLE

FRIDAY BEERS & GEARS
SHOWGROUND TO THE GOLF CLUB
5PM, FRIDAY, 16 AUGUST
BBQ DINNER AVAILABLE

WWW.TRANGIE.COM.AU | 0429 889 664 (ROB)

SPONSORS

THREE RIVERS MACHINERY
MACKAYS AG & EARTHMOVING
JOE MCCUTCHEON EARTHMOVING
AMC MAINTENANCE & REPAIRS

NARROMINE SHIRE COUNCIL
MACQUARIE VALLEY FUELS
MILGATES TRANSPORT
GILLESPIE WELDING & TRANSPORT

NAMOI COTTON
SWANES INLAND TRUCK CENTRES
TRANGIE CENTRAL SCHOOL P&F

WE NEED
VOLUNTEERS

TCS P&C

Are asking for volunteers to help with
the Trangie Truck & Tractor on
Saturday 17th August 2019.

Volunteers will be helping with the
BBQ.

If you able to give some time, please
contact the school on 6888 7578.

FROM THE PRINCIPAL

Hi everyone – TCS – Enrol NOW – and beat the rush!

Transition into Year 7

It is that time again when we start to plan for the following year. Our Parent Information Evening for prospective 2020 Year 7 students will be held on August 15th and then our three day student Transition to High School program begins in Week 9 of this term.

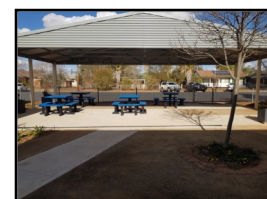
At TCS we have high academic aspirations with a strong focus on Wellbeing. This manifests itself in programs that develop the skills and talents of our students in a wide range of areas. We dance, we play instruments, we code and compute, we design and we LOVE sport so there is something for everyone.

Students are cared for in small groups with each child's learning catered for. Not for us 30 students in each class, where the quiet ones are forgotten. We have small classes and talented and dedicated teachers. Ask any one of our students and they'll tell you!

Look out for the Information session advertisement in the newspaper, on Facebook and in our newsletter. Be here or be square.

Bush Shelter completed

Finally we have completed our bus shelter project. We have just had delivered beautiful blue seating for students to use whilst waiting for the bus – for heat or rain. We certainly appreciate how much the shelter has improved the appearance of our school.



Primary Mural project

Big thanks to Donna Terry and Mark Haines for their huge effort in tidying up the very messy entrance on the Primary side. They took trailer after trailer of tree branches and dead leaves to the tip and planted new plants in the flower bed. The result has been a much tidier appearance but now we can see the building we need a mural. We plan to decorate every panel under the windows with images that depict all the very many activities that take place at our school and what we see as important. We plan to enhance our school but yet communicate who we are and what we stand for. Again we will be consulting with our favourite artist, Mr Jack Randell, to gain ideas and inspiration. Watch this space!



Thumbs Up

Both thumbs up to Mr Jones and Miss Press for their inspirational 77km walk to 'Beat the Breakdown' last Friday. The team raised nearly \$60 000 to support Mental Health initiatives. The walk was followed by an excellent social function at the Imperial Hotel. Our staff and students were very proud to welcome the walkers to Trangie with a huge TCS welcome with banners, streamers and ringing cheers. We put a video onto Facebook and received an incredible 1100 views! Big thanks to Kooka and Lyn for providing accommodation for the walkers. We really have a great community.

Young Change Agents Social Entrepreneurship Program

It has been a huge three days at TCS this week with the Telstra funded *Young Change Agents Social Entrepreneurship Program* coming to our school. It has been an amazing experience for forty of our students. These students were selected for their capacity to work in a team, communication skills and work ethic. The focus of the program has been to think about what difference the teams could make to their own community. The students made their pitch selling their idea to the audience on the third day. We are very excited to hear that a team from TCS may well be offered a fully paid trip to Melbourne to present at a huge technology conference. There will be more to come.

The Game Changer Challenge

The Game Changer Challenge is a competition which utilises the skills that have been developed in the Young Change Agents program and is a great follow up for the students. It is being held at both Taronga Zoo and Charles Sturt University. This is a competition requiring communication skills, problem solving and mathematical thinking. The students will be required to work as a team to create a solution to the Challenge question, *How might we humanise technology?* The TCS team is Jae-Lee Edwards, Annalee Ball, Kai Greenwood, Jay Greenwood, David Barclay and Zephyr Nielsen. I know this will be a team that is very hard to beat.

Community Road Safety program

At the end of last year our school was successful in gaining funding for a Community Road Safety program which we decided should take the form of free driving lessons. We felt that it was very urgent that we ensure that our students are as prepared as possible for driving, particularly in the busy city of Dubbo.

We have had very good feedback from those students who have taken the opportunity of the free lessons in Dubbo, provided by CeeBeez Driving School. These lessons are 1 hour and 30 minutes long and are valued at \$110. The lesson can be in either a manual or an automatic car and the Driving School is willing to have a second learner driver as a passenger. Night lessons, Sundays and Public Holidays do attract an additional fee, however.

We know that some students have now successfully gained their licenses and as there are a significant number of lessons still available, we hope that as many students as possible will take up the offer.

Finally

My door is and always has been open – whether you are happy, sad or mad. I need to know if we are not doing something right but I also need to know that you trust our motives and our intentions. I do teach, so if you need to talk to me for any reason, just call the office and arrange a time that I am not on class or in a meeting. Also, don't forget our suggestion box at each side of the school. Everything we do, every single day is for YOUR children. If we can do it better, tell us. Facebook is for cowards – so please tell us to our face!

Walanginya Yawarra-ndhu (Be good, be careful)

Anne Holden

Teach your children well

SECONDARY

Deputy Principal

Dimiti Trudgett

Head Teachers

Gary Hansen

Jessica Skinner

Kate Wilson

Ted Wright

Head Teacher's Report

Young Change Agents

A large number of students in Years 7-11 have been involved in the Young Change Agents Social Entrepreneurship Program this week, working in groups across years and stages to create innovative products and services, and to plan how they could market them. It has been wonderful watching these groups collaborate and think outside the square – I can't wait to see what they finish up with!

The importance of reading

I've written about this before, but it's worth the reminder to bring reading to the forefront of our minds now and again. Many of our secondary students claim that they don't enjoy reading, and do little to no reading of fiction for pleasure. This is a real shame, because reading has a wide range of benefits for our health and wellbeing, not just academic success (although that is also true). If our young people aren't reading regularly (at least 20 minutes every day at home), then they are not accessing the wide range of vocabulary, experiences, emotions and narratives that they could be. Reading also develops stamina and the ability to focus for extended periods, while doing something enjoyable, if you choose the right book!

All students should consider it part of their "homework" each day to read a novel of their own choosing for at least 15-20 minutes. If your child is unable to attend school for a period of time due to travel plans or family reasons, then please encourage them to bring a novel with them to read in the downtime.

Kate Wilson
Head Teacher

STEM

At the end of last term, students completed a scientific investigation where they looked at the solubility rates of some simple pollutants in water, such as salt and vinegar, and the factors which can affect this solubility. This will correspond with how students can test for different pollutants and that not all pollutants can be seen with the naked eye. This will be applied to local natural water resources over the duration of the project.

This term we have started off with a field trip to the Goan Waterhole to observe the quality of the water and to apply the learning from last term to a real situation. This was in follow up to the Design Brief which we gave the students in Week 9 of last term, where students need to look at strategies and techniques to clean and purify polluted and low-quality water. I was very proud of the students in their ability to link the concepts which they had learnt last term and suggest ideas for the differences in the water quality of both sections of the waterholes.

Students will follow up next week with research in relation to developing methods to clean water of impurities.

Gary Hansen
Head Teacher

STEM Stars of Week 9

William Anderson

Amelia Riesterer

Christian O'Neill

K.Ebsworth

Narelle Shillingsworth-Budd

Mia Gleeson



WHY IS READING IMPORTANT?

10 ways reading benefits us and why we should cultivate a reading habit today



SHARPENS YOUR MIND

By concentrating on the words and the story line, it stimulates your brain. This particular stimulation can help sharpen your mind, especially the part of the brain that is responsible for concentration and critical analysis.



INCREASES YOUR VOCABULARY

When reading, you might come across a few words you don't quite understand or even recognise. This confusion can lead you to look up the word and discover the definition.



LOWERS YOUR STRESS

The act of reading and focusing on the written word can help relieve your mind off the pressures of the day. By pulling your mind away from the stress at hand, you can relax and let the stress melt away.



DECREASES YOUR DEPRESSION

Reading, especially self-help books, can help ward off depressive occurrences. Just like with lowering your stress levels, reading stimulates the part of the brain that deals with depression as well.



IMPROVES YOUR MEMORY AND FOCUS

Reading at least a little each day can improve your focus and your memory function. In this instance as well, reading stimulates the brain, particularly the part of the brain that helps with memory and attention.



STRENGTHENS YOUR WRITING ABILITIES

Whether you write things for work or just for fun, heavy reading can improve your writing skills and abilities. There are several ways in which reading can help strengthen your writing skills, and each of these ways happens without you even realising it.



ENHANCES YOUR IMAGINATION

Consider the worlds that you are immersed into and the characters you come across while reading a novel. Because of these worlds and characters, the part of your brain which houses your imagination is stimulated, causing you to imagine what the places and people look like just by picturing the words.



BOOSTS YOUR SLEEP

Reading, since it helps you relax and de-stress, can help pull you into a deep and peaceful sleep. That sounds like it might be too good to be true, but reading can, in fact, help you sleep.



ENJOY YOUR ENTERTAINMENT AND PEACE

Any reader knows that reading can be peaceful and induce a relaxing state of mind. By immersing yourself in a good book, you can almost feel any stress or worry melt away.



READING CAN BRIGHTEN YOUR DAY

Books can bring joy to your life on a daily basis. The act of reading is a great benefit both to mental and physical health, but it can also brighten your day.

Brought to you by
selfdevelopmentsecrets.com

SECONDARY

Deputy Principal

Dimiti Trudgett

Head Teachers

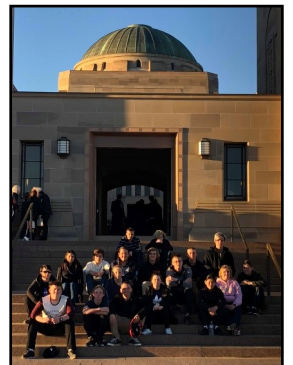
Gary Hansen

Jessica Skinner

Kate Wilson

Ted Wright

Year 9/10 Canberra Excursion



*"I enjoyed going to Questacon, Mt Kosciuszko and Laser Tag. Questacon was full of science and cool exhibits and was fun. Mt Kosciuszko was fun because we got to play in the snow, have snowball fights and bury Damon in the snow! Laser Tag was the best way to end the excursion. We split into four teams and started to slaughter each other - it was fun and adrenalin thrilling! **By Andreas Gordon***

*I enjoyed the snow and Questacon as they were fun. I also enjoyed Laser Tag and the Arcade Games like DDR and Soul Calibre. **By Damon James***

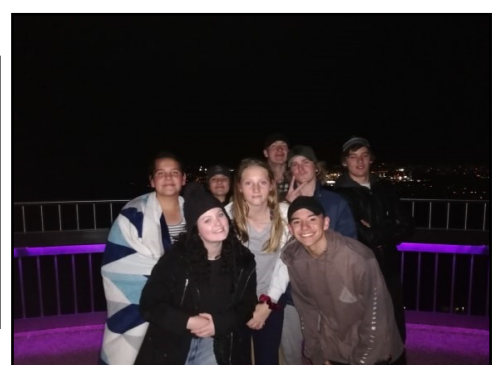
*My favourite activities were Laser Tag and seeing Pauline Hansen argue her point at Parliament House. **By Annabelle Cole***

*I enjoyed experiencing Thredbo and the snow for the first time. **By Stacey Stoneman***

*I really enjoyed going to the snow and riding up the chairlift. Laser Tag was great too! **By Nikeata McMaster***

*My favourite activities were seeing snow and playing Laser Tag. **By Rachel Su***

*It was great at the snow, especially going up the chairlift. Another good thing was watching discussions at Parliament House. **By Kai Greenwood***



Teach your children well

Assistant Principals' Report

Beat the Breakdown

We finished last week on a high note, welcoming two of our teachers as well as their team mates as they reached the half way point of their impressive 77km walk. The team were taking part in the 'Beat the Breakdown' walk, aimed at raising both awareness and funding for mental health initiatives in our area. As we are all aware, many people are facing tough times as the drought continues on and some can feel isolated, lonely and unable to cope. Our students learned about the importance of finding someone to speak to if you're feeling down, being a good friend to others and being open about our feelings. Hopefully we are raising a generation of people who don't associate a negative stigma with seeking mental health support.

Huge congratulations to Miss Press, Mr Jones and the entire team for putting their feet on the line. You are an inspiration to our students.



Can You Help?

The Year 4/5 class are requesting that clean tin cans are brought in for school. They plan to grow Giant Russian Sunflowers for their fete stall.

Year 6 would LOVE donations of glass jars (preferably filled with goodies) for their bottle stall at the fete.



The World is a Kind Place.....Thank You!

Our school Captains, Hayley Stephens and Troy Sibley were busy on Friday writing thank you letters to two different recipients. Hayley wrote to a group of four families from Berowra who donated a collection of picture books and novels for our school Library. The books arrived unexpectedly with a lovely note "These books come with love and the hope for rain. We hope they put a smile on farming kids' faces. Thinking of you all and hoping conditions turn around soon."

In a world where
You can be
anything, be
kind.



THANK

YOU

Your generosity
made a difference



We also received a large donation of sporting goods from the Ascham School, the school that our ex-students Audrey Kater and Sophie Black attend. Troy wrote to the Principal to express our appreciation for the gear that will come in very handy, particularly the tennis rackets! Thanks to Amanda Kater, Audrey and Jock for putting our school forward.

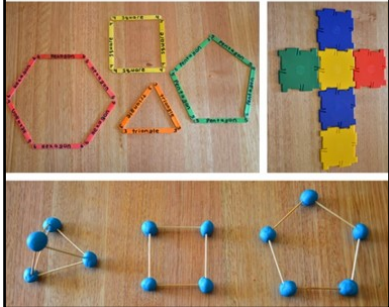
PRIMARY

Assistant Principals

Jo-Anne Ellis
Jacky Murtagh



15 HANDS ON MATHS ACTIVITIES
LEARNING ABOUT 2- & 3-D SHAPES



Can You Recognise These Superheroes?

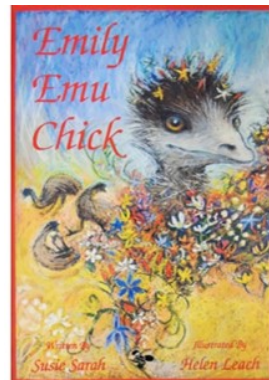
Primary Schools are truly wonderful and we think TCS is one of the best! Each day we see children interacting with each other, learning, playing and loving life. It's such a great place to work and all of our staff work hard to ensure high quality learning and higher order thinking is taking place. Today I spotted our K/1 class dressed as super heroes...2D shape spotting super heroes! They wore special glasses and were working in teams to locate and photograph 2D shapes lurking in our playgrounds. They claim to have evidence of hundreds of shapes outside. Even my earrings got photographed.



Author Visit and Workshops

On Wednesday of next week, our students are looking forward to being involved in workshops with an author of numerous children's books, Susie Sarah. Susie will work in

each class and teach children aspects of story writing and talk about her process. The students will also begin some writing and illustrating with Susie. There will be the opportunity for students to purchase signed copies of Susie's books so if able, please send your children in with some money to buy a new book. The books range in price from \$7.95 to \$19.95.



Improve Your Child's Maths in 10 Minutes Per Day!

Are you looking for a quick, fun way to improve your child's maths? Each week this term we will publish instructions for a fun card game that you can play at home with your children.

Make 10 - Addition

A pack of cards 1-10

One player deals out ten cards and places them face up in a row. The first player then looks across the row of cards for combinations that add up to 10 (any number of cards is fine). Only one combination can be removed. The aim of the game is to collect as many cards as possible, so combinations that require more cards are favoured. Once a combination of cards has been removed the cards are replaced with new ones from the pack. Play continues until there are no more cards or combinations to 10. The winner is the player with the most cards.

Variation

Choose a different target number for the combinations.



PRIMARY

Assistant Principals

Jo-Anne Ellis
Jacky Murtagh

Jump Rope for Heart

We're skipping through the term!

Jump Rope for Heart is well underway and it's great to see so many children out in the playground skipping with smiles on their faces. It's not long until our Jump Off Day on **Wednesday 14th August 2019** at 2pm in the Primary COLA so keep on practicing those tricks! And don't forget to share your online fundraising page with friends and family to raise money for a great cause! Still need to sign up online? It's easy just follow this link and enter your details.

www.jumprope.org.au/parents

Heart Foundation
Jump Rope for Heart



Primary Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday
Wk 3 5/8	Education Week Launch @ Dubbo Primary Captains & SRC Depart TCS: 8.30am		Susie Sarah (Author) Visit Primary Boys Moorambilla camp (Wed-Fri)		Primary Assembly Yrs K-6 2.00pm-3.00pm Room 1 Everyone Welcome! Primary Girls Moorambilla Camp (Sat – Tue)
Wk 4 12/8		G/N Athletics Carnival @ Dubbo Selected students Depart TCS: 7.45am	Jump Rope for Heart Yrs K-6 2.00pm Everyone Welcome!	Yr 7 Information Evening @ TCS 5.30pm-6.30pm	Ridley/Trudgett Netball Carnival @ Warren Selected students Years 3-6
Wk 5 19/8	Book Fair @ TCS library Yrs K-12 8.00am-8.30am 3.00pm-4.00pm	Book Fair @ TCS library Yrs K-12 8.00am-8.30am 3.00pm-4.00pm	Book Fair @ TCS library Yrs K-12 8.00am-8.30am 3.00pm-4.00pm	Book Fair @ TCS library Yrs K-12 8.00am-8.30am 3.00pm-4.00pm	Book Fair @ TCS library Yrs K-12 8.00am-8.30am 3.00pm-4.00pm Premier's Spelling Bee School Finals @ TCS Yrs 3-6 Book Fair Dress Up & Parade Yrs K-12 2.00pm-3.00pm Basketball Court on Secondary side

Jacky Murtagh
Assistant Principal

Teach your children well

LIBRARY NEWS

Book Fairs

Check-out these

DINO-MITE NEW BOOKS

EVERY PURCHASE YOU MAKE EARNS LEARNING AND LITERACY RESOURCES FOR OUR SCHOOL!



Date Monday 19th-Friday 23rd August

Place TCS Library

Time 8.00am-8.30am & 3.00pm-4.00pm

CHOOSE FROM A HUGE SELECTION OF BOOKS AT THE FAIR!

 SCHOLASTIC

Years K-12

COME AS YOUR FAVOURITE BOOK CHARACTER PARADE

Friday 23rd August 2019
2.00pm-3.00pm
Secondary Basketball Court

Dress up as your favourite
book character.
Prizes for best dressed!

Teach your children well

CANTEEN



CONGRATULATIONS

Trangie Central School

FOR OFFICIALLY OPERATING A
GREAT CHOICE
HEALTHY SCHOOL CANTEEN

24 July 2019

A handwritten signature in black ink, appearing to read "Jo Mitchell".

Jo Mitchell
Executive Director
Centre for Population Health

A handwritten signature in black ink, appearing to read "Glenn King".

Mr Glenn King
Deputy Secretary
Department of Premier and Cabinet



TRANGIE
CENTRAL
SCHOOL

MADD SPRING FAIR

FRIDAY
13TH SEPTEMBER 2019

3.00pm-6.00pm

Trangie Kidz Klub FREE

TRANGIE BOWLING CLUB

ALL WELCOME!

Parents to stay to help with kids under 5 years old

Tuesdays

3:15 - 4:15 pm

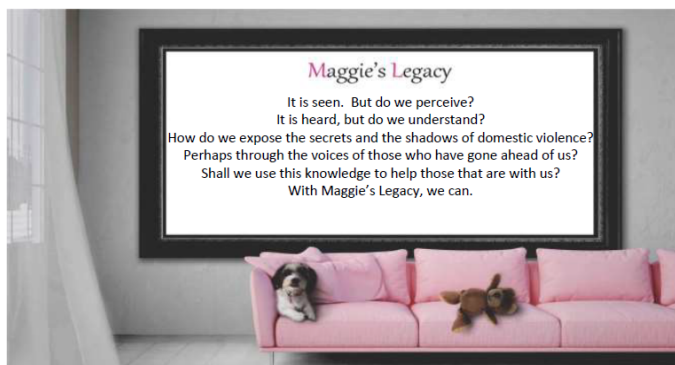
30th July to 17th September

Fun, Art, Craft, Skills 4 Life & more!
Afternoon Tea Provided

SKILL BUILDERS



Contact: Ann-Louise Communities for Children
6889 1422 or 0400 828 984
Email: als@narrominecommunityskills.com



What prompted Maggie's Legacy?

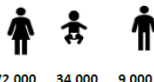
Many Australia Prime Ministers over time have reported domestic violence as a scourge on our society. The statistics speak for themselves.



Have experienced emotional abuse by a current or former partner



Estimated cost of violence against women and children in Australia during 2015-206



Sought homelessness services due to family violence in 2016-17

Source: alhw.gov.au

And more recent studies indicate:

New study finds Aboriginal mothers are 17.5 times more likely to be murdered:
NACCHO Women's Health News: <https://naccho.com.au/news/2016/07/14/naccho-womens-health-news-new-study-finds-aboriginal-mothers-are-17-5-times-more-likely-to-be-murdered/>

With such statistics, how does an individual manage Domestic Violence? How can we help a victim? How can a victim help themselves? Many of us know about the domestic violence cycle, but is this enough? Maggie's Legacy suggests that there is so much more to domestic violence. Want to know more?

Maggie's Legacy is a workshop designed for community and family members, frontline workers and victims who want a deeper understanding of domestic violence and real concepts in how to help. The workshop imparts a trauma informed understanding about domestic violence it maps out the victim's decision making process or capacity whilst in a domestic violent relationship. Maggie's Legacy gives answers to society's underlying question of why an individual stays.

Maggie's Legacy has identified that there is a psychological language that exists in domestic violence relationships and it uses this language to identify and establish safety frameworks. Participants will obtain a comprehensive framework of understanding that can be easily communicated. Maggie's Legacy aims to provide a uniform language of safety planning for community members and domestic violence agencies. The workshop is presented in simple language that participants can communicate with victims and encourage self-managed safety practices and decision making processes.

© Maggie's Legacy



term 3 groups

All groups commence Week 2, Term 3 are FREE and you don't need to be a headspace client to attend. Please phone to register on 5852 1900.

Mon 4-5pm: Barrang-gi-rra Group

Join Jamie, Kurt & Adam from Uniting and learn about Aboriginal culture and teachings to help improve your wellbeing. Open to both Aboriginal and non-Aboriginal young people.

Tues 4-5pm: Artrageous

Tap into your creative self and enjoy photography, collage, painting, drawing, scrapbooking and more while meeting new people.

Wed 4-4.45pm: Yogatastic

Relax and learn basic yoga principles through movement, breathing techniques and meditation, while finding out about the colourful world of Chakras with Alison from Butterfly Effect Yoga.

Wed 5-6pm: Anime/Cosplay

Learn the art of Anime drawing, appreciation for Anime film and explore the wonderful world of Cosplay.

Thur 4-5pm: Coding Club

Led by one of our young people, Hayden, you will explore Visual Development and Scripting to learn the basics in web development and software design as well as basic computer science and algorithmic thinking.

Thurs 5-6pm: Kaleidoscope

Every second Thursday commencing Thursday 8th August - A social group for LGBTIQ+ young people that provides a safe and confidential space to gain support and information around gender and sexuality.

headspace is a National Youth Mental Health Foundation is funded by the Australian Government Department of Health

Maggie's Legacy provides a variety of workshops.

General One Day Workshop

Suitable for: Frontline Workers /Community Members/Victims

Participants will obtain an understanding of the following:

- The Silent Judgement: The psychological conditioning between the "why didn't you leave?" and "why did you hit?".
- Unpacking the domestic violence cycle. What we do know.
- Expanding the domestic violence cycle: The Honeymoon and the escalation. Where's the Honeymoon gone?
- Unpacking the tentacles of obligation and the progression of the domestic violence cycle for both the perpetrator and the victim. The dance of the tentacles of obligation.
- The crisis: Packing the tentacles of obligation. Are you talking crazy?
- The victim's decisions: The impact of the psychological conditioning and making good decisions.
- The decisions: Who what, when and how? Identifying the language of the perpetrator.
- The trauma of domestic violence? How to work with it?
- Safety planning based on the trauma of domestic violence psychological conditioning.
- Making sense of the domestic violence story in establishing safety?
- The safety planning tool and talking to the tentacles of obligation.
- How can I help and how can I help the victim?
- Addressing periods of safety escalations. The tentacle of control and power.
- The "I'm done" crisis and the "Military Manoeuvre" in the final attempt in leaving.
- What about technological abuse. Is this coincidental or is this something more?
- I have left. But am I safe? The Honeymoon has gone but the Hurt Harm Hide arrived!
- Hear my roar. Potentially becoming the perpetrator. How to manage it.
- The winning alternative: The third party.
- Vicarious trauma? Does this affect me?
- Maggie's Legacy: The Pledge

Upon completion participants will receive.

- A personalised A4 Certificate of Attendance
- A personalised A4 Certificate of Maggie's Legacy "The Pledge"
- Private agency bookings will receive a personalised Maggie's Legacy "The Pledge" sign or banner.

I am interested in:

- ☐ Victim/Community General One Day Program \$300 per person (min 30 per workshop)
- ☐ Frontline Worker One day \$395 per person (min 20 per workshop)

Name:	Organisation:
Contact Ph:	Email Address:
Please email interest in booking to maggie@maggieslegacy.com.au or Call 0488 624 443 or go to www.maggieslegacy.com.au and register your interest.	

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Teach your children well